

~ Sunday - May 14th ~

SALADS & SIDES

- APPLE, PISTACHIO & BRUSSELS SPROUTS SALAD 10.99/lb
Granny smith apples with shredded brussels sprouts and pistachios tossed with our garlic-dijon vinaigrette
(approximately 3-4 servings per pound)
- LOW FAT CREAMED SPINACH 9.99/lb
Sautéed spinach with garlic, onions and low fat cream sauce (approximately 2-3 servings per pound)

ENTREES

- TURKEY STUFFED PEPPERS 10.99/lb
Sautéed turkey with mushrooms and onions, baked in a red bell pepper and topped with mozzarella cheese
(approximately 2-3 peppers per pound)
- PANKO ENCRUSTED CHICKEN BREAST TENDERS 12.99/lb
Hormone & cage-free chicken breast tenders baked with Japanese breadcrumbs
(approximately 4-6 tenders per pound)
- STEAK ENCHILADAS 3.99/ea
Roasted sirloin with scallions, cheese, tomatoes and garlic wrapped in a flour tortilla
(approximately 1-2 enchiladas per person)
- TRIPLE MAC & CHEESE 7.99/lb
Our cheesy macaroni made with cheddar, parmesan & monterey jack cheese (approximately 2-3 servings per pound)
- EGGPLANT PARMESAN 8.99/lb
Traditional breaded eggplant topped with mozzarella cheese and our tomato sauce
(approximately 2-3 servings per pound)
- MINI REUBENS 2.99/ea
Our mini black bread bun with Foodstuffs' corned beef, Swiss cheese, sauerkraut & thousand island dressing
(approximately 1-2 reubens per person)

PASTRIES

- FRENCH SILK PIE 17.99/ea
Flaky pie shell lined with dark chocolate and filled with our rich, Valhrona chocolate mousse
(approximately 6-8 servings per pie)
- BLACK BOTTOM BUNDT CAKE 17.99/ea
Moist chocolate cake with a layer of sweet cream cheese and chocolate chips (approximately 8-10 servings per cake)
- MINI CUSTARD NAPOLEON 2.49/ea
Three layers of flaky puff pastry with our homemade vanilla custard and topped with a marbled powdered sugar glaze (approximately 1 napoleon per person)
- BILLIONAIRE SHORTBREAD BARS 14.99/lb
Buttery corn meal shortbread layered with caramel, chocolate ganache and sea salt
(approximately 3-4 bars per pound)

BREADS

- MINI CORNBREAD MUFFINS 1.29/ea
- BUTTERMILK BISCUITS 1.49/ea
- CHOCOLATE CHIP COOKIE 1.49/ea



May 13th & 14th
2017

Foodstuffs
GOURMET FOODS & CATERING

EVANSTON
2106 Central St
(847) 328-7704

GLENVIEW
1456 Waukegan Rd
(847) 832-9999

GLENCOE
338 Park Ave
(847) 835-5105

LAKE FOREST
255 E Westminster
(847) 234-6600

EVENTS & CATERING
2104 Central St
(847) 328-8504

WWW.FOODSTUFFS.COM

Menu items subject to change

APPETIZERS

TRIPLE MUSHROOM BISQUE A rich cream based soup with shiitake, portobello & button mushrooms <i>(approximately 1 serving per container)</i>	5.99/ea
KALAMATA ARTICHOKE DIP Kalamata olives with artichoke hearts, garlic, canola oil and low calorie mayonnaise <i>(approximately 3-4 servings per container)</i>	5.99/ea
ROASTED TOMATO & GOAT CHEESE SPREAD Goat cheese blended with oven-roasted tomatoes and extra virgin olive oil <i>(approximately 3-4 servings per container)</i>	14.99/lb
MINI CRAB CAKE SLIDERS A traditional mini crab cake topped with our dijon remoulade, served on a mini challah bun <i>(approximately 1-2 sliders per person)</i>	3.99/ea
MINI CHEESEBURGERS Mini Angus topped with American cheese, served on a homemade buttercrust bun <i>(approximately 1-2 burgers per person)</i>	2.49/ea

