

Foodstuffs

GOURMET FOODS & CATERING

*MENU ITEMS SUBJECT TO CHANGE

MONDAY	
April 8	
SOUPS & DIPS	
ww	Chicken Noodle Soup (LF)
ww	Mexican Chicken Soup (LF)
ww	Ten Vegetable Soup (LF) (GF)
	Butternut Squash Soup (GF)
	Five Alarm Chili
	Roasted Red Pepper Dip (LC) (GF)
SALADS	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad (LC)
ww	Grilled Cauliflower Caper Salad (LC)
ENTREES & SIDE DISHES	
	Grilled Balsamic Chicken Breast
ww	Vegetarian Eggplant Meatballs (LF)
	Mini Beef & Cheddar Burritos
	Grilled BBQ Chicken Wings
ww	Chicken Burgers (LC) (LF)
	Chicken Parmesan Sliders
ww	Roasted Cauliflower, Green Beans & Mushrooms
	Mashed Potatoes & Butternut Squash
PASTRIES	
	4" Heavenly Chocolate Mousse Cake
	Mini Milky Way Pound Cake
	Mini Rustic Apricot Peach Tart
	Chocolate Chip Coconut Bread Pudding
	Danish Salted Butter Cookies
LIKE US ON FACEBOOK	

WEDNESDAY	
April 10	
SOUPS	
	Minnesota Wild Rice Soup
ww	Kalamata Artichoke Dip (GF)
ENTREES & SIDE DISHES	
	Courtney's Tuna Salad (LC)
	Terry's Chicken Salad (LC)
ww	Asparagus, Corn & Pepper Salad (LF)
ENTREES & SIDE DISHES	
	Herb Roasted Chicken Halves (LC)
	Stuffed Turkey Breast with Spinach & Mushrooms
	Quinoa & Spinach Cakes
ww	Risa's Turkey Burgers (LC)
	Southern Fried Chicken Sliders
	Mini Cheeseburgers
ww	Sesame Sugar Snap Peas (LC) (LF)
	Mashed Potatoes & Gravy
PASTRIES	
	3" Nonpareil Cake
	French Plum Slice
	Custard Napoleon
	Tucci's Peanut Butter Crunchers
PASSOVER & EASTER MENUS ARE IN STORES AND ONLINE NOW!	

TUESDAY	
April 9	
SOUPS & DIPS	
ww	Kale Noodle Soup (LF)
ww	Hummus (GF)
SALADS	
	Courtney's Tuna Salad (LC)
	Raw Broccoli Salad
ww	Awesome Wheatberry Salad (LF)
ENTREES & SIDE DISHES	
	Turkey Milanese
ww	Shrimp & Chicken Jambalaya (LF)
	Portobello Mushroom Florentine (LC)
	Dolmades (NEW)
	Mini Risa's Turkey Burger Sliders
ww	Roasted Brussels Sprouts Medley (NEW)
	Greek Potato Cheese Patties
PASTRIES	
	Mini Blueberry Strawberry Lattice Pie (NEW)
	Fudge Brownie Trifle
	Karen Malkin's Coconut Truffles
	Almond Crescents
	Mexican Wedding Cookies
FOODSTUFFS EVENTS & CATERING YOUR ONE STOP SOLUTION FOR A COMPANY EVENT, FAMILY PICNIC OR BBQ. ENJOY THE CLASSICS, RIGHT OFF THE GRILL, SERVED BY OUR PROFESSIONAL CHEFS	

THURSDAY	
April 11	
SOUPS & DIPS	
ww	Mushroom Barley w/ Spring Vegetables Soup (LF)
	Artichoke & Spinach Dip (LC) (GF)
ww	Carolina Crab Dip
ENTREES & SIDE DISHES	
	Courtney's Tuna Salad (LC)
	Vegan Spicy Tofu
ww	Brussels Sprouts & Black Kale (LF)
ww	Mushroom Fried Rice (LF)
ENTREES	
	Thai Rice Noodles with Shrimp
	Ginger Beef Stir Fry
ww	Mu Shu Chicken Patties (LC) (LF)
	Mini Cauliflower Fritters w/ Red Pepper Aioli
	Chicken Satay with Peanut Sauce
	Lemon Parmesan Roasted Broccoli
	Mini Lobster Rolls
	Samosas
PASTRIES	
	Mini Banana Cream Pie with Oreo Crust
	Mini NY Style Cheesecake w/ Fresh Berries
	Mini Pineapple Upside Down Cake
	Pinwheel Shortbread
JOIN FOODSTUFFS BREAD CLUB! PURCHASE 12 LOAVES OF BREAD AND GET YOUR NEXT ONE FREE!	

