

FROZEN SOUPS

all soup is sold by the pint

See our weekly menu for fresh soup

Below are some of Foodstuffs favorites, our freezers are full and changing daily

Homemade Sauces

Italian Meat Sauce
Vegan Bolognese
Pesto Sauce (*1/2 pint*)
Low Fat Turkey Spaghetti Sauce

Meat Soup

Pina's Chicken Pasta
Chicken Noodle
Thai Chicken
Turkey Orzo
Chicken Pot Pie
Turkey Florentine
Mediterranean Chicken Soup
Hearty Chicken & Vegetable
Mexican Chicken
Asian Chicken & Tofu
Lemon Turkey Escarole
Capellini & Kale
Chicken Minestrone
Chicken Orzo

Seafood Soup

Manhattan Clam Chowder
Manhattan Seafood Chowder
Curried Shrimp & Rice
Seafood Cioppino
New England Clam Chowder with Bacon
Seafood Chowder
Thai Shrimp
Spicy Bahamian Seafood Chowder

Chilis

Turkey Chili
Gene's Beanless Chili
Five Alarm Chili
Chicken & Basil
Jay's Chili

Vegetarian Soup

Butternut Squash
Ten Vegetable
Superfood Vegetable
Couscous Paella
Mediterranean Lentil
Country Vegetable & Barley
Corn & Portobello
Creamy Moroccan Tomato Soup
Quinoa Mushroom
Low Fat Split Pea
Roasted Tomato
Mushroom Barley with Spring Onions
Triple Mushroom Bisque