

# FROZEN SOUPS

*all soup is sold by the pint*

*See our weekly menu for fresh soup*

*Below are some of Foodstuffs favorites, our freezers are full and changing daily*

## **Homemade Sauces**

Italian Meat Sauce  
Vegan Bolognese  
Pesto Sauce (*1/2 pint*)  
Low Fat Turkey Spaghetti Sauce

## **Meat Soup**

Pina's Chicken Pasta  
Chicken Noodle  
Chicken Ramen  
Asian Chicken & Vegetable  
Chicken Florentine  
Thai Chicken  
Turkey Orzo  
Chicken Pot Pie  
Minnesota Wild Rice  
Chicken Enchilada

## **Seafood Soup**

Manhattan Clam Chowder  
Manhattan Fish Chowder  
Curried Shrimp & Rice  
New England Clam Chowder with Bacon  
Seafood Cioppino  
Shrimp Bisque  
Salmon Chowder  
Seafood Vegetable

## **Chilis**

Buffalo Chicken Chili  
Turkey Chili  
Quinoa & Black Bean Chili  
Chipotle Turkey Chili  
Grilled Vegetable Chili  
Gene's Beanless Chili  
Meatless Double Bean Chili  
Steak Fajita Chili  
Firehouse Turkey Chili

## **Vegetarian Soup**

Butternut Squash  
Sweet Potato Thai Curry Bisque  
Mediterranean Vegetable  
Artichoke Minestrone  
Tortellini and Spinach  
Ten Vegetable  
Vegetable Alphabet  
Soba Noodle  
Superfood Vegetable  
Roasted Tomato  
Portobello Mushroom  
Roasted Curried Cauliflower  
Cauliflower Gruyere  
Low Fat Split Pea  
White Bean & Escarole