

WEEK OF
JANUARY 11 - 17

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
JANUARY 11 - 17

* Menu Items Subject to Change

MONDAY	
January 11	
SOUPS & DIPS	
ww Chicken Noodle Soup (LF)	5.99 ea
ww Kale & White Bean Soup (LF) (GF)	5.99 ea
ww Turkey Minestrone Soup (GF)	5.99 ea
ww Mushroom Barley Soup (LF)	5.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Reduced Fat Tuna Salad (LC)	13.99 lb
Terry's Chicken Salad (LC)	13.99 lb
ww Karen's Edamame Salad	9.99 lb
ENTREES & SIDE DISHES	
Grilled Athenian Chicken Breast (LC)	14.99 lb
Beef Stew	9.99 lb
Turkey Lasagna (NEW)	10.99 lb
ww Portobello Mushroom Pizza (LF)	10.99 lb
ww Chicken Burgers (LC) (LF)	11.99 lb
Mini Cheeseburgers	2.99 ea
ww Fall Roasted Vegetables (LF)	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
3" German Chocolate Cake	7.99 ea
Mini Rustic Strawberry Rhubarb Tart	4.99 ea
Banana Butterscotch Cake Squares w/ Cream Cheese Frosting	3.99 ea
Foodstuffs Ding Dongs	3.99 ea
Campfire Cookies	16.99 lb
Brownies	16.99 lb
Caramel Brownies	16.99 lb
Black & White Squares	16.99 lb
Lemon Bars	16.99 lb

WEDNESDAY	
January 13	
SOUPS & DIPS	
ww Shrimp & Chicken Jambalaya Soup	6.99 ea
ww Tomato Soup w/ Garden Vegetables (LF) (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Polly's Chicken Salad (LC)	13.99 lb
Kale Pesto Heirloom Tomato Salad	10.99 lb
ENTREES & SIDE DISHES	
No Carb Parmesan Chicken Breast (LC)	14.99 lb
Greek Style Marinated Turkey Breast (LC)	15.99 lb
Roasted Balsamic Orange Duck	12.99 ea
ww Butternut Squash & Sage Risotto (LF)	10.99 lb
Southern Fried Chicken Sliders	3.99 ea
ww Roasted Brussels Sprouts & Mushrooms	10.99 lb
Mashed Potatoes & Gravy	7.99 lb
PASTRIES	
10" Smith Island Chocolate Cake	7.99 lb
3" Fudge Frosted Chocolate Cake	7.99 ea
Mini Pineapple Upside Down Cake	4.99 ea
French Raspberry Pear Slice	3.99 ea
Mama K's Carrot Cake Squares	3.99 ea
Valrhona Chocolate Pudding	3.99 ea
Clemente's Rice Pudding	3.99 ea
Blueberry & White Chocolate Cookies	16.99 lb

JOIN FOODSTUFFS SANDWICH CLUB!
PURCHASE 12 SANDWICHES AND GET YOUR NEXT
GOURMET SANDWICH FREE!

TUESDAY	
January 12	
SOUPS & DIPS	
ww Asian Chicken & Tofu Soup (LC)	5.99 ea
ww Low Fat Split Pea Soup (LF) (GF)	5.99 ea
ww Hummus (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Vegan Spicy Eggplant Tofu	13.99 lb
Cauliflower Currant Vinaigrette Salad	10.99 lb
ENTREES & SIDE DISHES	
Turkey Milanese	15.99 lb
Chicken Enchiladas	3.99 ea
Baked Gnocchi w/ Goat Cheese & Marinara (NEW)	10.99 lb
ww Farmer's Market Quesadillas	3.99 ea
Risa's Turkey Burgers (LC)	11.99 lb
Mini Gyro	3.99 ea
ww Green Beans & Artichokes	10.99 lb
Potato Pancakes	2.99 ea
PASTRIES	
Mini Peach & Cherry Oatmeal Streusel Pie	7.99 ea
Banana Cream Pie Trifle	7.99 ea
Norm's Double Chocolate Éclair	4.99 ea
Banana Tea Bread	7.99 ea
Zucchini Tea Bread	7.99 ea
Foodstuffs Pound Cake	16.99 ea
Raw Candy Bars	17.99 lb
Karen Plowden's Ginger Snap Sandwich Cookies	16.99 lb
Monster Bars	16.99 lb

