

**STARTERS**

**KALAMATA ARTICHOKE DIP**

Kalamata olives blended with artichoke hearts, garlic and cholesterol-free mayonnaise  
*(approximately 3-4 servings per container)*

5.99/ea

**SIDE DISHES**

**COURTNEY'S TUNA SALAD**

Foodstuffs' famous tuna salad made with white albacore tuna, celery, scallions, and a blend of cholesterol free and fat-free mayonnaise  
*(approximately 2-3 servings per pound)*

13.99/lb

**TURKEY CRANBERRY SALAD**

Roasted turkey breast with diced cranberries, celery, scallions, and tossed with our cholesterol free ginger dressing  
*(approximately 2-3 servings per pound)*

13.99/lb

**GREEK PICNIC SALAD**

Steamed rice with tomatoes, kalamata olives, cucumbers, feta cheese and spinach  
*(approximately 3-4 servings per pound)*

8.99/lb

**ROASTED BRUSSELS SPROUTS & CAULIFLOWER**

Roasted brussels sprouts with celery, chives and cauliflower, tossed with a light fat-free Italian vinaigrette  
*(approximately 3-4 servings per pound)*

10.99/lb

**ENTREES**

**BBQ CHICKEN KABOBS**

Harrison's all natural skinless chicken breast tossed with BBQ sauce and served on a skewer  
*(approximately 1 kabob per person)*

9.99/ea

**RISA'S TURKEY BURGERS**

Ground turkey with mushroom, onions and spices  
*(approximately 2-3 burgers per pound)*

10.99/lb

**MINI LOX & BAGEL SANDWICHES**

Nova lox with arugula, red onions, cucumbers, cream cheese and chives on a mini sesame bagel  
*(approximately 1-2 sandwiches per person)*

3.99/ea

**MINI CHEESEBURGERS**

Mini black angus burger topped with American cheese, served on our homemade buttercrust bun  
*(approximately 1-2 burgers per person)*

2.49/ea

**PASTRIES**

**APPLE LATTICE PIE**

Sweet cinnamon apples topped with our lattice crust  
*(approximately 6-8 servings per pie)*

16.99/ea

**LEMON GLAZED ANGEL FOOD CAKE**

Our light and airy cake made with egg whites and lemon zest, glazed with powdered sugar  
*(approximately 6-8 servings per cake)*

15.99/ea

**FRESH MIXED BERRY FRUIT SLICE**

Baked puff pastry filled with vanilla custard and topped with fresh seasonal berries and apricot glaze  
*(approximately 1 fruit slice per person)*

4.99/ea

**SOUR CREAM CINNAMON CAKE BITES**

Our famous sour cream cinnamon coffee cake made into small bites dipped in butter and rolled in cinnamon sugar  
*(approximately 12-14 bites per pound)*

14.99/lb

**TUCCI'S PEANUT BUTTER CRUNCHERS**

Peanut butter, peanuts and rice krispies enrobed in rich dark chocolate  
*(approximately 14-16 crunchers per pound)*

14.99/lb

**FOODSTUFFS BABY CAKES**

A mini version of our famous pound cake  
*(approximately 1-2 baby cakes per person)*

