

vegetarian paninis

- **adult grilled cheese** 8.99
wisconsin cheddar, provolone, pesto and tomatoes
grilled on sourdough bread
Add avocado for .99

vegetarian

- **pomodori alla mozzarella** 8.99
fresh mozzarella cheese stacked with sliced tomatoes
on a demi baguette with fresh basil, pesto and cracked
black pepper
Add avocado for .99
- **the ultimate vegan sandwich** 8.99
baby spinach, baby kale, carrots, beets, cucumbers,
hummus, marinated tomatoes, avocado, olive tapenade
and sunflower seeds wrapped in a spinach tortilla
- **avocado toast** 8.99
avocado, red pepper flakes, lemon pepper, crumbled
feta, sunflower seeds and arugula on toasted open-face
harvest grain ciabatta

- sandwich extras - *add an additional portion of:*

grilled chicken breast, courtney's tuna	2.99
salad or chicken salad	
meats	1.99
bacon	.99
avocado	.99
marinated tomatoes	.99
balsamic marinated mushrooms	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
cheese (except brie & mozzarella)	.50
dressings/sauces	.50

Foodstuffs

GOURMET FOODS & CATERING

Evanston

2106 Central Street
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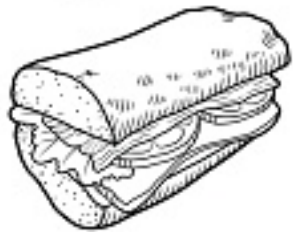
SANDWICHES

*made with the finest and
freshest ingredients*



MEATS

FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



HORMONE & CAGE FREE

build-your-own - 9.99 vegetarian - 8.99

- 1 **meats** *choose one*

foodstuffs roast beef	smoked turkey breast
bavarian ham	bacon
genoa salami	courtney's tuna salad
roasted turkey breast	caliente salami
grilled all-natural chicken breast	terry's chicken salad

- 2 **vegetables part 1** *choose one*
 for vegetarian sandwiches, please choose two

marinated tomatoes	roasted red peppers
avocado	balsamic marinated mushrooms

- 3 **vegetables part 2** *choose as many as you like*

romaine	baby spinach
arugula	baby kale
onions	cucumbers
carrots	fresh basil
tomatoes	

- 4 **cheeses** *choose one*

wisconsin cheddar	goat cheese
smoked gouda	wisconsin provolone
wisconsin swiss	havarti
fresh mozzarella	cream cheese & chives
brie	feta

- 5 **breads** *choose one*

whole wheat grain	buttercrust
sourdough	black bread
naan	flour/wheat/spinach tortilla
country french	gluten-free tortilla
ciabatta roll	croissant
demi baguette	harvest grain ciabatta
pretzel roll	marble rye

- 6 **condiments** *choose up to two*

yellow mustard	grainy mustard
dijon mustard	honey mustard
ginger soy dressing	fat-free mayonnaise
chipotle mayonnaise	buffalo sauce
caesar dressing	pesto
blue cheese dressing	hummus
giardiniera	sun-dried tomato spread
red pepper spread	hecky's bbq sauce
artichoke & spinach spread	olive tapenade
cranberry chutney	ranch dressing

chicken CAGE & HORMONE FREE

- **the skinny caprese** 9.99
grilled all-natural chicken breast, fresh mozzarella cheese, tomato, basil, spinach, artichoke hearts & balsamic vinaigrette in a whole wheat tortilla
- **nan's naan** 9.99
grilled all-natural chicken breast, hummus, cucumbers, red onions, feta, marinated tomatoes and baby spinach on naan
- **chicken club** 9.99 **NEW!**
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **bbq chicken wrap** 8.99
grilled all-natural chicken breast with onions, romaine, wisconsin provolone cheese and bbq sauce wrapped in a flour tortilla
- **chicken caesar wrap** 8.99
a flour tortilla filled with grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing

roast beef MIDWEST RAISED & HORMONE FREE

- **mr. crispy beef** 9.99
foodstuffs roast beef, hecky's bbq sauce, romaine, tomatoes, cheddar, crispy onions and giardiniera on sourdough

turkey CAGE & HORMONE FREE

- **the californian** 9.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on whole wheat grain bread
- **mr. bill** 8.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread on crusty bread
- **turkey twist** 9.99
foodstuffs roasted turkey breast, hummus, avocado, brie, baby spinach and tomatoes on crusty bread

the soprano 9.99

smoked turkey breast, foodstuffs marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on ciabatta roll

- **turkey croissant** 9.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and fat-free mayonnaise on a flaky croissant

- **turkey cobbler** 8.99
roasted turkey breast with romaine, tomatoes and wisconsin cheddar cheese with fat-free mayonnaise and cranberry chutney on whole wheat grain bread

seafood

- **loco's tuna wrap** 9.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera peppers rolled into a whole wheat tortilla

- **the sorry charlie** 8.99
courtney's tuna salad with romaine, tomatoes and cucumbers on whole wheat grain bread
Add avocado for .99

- **niki's tuna sandwich** 8.99
courtney's tuna salad with sun-dried tomato spread, whole grain mustard, romaine and marinated tomatoes on your choice of bread

paninis

- **chipotle chicken** 8.99
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on a ciabatta roll
- **the tammy** 9.99
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on demi baguette

- **al capone panini** 9.99
bavarian ham, caliente salami, olive tapenade, arugula, fresh mozzarella cheese, basil and black pepper grilled on a demi baguette

- **tuna melt** 8.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on whole wheat grain bread
Add avocado for .99

- **breakfast for lunch** 8.99 **NEW!**
bavarian ham with bacon, sliced hard boiled eggs, honey mustard and havarti cheese on toasted harvest grain ciabatta

- **porky pretzel panini** 9.99 **NEW!**
bavarian ham, brie, arugula, grilled onions and honey mustard spread on a pretzel roll

JOIN OUR SANDWICH CLUB



buy 12 homemade sandwiches and get the 13th free!
9.99 or less