SALADS & SIDES

COURTNEY'S TUNA SALAD Foodstuffs famous tuna salad made with Albacore white tuna, celery, scallions, lemon juice, cholesterol-free mayonnaise and fat-free mayonnaise <i>(approximately 2-3 servings per pound)</i>	13.99/lb
TURKEY CRANBERRY SALAD Roasted hormone-free turkey breast with dried cranberries, celery and scallions, tossed with our low-calorie ginger yogurt dressing <i>(approximately 2-3 servings per pound)</i>	13.99/lb
LOBSTER SALAD Steamed lobster meat with celery, scallions, low calorie mayonnaise & lime juice <i>(approximately 2-3 servings per pound)</i>	29.99/lb
MEDITERRANEAN SALAD Artichoke hearts with marinated tomatoes, arugula, red onions and olive oil <i>(approximately 3-4 servings per pound)</i>	9.99/lb
SPINACH ORZO PASTA SALAD Orzo pasta with spinach, tomatoes, scallions, olives and feta cheese with our lemon garlic vinaigrette <i>(approximately 3-4 servings per pound)</i>	8.99/lb
ROASTED DIJON BRUSSELS SPROUTS Brussels sprouts roasted with dijon mustard, mustard seeds and parsley <i>(approximately 3-4 servings per pound)</i>	10.99/lb
BABY TWICE BAKED POTATOES Baby red potatoes filled with creamy garlic mashed potatoes and cheddar cheese <i>(approximately 8-10 potatoes per pound)</i>	7.99/lb
FRESH FRUIT SALAD A delicious assortment of fresh seasonal fruits and berries <i>(approximately 2-3 servings per pound)</i>	7.99/lb

BREADS

MINI CORN BREAD MUFFINS	1.29/ea	CHOCOLATE CHIP COOKIES	1.49/ea
BUTTERMILK BISCUITS	1.49/ea	OATMEAL RAISIN COOKIES	1.49/ea

ENTREES

RIC'S TENDERLOIN Farm-raised Iowa beef tenderloin marinated with rosemary, sage, basil and thyme <i>(approximately 2-3 servings per pound)</i>	31.99/lb
HERB ROASTED TURKEY BREAST Harrison's all-natural turkey breast marinated with herbs and roasted to perfection <i>(approximately 2-3 servings per pound)</i>	15.99/lb
RISA'S TURKEY BURGERS Hormone-free ground turkey grilled with mushrooms, onions and spices <i>(approximately 2-3 burgers per pound)</i>	10.99/lb
WILD MUSHROOM & GOAT CHEESE CREPES Crepes stuffed with wild mushrooms, goat cheese and leeks <i>(approximately 3-4 crepes per pound)</i>	9.99/lb

PASTRIES

PRETTY IN PINK CAKE Three layers of chocolate cake filled with chocolate mousse and decorated with pink frosting and fudge flowers <i>(approximately 6-8 servings per cake)</i>	22.99/ea
STRAWBERRY & CREAM CAKE Moist buttery pound cake layered between sweet whipped cream & fresh strawberries <i>(approximately 6-8 servings per cake)</i>	22.99/ea
BANANA BUTTERSCOTCH CARAMEL LOAF Sweet banana bread baked with butterscotch chips <i>(approximately 8-10 servings per loaf)</i>	17.99/ea
KEY LIME PIE Graham cracker pie shell filled with tart lime filling and topped with sweet whipped cream <i>(approximately 6-8 servings per pie)</i>	17.99/ea
SOUR CREAM CINNAMON CAKE BITES Our famous sour cream cinnamon coffeecake baked into small bites, dipped in butter and rolled in cinnamon sugar <i>(approximately 14-16 cake bites per pound)</i>	14.99/lb
FRESH MIXED BERRY SLICES WITH LEMON CURD Flaky puff pastry crust filled with lemon curd and topped with freshly glazed berries <i>(approximately 1 slice per person)</i>	4.99/ea
MOTHER'S DAY CUPCAKES White or chocolate cupcakes topped with buttercream and decorated pastel sprinkles <i>(approximately 1 cupcake per person)</i>	2.49/ea
CHOCOLATE DIPPED STRAWBERRIES Strawberries half dipped in dark and white chocolate <i>(approximately 1-2 strawberries per person)</i>	2.49/ea
MOTHER'S DAY MINI SHORTBREAD COOKIES Foodstuffs' famous shortbread cookies cut in floral shapes and butterflies, decorated with colored sugar <i>(approximately 14-16 cookies per pound)</i>	15.99/lb
FROSTED MOTHER'S DAY MINI SHORTBREAD COOKIES Foodstuffs' famous shortbread cookies cut in floral shapes and butterflies and decorated with sweet icing <i>(approximately 10-12 cookies per pound)</i>	16.99/lb
RASPBERRY SAUCE Sweet raspberries pureed with sugar <i>(approximately 3-4 servings per container)</i>	6.99/ea