1.79/ea

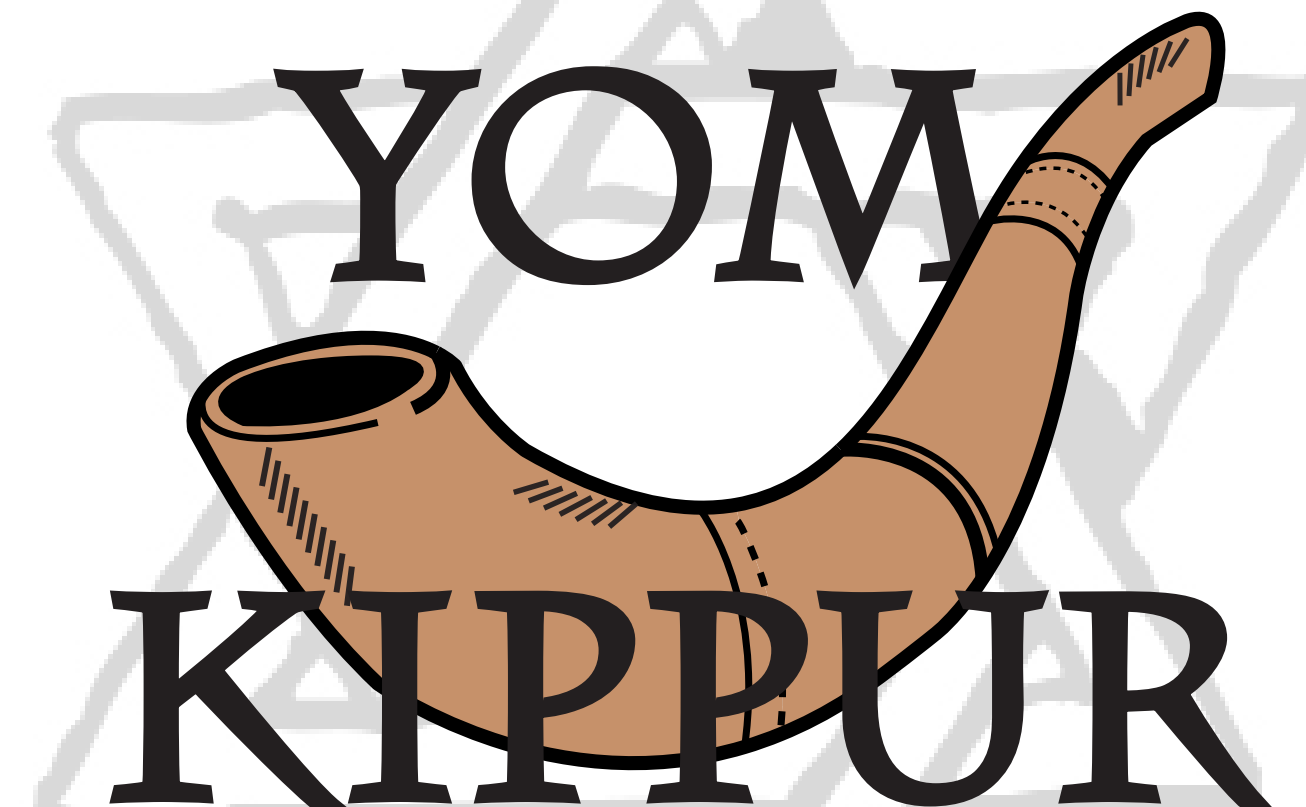
**BREADS**

Round Challah  
Round Raisin Challah  
Mini Challah

6.99/ea  
7.49/ea  
2.99/ea

Assorted Bagels & Bialys  
Challah Rolls

.99/ea  
.95/ea



**2017 MENU**

**CUT OFF DATE:**  
Monday, September 25<sup>th</sup>

**ORDER PICK-UP DATES:**  
Friday, September 29<sup>th</sup> & Saturday, September 30<sup>th</sup>

GLENCOE & LAKE FOREST 10AM-6PM (FRI. & SAT.)  
EVANSTON 10AM-6:30PM (FRI.), 10AM-6PM (SAT.); GLENVIEW 10AM-6PM (FRI.), 9AM-5PM (SAT.)

**SATURDAY'S MENU WILL NOT BE AVAILABLE FOR PICK-UP ON FRIDAY**

MENU ITEMS SUBJECT TO CHANGE

**EVANSTON**  
2106 Central Street  
(847) 328-7704

**GLENCOE**  
338 Park Avenue  
(847) 835-5105

**GLENVIEW**  
Carillon Square  
1456 Waukegan Road  
(847) 832-9999

**LAKE FOREST**  
255 E. Westminster  
(847) 234-6600

**EVENTS & CATERING**  
2104 Central Street  
(847) 328-8504

[www.foodstuffs.com](http://www.foodstuffs.com)

**STARTERS**

**GEFILTE FISH**

Traditional family recipe with ground whitefish, pike and trout  
*(approximately 1 piece per person)*

**HOMEMADE HORSERADISH SAUCE**

Fresh white or red horseradish sauce  
*(approximately 4-6 servings per container)*

**MATZO BALLS**

Handmade with matzo meal, eggs, chicken fat and dill  
*(approximately 1 piece per person)*

**BUBBIE'S CHICKEN BROTH**

Seasoned chicken broth just like Bubbie used to make  
*(approximately 1-2 servings per container)*

**CHOPPED CHICKEN LIVER**

Traditional appetizer made with chicken livers, eggs, onions and chicken fat  
*(approximately 3-4 servings per container)*

**HUMMUS**

Traditional hummus with chick peas, tahini, lemon juice and garlic  
*(approximately 3-4 servings per container)*

**HOMEMADE APPLESAUCE**

Chunky applesauce with cinnamon and sugar  
*(approximately 4-5 servings per container)*

**SIDE DISHES**

**OLD FASHIONED BLINTZ SOUFFLÉ**

Fabulous baked soufflé with blueberry and cheese blintzes  
*(approximately 2-3 serving per pound)*

**MOM'S NOODLE KUGEL**

Fettuccine baked with pineapple, raisins and cinnamon  
*(approximately 2-3 servings per pound)*

**OLD FASHIONED TZIMMIS**

Sweet potatoes and carrots baked with prunes, honey and orange juice  
*(approximately 2-3 servings per pound)*

**COURTNEY'S TUNA SALAD**

Foodstuffs famous tuna salad made with white albacore tuna, celery, scallions and a blend of cholesterol-free and fat-free mayonnaise  
*(approximately 2-3 servings per pound)*

**TERRY'S CHICKEN SALAD**

Poached chicken breast tossed with diced celery and cholesterol free mayonnaise  
*(approximately 2-3 servings per pound)*

**CHOPPED SALAD**

Fresh vegetables tossed with avocado, artichoke hearts and our mustard vinaigrette  
*(approximately 3-4 servings per pound)*

