

Foodstuffs

GOURMET FOODS & CATERING



GLENCOE

BUILD YOUR OWN SALAD

Foodstuffs salads are tossed to order, using garden fresh, premium ingredients and can be chopped upon request.

9.99/LB

2 oz additional chicken breast for 1.99
additional dressing or sauce .50

4 oz courtney's tuna for 3.49

FOODSTUFFS CHICKEN & TURKEY ARE
CAGE & HORMONE FREE

Evanston

2106 Central Street
847.328.7704

Glenview

Carillon Square
1456 Waukegan Road
847.832.9999

Glencoe

338 Park Avenue
847.835.5105

Lake Forest

255 E. Westminster
847.234.6600

Catering

2104 Central Street 847.328.8504

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BUILD YOUR OWN SALAD

1. choose your greens:

- baby greens
- kale
- baby spinach
- arugula
- romaine

2. select any number of ingredients:

- broccoli
- celery
- eggs
- bell peppers
- tofu
- red onions
- mango
- jicama
- cucumbers
- cauliflower
- beets
- heirloom tomatoes
- avocado
- marinated mushrooms
- garbanzo beans
- kalamata olives
- artichoke hearts
- roasted red peppers
- fresh fruit
- black beans
- carrots
- corn
- edamame
- mushrooms
- hearts of palm
- roasted tomatoes
- white beans
- sweet peas
- red quinoa
- pepperoncini

3. select any number of toppings:

- tortilla strips
- sugared walnuts
- slivered almonds
- sunflower seeds
- chopped peanuts
- crispy onions
- dried cranberries
- foodstuffs croutons
- wasabi peas
- sesame sticks

4. add meats, salads & cheeses:

- grilled all-natural chicken breast
- roasted turkey breast
- smoked turkey breast
- blue cheese
- feta cheese
- shredded parmesan
- wisconsin cheddar
- fresh mozzarella
- goat cheese

5. top it off with your favorite dressing:

- ginger soy vinaigrette
- gf fat-free raspberry vinaigrette
- gf chipotle ranch
- gf feta vinaigrette
- gf balsamic vinaigrette
- gf creamy caesar
- gf sweet vidalia onion dressing
- oil & vinegar
- gf wildfire red wine vinaigrette
- country honey dijon mustard
- gf fat-free creamy italian
- gf citrus organic dressing
- gf farmhouse ranch
- gf blue cheese dressing
- gf balsamic fig vinaigrette

gf - gluten free

OR, CHOOSE FROM OUR CHEF'S FAVORITES

* california dreaming *

baby spinach with sugared walnuts, dried cranberries, edamame, tofu, wisconsin blue cheese and balsamic vinaigrette

* asian chicken salad *

grilled all-natural chicken breast with romaine, broccoli, bell peppers, mushrooms, carrots, chopped peanuts, edamame and ginger soy vinaigrette

* diana's salad *

baby spinach, edamame, red onions, marinated mushrooms, goat cheese, sugared walnuts, dried cranberries and balsamic vinaigrette

* omega powerhouse *

romaine, kale, grilled all-natural chicken breast, garbanzo beans, avocado, sugared walnuts, dried cranberries, sunflower seeds, roasted tomatoes, red quinoa and balsamic vinaigrette