

## paninis

- **chipotle chicken** 8.99  
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on focaccia bread
- **someone's favorite panini** 8.99  
smoked turkey breast, brie cheese, cranberry chutney and romaine on country french bread
- **tuna melt** 8.99  
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on whole wheat grain bread
- **the j.b. wich** 8.99  
bavarian ham, wisconsin swiss cheese, romaine, tomatoes and honey mustard on country french bread

## vegetarian paninis

- **adult grilled cheese** 8.99  
wisconsin cheddar, provolone, homemade pesto and tomatoes grilled on sourdough bread  
*Add avocado for .99*
- **vegetarian**
- **pomodori alla mozzarella** 8.99  
fresh mozzarella cheese stacked with sliced tomatoes on country french bread with fresh basil, homemade pesto and cracked black pepper  
*Add avocado for .99*
- **the vegetarian** 8.99  
fresh vegetables, avocado, hummus, roasted red pepper spread and basil on your choice of bread
- **avocado toast** 8.99  
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta

# Foodstuffs

## GOURMET FOODS & CATERING

### Evanston

2106 Central Street  
847.328.7704

### Glencoe

338 Park Avenue  
847.835.5105

### Glenview

Carillon Square  
1456 Waukegan Road  
847.832.9999

### Lake Forest

255 E Westminster  
847.234.6600

### Catering

2104 Central Street  
847.328.8504

FOODSTUFFS.COM

menus • deals • shop • resources • careers • catering

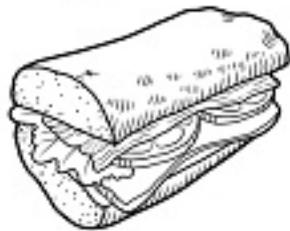
# SANDWICHES

*made with the finest and  
bestest ingredients*



# MEATS

## FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



## HORMONE & CAGE FREE

**build-your-own - 9.99 vegetarian - 8.99**

- 1 meats \*choose one\***  
 foodstuffs roast beef      bacon  
 courtney's tuna salad      roasted turkey breast  
 smoked turkey breast      bavarian ham  
 terry's chicken salad      grilled all-natural chicken breast  
 genoa salami

- 2 vegetables part 1 \*choose one\***  
**\*for vegetarian sandwiches, please choose two\***  
 roasted red peppers      marinated tomatoes  
 avocado      artichoke hearts

- 3 vegetables part 2 \*choose as many as you like\***  
 romaine      carrots  
 baby spinach      arugula  
 fresh basil      cucumbers  
 tomatoes      onions  
 mushrooms

- 4 cheeses \*choose one\***  
 wisconsin cheddar      cream cheese & chives  
 pepperjack      wisconsin provolone  
 wisconsin swiss      goat cheese  
 fresh mozzarella      brie  
 havarti      feta  
 parmesan

- 5 breads \*choose one\***  
 whole wheat grain      harvest grain ciabatta  
 sourdough      buttercrust  
 marble rye      black bread  
 flour/wheat/spinach tortilla      country french  
 gluten-free tortilla      ciabatta roll  
 croissant      pretzel bread

- 6 condiments \*choose up to two\***  
 grainy dijon mustard      hummus  
 honey mustard      foodstuffs pesto  
 giardiniera      fat-free mayonnaise  
 dijon mayonnaise      blue cheese dressing  
 hecky's bbq sauce      artichoke & spinach spread  
 chipotle mayonnaise      buffalo sauce  
 ginger soy dressing      sun-dried tomato spread  
 red pepper spread      balsamic vinaigrette  
 cranberry chutney      peppercorn ranch dressing  
 fig spread

**chicken CAGE & HORMONE FREE**

- chicken sundance 8.99**  
grilled all-natural chicken breast, baby spinach, sun-dried tomato spread and cream cheese & chives generously stacked on your choice of bread with grainy dijon mustard
- chicken little 8.99**  
terry's chicken salad with romaine and tomatoes on your choice of bread
- the skinny caprese 9.99**  
grilled all-natural chicken breast, fresh mozzarella, tomato, basil, baby spinach, artichoke hearts & balsamic vinaigrette in a whole wheat tortilla
- chicken caesar wrap 8.99**  
a flour tortilla filled with grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing
- southwest chicken wrap 9.99**  
grilled chicken breast with mild salsa, pepperjack cheese, baby spinach, bacon, avocado and peppercorn ranch in a spinach tortilla
- buffalo chicken wrap 8.99**  
grilled chicken breast with blue cheese dressing, romaine and buffalo sauce wrapped in a flour tortilla

**roast beef CORN FED**

- the black angus 8.99**  
foodstuffs roast beef with cream cheese and chives served with tomatoes and arugula on black bread
- foodstuffs stampede 8.99**  
foodstuffs roast beef with grainy dijon mustard and herbs, topped with wisconsin cheddar cheese, romaine and tomatoes on whole wheat grain bread

**turkey CAGE & HORMONE FREE**

- the bulldog 9.99**  
foodstuffs roasted turkey breast, cheddar, havarti, bacon, marinated tomatoes and honey mustard on your choice of bread

- lolo's turkey wrap 9.99**  
smoked turkey breast, cream cheese & chives, sun-dried tomato spread, baby spinach and avocado in a whole wheat tortilla
- the californian 9.99**  
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on whole wheat grain bread
- mr. bill 8.99**  
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread on country french bread
- the napoleon 8.99**  
your choice of foodstuffs roasted or smoked turkey breast with brie cheese, served with grainy dijon mustard and arugula on black bread
- the soprano 9.99**  
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on country french bread
- turkey croissant 9.99**  
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and fat-free mayonnaise on a flaky croissant
- the princess 8.99**  
foodstuffs roasted turkey breast with cranberry chutney, mayonnaise, havarti cheese and romaine on buttercrust



join our sandwich club

buy 12 homemade sandwiches and get the 13th free!  
9.99 or less

**ham HORMONE FREE**

- the allegheny 8.99**  
bavarian ham sliced thinly and piled high on whole wheat grain bread with romaine and tomatoes

**seafood**

- loco's tuna wrap 9.99**  
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera peppers rolled into a whole wheat tortilla
- niki's tuna sandwich 8.99**  
courtney's tuna salad with sun-dried tomato spread, whole grain mustard, romaine and marinated tomatoes on your choice of bread
- the sorry charlie 8.99**  
courtney's tuna salad with romaine, tomatoes and cucumbers on whole wheat grain bread  
*Add avocado for .99*

**- sandwich extras -**  
*add an additional portion of:*

grilled chicken breast, tuna or chicken salad	2.99
meats	1.99
bacon	.99
avocado	.99
marinated tomatoes	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
cheese (except brie & mozzarella)	.50
dressings/sauces	.50