**B & B GRILLED VEGETABLES**

A medley of fresh vegetables marinated with sesame oil and soy sauce, grilled to perfection  
*(approximately 3-4 servings per pound)*

**MASHED POTATOES & BUTTERNUT SQUASH**

Idaho potatoes blended with butternut squash, cream and garlic  
*(approximately 2-3 servings per pound)*

**POTATO PANCAKES**

Shredded potatoes with onions, eggs and bread crumbs  
*(approximately 1-2 pancakes per person)*

**KISHKE**

Traditional dish made with matzo meal, onions and carrots  
*(approximately 3-4 servings per pound)*

**BREADS**

ROUND CHALLAH  
MINI CHALLAH

6.99/ea  
2.99/ea

ROUND RAISIN CHALLAH  
CHALLAH ROLLS / ASSORTED BAGELS & BIALYS

7.49/ea  
.95 / .99/ea

**ENTREES**

**TRADITIONAL BRISKET WITH ONION GRAVY**

Grandma's secret recipe for brisket braised with onions and chili sauce, served with onion gravy  
*(approximately 2-3 servings per pound)*

**SKINLESS FRIED CHICKEN**

Harrison poultry all natural skinless chicken tossed with seasoned flour and quickly fried  
*(approximately 2-3 pieces per pound)*

**HERB ROASTED TURKEY BREAST**

Harrison's all-natural turkey breast roasted with oregano, thyme and sea salt  
*(approximately 2-3 servings per pound)*

**MINI TENDERLOIN SANDWICH**

Roasted beef tenderloin with horseradish cream sauce, served on our mini potato roll  
*(approximately 1-2 sandwiches per person)*

**PASTRIES**

**RUSTIC PEASANT APPLE STREUSEL TART**

Free formed pie dough filled with cinnamon apples and topped with cinnamon streusel  
*(approximately 8-10 servings per tart)*

**BANANA CHOCOLATE CHIP CINNAMON CAKE**

Moist banana cake baked with chocolate chips and cinnamon sugar  
*(approximately 8-10 servings per cake)*

**KEY LIME PIE**

Graham cracker crust filled with tart filling & topped with sweet whipped cream  
*(approximately 6-8 servings per pie)*

**SOUTHERN PEACH PIE**

Flaky pie shell loaded with fresh peaches and topped with our sweet pie dough crust  
*(approximately 6-8 servings per pie)*

**FROSTED BROWNIES**

Foodstuffs famous brownies with creamy rich fudge frosting  
*(approximately 3-4 brownies per pound)*

**OATMEAL CARAMELITAS**

An oatmeal crust topped with layers of caramel, walnuts and chocolate chips  
*(approximately 3-4 carmelitas per pound)*

**CARAMEL THUMBPRINTS**

Buttery cookies topped with caramel and dark chocolate  
*(approximately 14-16 pieces per pound)*

**LIGHT RUGGELACH**

A traditional low-fat pastry with assorted fillings  
*(approximately 15-16 pieces per pound)*

6.49/ea

5.99/ea

3.99/ea

4.99/ea

6.99/ea

4.99/ea

6.99/ea

9.99/lb

8.99/lb

9.99/lb

13.99/lb

13.99/lb

9.99/lb

10.99/lb

7.99/lb

2.49/ea

11.99/lb

19.99/lb

8.99/lb

15.99/lb

4.49/ea

20.99/ea

19.99/ea

17.99/ea

16.99/ea

14.99/lb

14.99/lb

14.99/lb

14.99/lb

<p><b>LOX &amp; BAGEL TRAY</b> Hand-sliced nova lox, sliced bermuda onions, tomatoes, European cucumbers, cream cheese and fresh bagels displayed and decorated on two trays • 129.99 (serves 10-15) • 149.99 (serves 15-20)</p> <p><b>SMOKED FISH TRAY</b> Hand-sliced nova lox, sliced Bermuda onions, tomatoes, European cucumbers, cream cheese and fresh bagels displayed and decorated on two trays: also includes house-smoked whitefish, salmon and lake trout • 139.99 (serves 10-15) • 159.99 (serves 15-20)</p>	<p><b>POACHED SALMON TRAY</b> Norwegian salmon gently poached in court bouillon, beautifully decorated and garnished; served with cucumber dill sauce • 21.99 lb - whole salmon (sizes available 5-12 lbs) • 26.99 lb - whole boneless salmon (sizes available 4-8 lbs) • 26.99 lb - boneless side (sizes available 2-4 lbs)</p> <p><b>FRESH FRUIT TRAY</b> Seasonal sliced fruits and berries artfully arranged to show the bounty of the season; served with either chocolate sauce or strawberry yogurt for dipping (berries based on availability) • 59.99 (serves 8-12) • 69.99 (serves 15-20)</p>
<p>See our complete party tray menu in-store or at <a href="http://www.foodstuffs.com">www.foodstuffs.com</a></p>	

MENU ITEMS SUBJECT TO CHANGE • ALL SERVING SIZES ARE APPROXIMATE