THURSDAY	
January 14	
SOUPS & DIPS	
ww Turkey & Cannellini Bean Soup (LC) (LF) (GF)	5.99 ea
ww Miso Soba Noodle Soup (LF)	5.99 ea
Artichoke & Spinach Dip (LC) (GF)	6.99 ea
ww Carolina Crab Dip	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Reduced Fat Tuna Salad (LC)	13.99 lb
Terry's Chicken Salad	13.99 lb
Vegan Spicy Tofu	13.99 lb
ENTREES & SIDE DISHES	
ww Kung Pao Shrimp	16.99 lb
Ginger Beef Stir Fry	13.99 lb
Indian Butter Chicken (NEW)	12.99 lb
ww Vegan Rigatoni Bolognese (LF)	10.99 lb
ww Reduced Fat Spinach Souffle (LC)	10.99 lb
Vegetable Egg Rolls	2.49 ea
Mini Lobster Rolls	7.49 ea
Mini Cheeseburgers	2.99 ea
Samosas	1.99 ea
PASTRIES	
Mini French Silk Pie	7.99 ea
Mini Key Lime Cheesecake	7.99 ea
Birthday Whoopie Pie	3.99 ea
Confetti Butter Cookies	16.99 lb
Gluten Free Brownies	16.99 lb
Karen Malkin's Raw Cranberry Oat Bars	17.99 lb

LIKE US ON FACEBOOK

WEEK OF
JANUARY 11 - 17

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
JANUARY 11 - 17

* Menu Items Subject to Change

FRIDAY January 15	
SOUPS & DIPS	
ww Brisket Bean Chili	6.99 ea
ww Country Vegetable Barley Soup (LF)	5.99 ea
Sun Dried Tomato Feta Dip (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Roasted Corn & Shiitake Mushrooms	10.99 lb
ww Fettuccine with Spinach & Roasted Tomatoes	10.99 lb
ww Egg White Egg Salad (LC)	9.99 lb
ENTREES & SIDE DISHES	
Grilled Athenian Chicken Breast (LC)	14.99 lb
Kale, Pea & Ricotta Fritters w/ Lemon Aioli	10.99 lb
Charlie's Fried Chicken	9.99 lb
Risa's Turkey Burgers (LC)	11.99 lb
Mini Tenderloin Sandwiches	4.99 ea
Mini Ham & Brie Sandwiches	3.99 ea
ww Via's Grilled Vegetables (LC)	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
6" Triple Chocolate Malt Torte	23.99 ea
6" Mrs. Liberman's Cake	16.99 ea
Mini Choc. Covered Valrhona Pudding Cake	7.99 ea
Mini Peach Custard Tart	5.99 ea
Chocolate Dipped Heavenly Cake Bites	16.99 lb
Foodstuffs Buttercream Cookies	16.99 lb
Mini Mini Chocolate Chip Cookies	13.99 pk
Puppy Chow	14.99 lb
FOLLOW US ON INSTAGRAM @FOODSTUFFS_GOURMET	

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	2.49 ea
Oatmeal Raisin Cookies	2.49 ea
MONDAY	
Chocolate Chip Scones	1.99 ea
TUESDAY	
Apricot Scones	1.99 ea
WEDNESDAY	
Butterscotch Scones	1.99 ea
THURSDAY	
Chocolate Chip Scones	1.99 ea
FRIDAY	
Apricot Scones	1.99 ea
SATURDAY	
Butterscotch Scones	1.99 ea
VISIT FOODSTUFFS.COM FOR UP-TO-DATE INFORMATION ON ALL FOUR RETAIL STORE LOCATIONS, OUR SHOP & SHIP E-COMMERCE GIFTS & SPECIALS, DIRECT DELIVERY, AND EVENTS & CATERING DIVISION.	

SATURDAY January 16	
SOUPS & DIPS	
ww Turkey Noodle Soup	5.99 ea
ww Vegetable Alphabet Soup (LF)	5.99 ea
Spicy Hummus (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Greek Crunchy Chickpea Salad	10.99 lb
Old Fashioned Coleslaw	7.99 lb
ENTREES & SIDE DISHES	
Turkey Milanese	15.99 lb
ww Chicken Meatballs Marinara (LF)	10.99 lb
Pepperoni Pizza Stuffed Shells	10.99 lb
Triple Mac & Cheese	7.99 lb
Mini Turkey Cheddar Cheeseburgers	3.99 ea
Spinach Feta Pie	3.99 ea
Falafel	.99 ea
PASTRIES	
Mini Triple Berry Pie	7.99 ea
3" Oreo Cake	7.99 ea
Mini Caramel Chocolate Chip Cookie Cake	5.99 ea
Coconut Cloud Pudding	3.99 ea

5 CONVENIENT WAYS TO GET ALL
OF YOUR FOODSTUFFS FAVORITES:
IN-STORE SHOPPING, CURBSIDE PICK-UP,
ORDER ONLINE, SHOP ONLINE AND
DIRECT DELIVERY

FOODSTUFFS GOURMET MADE ANY DAY!
STOP BY OUR FREEZER TODAY AND STOCK UP ON
YOUR FAVORITE SOUPS, ENTREES AND APPETIZERS

HOT SOUPS ARE BACK!

TEMPORARY STORE HOURS

GLENCOE 338 Park Avenue Glencoe, IL 60022
(847) 835-5105

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

EVANSTON 2106 Central Street Evanston, IL 60201
(847) 328-7704

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

GLENVIEW 1456 Waukegan Road Glenview, IL 60025
(847) 832-9999

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

LAKE FOREST 255 E. Westminster Lake Forest, IL 60045
(847) 234-6600

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed