

vegetarian paninis

- **adult grilled cheese** 8.99
wisconsin cheddar, provolone, homemade pesto and tomatoes grilled on sourdough bread
Add avocado for .99

vegetarian

- **pomodori alla mozzarella** 8.99
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, homemade pesto and cracked black pepper
Add avocado for .99
- **the ultimate vegan sandwich** 8.99
baby spinach, kale, carrots, beets, cucumbers, hummus, marinated tomatoes, avocado, olive tapenade and sunflower seeds on a spinach tortilla
- **avocado toast** 8.99
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta

- sandwich extras - *add an additional portion of:*

grilled chicken breast, tuna or chicken salad meats	2.99 1.99
bacon	.99
avocado	.99
marinated tomatoes	.99
balsamic marinated mushrooms	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
cheese (except brie & mozzarella)	.50
dressings/sauces	.50

Foodstuffs

GOURMET FOODS & CATERING

Evanston

2106 Central Street
847.328.7704

Glencoe

338 Park Avenue
847.835.5105

Glenview

Carillon Square
1456 Waukegan Road
847.832.9999

Lake Forest

255 E Westminster
847.234.6600

Catering

2104 Central Street
847.328.8504

FOODSTUFFS.COM

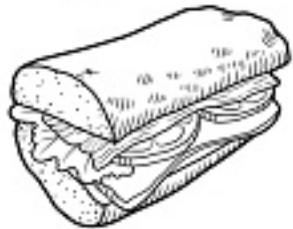
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SANDWICHES

*made with the finest and
freshest ingredients*



FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



HORMONE & CAGE FREE

build-your-own - 9.99 vegetarian - 8.99

- 1 **meats** *choose one*
- | | |
|------------------------------------|-----------------------|
| foodstuffs roast beef | smoked turkey breast |
| bavarian ham | bacon |
| genoa salami | courtney's tuna salad |
| roasted turkey breast | caliente salami |
| grilled all-natural chicken breast | |

- 2 **vegetables part 1** *choose one*
- *for vegetarian sandwiches, please choose two*
- | | |
|--------------------|------------------------------|
| marinated tomatoes | roasted red peppers |
| avocado | balsamic marinated mushrooms |

- 3 **vegetables part 2** *choose as many as you like*
- | | |
|----------|--------------|
| romaine | baby spinach |
| arugula | kale |
| onions | cucumbers |
| carrots | fresh basil |
| tomatoes | |

- 4 **cheeses** *choose one*
- | | |
|-------------------|-----------------------|
| wisconsin cheddar | goat cheese |
| smoked gouda | wisconsin provolone |
| wisconsin swiss | havarti |
| fresh mozzarella | cream cheese & chives |
| brie | feta |

- 5 **bread**s *choose one*
- | | |
|------------------------|------------------------------|
| whole wheat grain | buttercrust |
| sourdough | black bread |
| naan | flour/wheat/spinach tortilla |
| country french | gluten-free tortilla |
| ciabatta roll | croissant |
| panini roll | demi baguette |
| harvest grain ciabatta | |
| whole wheat baguette | |

- 6 **condiments** *choose up to two*
- | | |
|----------------------------|-------------------------|
| yellow mustard | grainy mustard |
| dijon mustard | honey mustard |
| ginger soy dressing | fat-free mayonnaise |
| chipotle mayonnaise | buffalo sauce |
| caesar dressing | foodstuffs pesto |
| blue cheese dressing | hummus |
| giardiniera | sun-dried tomato spread |
| red pepper spread | hecky's bbq sauce |
| artichoke & spinach spread | olive tapenade |
| cranberry chutney | |

chicken CAGE & HORMONE FREE

- **the skinny caprese** 9.99
grilled all-natural chicken breast, fresh mozzarella, tomato, basil, spinach, artichoke hearts & balsamic vinaigrette in a whole wheat tortilla
- **nan's naan** 9.99
grilled all-natural chicken breast, hummus, cucumbers, red onions, feta, marinated tomatoes and baby spinach on naan
- **bbq chicken wrap** 8.99
grilled all-natural chicken breast with onions, romaine, wisconsin provolone cheese and bbq sauce wrapped in a flour tortilla
- **chicken caesar wrap** 8.99
a flour tortilla filled with grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing

roast beef MIDWEST CORN FED

- **the black angus** 8.99
foodstuffs roast beef with cream cheese and chives served with tomatoes and arugula on black bread
- **mr. crispy beef** 9.99
foodstuffs roast beef, hecky's bbq sauce, romaine, tomatoes, cheddar, crispy onions and giardiniera on sourdough

turkey CAGE & HORMONE FREE

- **the californian** 9.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on whole wheat grain bread
- **mr. bill** 8.99
your choice of foodstuffs roasted or smoked turkey with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread on crusty bread
- **turkey twist** 9.99
foodstuffs roasted turkey breast, hummus, avocado, brie, baby spinach and tomatoes on crusty bread
- **the soprano** 9.99
smoked turkey breast, foodstuffs marinated tomatoes, mozzarella cheese, fresh basil and our artichoke spinach spread on ciabatta roll

- **turkey croissant** 9.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and fat-free mayonnaise on a flaky croissant

- **turkey cobbler** 8.99
roasted turkey breast with romaine, tomatoes and wisconsin cheddar cheese with fat-free mayonnaise and cranberry chutney on whole wheat grain bread

ham HORMONE FREE

- **the bavarian** 8.99
bavarian ham, honeycup mustard, brie cheese and artichoke spinach spread on a flaky croissant

seafood

- **loco's tuna wrap** 9.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera peppers rolled into a whole wheat tortilla

- **the sorry charlie** 8.99
courtney's tuna salad with romaine, tomatoes and cucumbers on whole wheat grain bread
Add avocado for .99

- **niki's tuna sandwich** 8.99
courtney's tuna salad with sun-dried tomato spread, whole grain mustard, romaine and marinated tomatoes on your choice of bread

- **TLC naan** 10.99
nova lox, arugula, european cucumbers, heirloom tomatoes, capers, red onions, cream cheese with chives, dill and black pepper on toasted naan

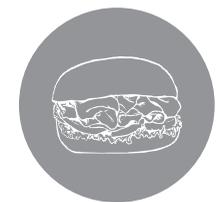
paninis

- **chipotle chicken** 8.99
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on a ciabatta roll

- **bbq chicken melt** 8.99
grilled all-natural chicken breast with wisconsin swiss, bacon, romaine and tomatoes smothered with hecky's bbq sauce on whole wheat grain bread

- **the v.p. panini** 9.99
smoked turkey breast with grilled mushrooms, onions, brie and foodstuffs pesto on ciabatta roll
- **the tammy** 9.99
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on crusty bread
- **al capone panini** 9.99
bavarian ham, caliente salami, olive tapenade, arugula, fresh mozzarella, basil and black pepper grilled on a demi baguette
- **tuna melt** 8.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on whole wheat grain bread
Add avocado for .99
- **buffalo chicken panini** 8.99
grilled all-natural chicken breast, romaine, blue cheese dressing, buffalo sauce and crispy onions on demi baguette

JOIN OUR SANDWICH CLUB



buy 12 homemade sandwiches and get the 13th free!

9.99 or less