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FRIDAY	
April 12	
SOUPS & DIPS	
Seafood Chowder	
Sun Dried Tomato Feta Dip (GF)	
Roasted Red Pepper Dip (LC) (GF)	
SALADS	
Courtney's Tuna Salad (LC)	
Reduced Fat Tuna Salad (LC)	
Terry's Chicken Salad (LC)	
ww Grilled Cauliflower Caper Salad (LC)	
Cavatappi with Arugula Pesto	
ENTREES & SIDE DISHES	
Grilled Balsamic Chicken Breast	
ww Butternut Squash Risotto (LF)	
Charlie's Fried Chicken	
Mini Tenderloin Sandwiches	
Mini Ham & Brie Sandwiches	
ww Via's Grilled Vegetables	
Mashed Potatoes & Butternut Squash	
PASTRIES	
6" Lemon Mousse Torte with Fresh Raspberries	
6" Mrs. Liberman's Cake	
3" Death by Chocolate Cake	
Mini Baked Raspberry Rhubarb Streusel Tart (NEW)	
Foodstuffs Buttercream Cookies	
<p>APRIL SALES! ENJOY 10% OFF: DOOR COUNTY LOVE GRANOLA ASSORTED PRETZEL BALLS HONEY ROASTED & SEA SALT CHICKPEAS</p>	

SUNDAY	
April 14	
SALADS	
Courtney's Tuna Salad (LC)	
ww Asparagus & Feta Salad	
ENTREES	
Oriental Orange Chicken	
Mini Flank Steak Quesadillas	
Stir Fry Chicken with Udon Noodles (LF)	
Cheesy Baked Butternut Squash	
Turkey Meatloaf Muffins	
Caprese Mac & Cheese	
Charlie's Fried Chicken Sliders	
Mini Muffaletta Sandwiches	
PASTRIES	
Cookie Pizza	
Creamy Dolce Caramel Coconut Cake	
Mini Lemon Pound Cake (NEW)	
Chocolate Dipped Twinkies	
Campfire Bars	
<p>JOIN FOODSTUFFS SANDWICH CLUB! PURCHASE 12 SANDWICHES AND GET YOUR NEXT GOURMET SANDWICH FREE!</p>	

SATURDAY	
April 13	
SOUPS & DIPS	
Creamy Moroccan Tomato Soup (NEW)	
Spicy Hummus (GF)	
SALADS	
Courtney's Tuna Salad (LC)	
ww Reduced Fat Basil Parmesan Chicken Salad (LF) (LC)	
ww Grilled Corn & Arugula Salad	
ENTREES & SIDE DISHES	
Turkey Milanese	
Stuffed Chicken Breast w/ Artichoke & Spinach	
Grilled Sirloin Kabobs	
Risa's Turkey Burgers (LC)	
ww Roasted Brussels Sprouts Medley (NEW)	
Roasted Sweet Potatoes	
Mini Cheeseburgers	
Vegan Lentil Pie	
Falafel	
PASTRIES	
Mini Cherry Pie	
Mini Tuxedo Tart	
Mini Red Velvet Cupcake w/ Cream Cheese Frosting	
Sour Cream Cinnamon Cake Bites	
Vanilla Chocolate Shortbread (NEW)	
<p>VISIT FOODSTUFFS.COM TODAY! SHOP FOR MANY OF YOUR FOODSTUFFS FAVORITES, READ ALL ABOUT OUR UPCOMING SALES, IN-STORE DEMOS, SPECIALS AND MUCH MORE!</p>	

STORE HOURS AND INFORMATION	
<p>GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105 Store Hours: M-F 10-6 SAT 10-6 SUN 10-5</p>	
<p>EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: M-F 10-6:30 SAT 10-6 SUN 10-5</p>	
<p>GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 Store Hours: M-F 10-6 SAT 9-5 SUN 10-5</p>	
<p>LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 Store Hours: M-F 10-6 SAT 10-6 SUN 10-5</p>	
<p>www.foodstuffs.com</p>	
<p>(847) 328-8504 www.foodstuffscatering.com</p>	