

WEEK OF  
JANUARY 18 - 23

# Foodstuffs

GOURMET FOODS & CATERING

WEEK OF  
JANUARY 18 - 23

\* Menu Items Subject to Change

MONDAY		
January 18		
SOUPS & DIPS		
ww Chicken Noodle Soup (LF)   Butternut Squash Soup (GF)	5.99	ea
ww Roasted Tomato Soup (GF)   ww Mexican Chicken Soup (LF)	5.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Reduced Fat Tuna Salad (LC)	13.99	lb
Terry's Chicken Salad (LC)	13.99	lb
Veggie Crunch Salad	10.99	lb
ENTREES & SIDE DISHES		
ww Grilled Balsamic Apricot Chicken Breast	14.99	lb
ww Keto Casserole w/ Beef & Broccoli (LC)	12.99	lb
ww Reduced Fat Turkey Tetrazzini	10.99	lb
Butternut Squash Ravioli Primavera	10.99	lb
ww Vegetable Cauliflower Rice Stir Fry (LF)	10.99	lb
ww Chicken Burgers (LC) (LF)	11.99	lb
Mini Cheeseburgers	2.99	ea
ww Roasted Cauliflower, Green Beans & Mushrooms	10.99	lb
Mashed Potatoes & Butternut Squash	8.99	lb
PASTRIES		
3" Lemon Meringue Cake	7.99	ea
Chocolate Chip Bread Pudding	6.99	lb
Mini Rustic Raspberry Tart	4.99	ea
Apple Cinnamon Cake Squares w/ Cinnamon Cream Cheese Frosting	3.99	ea
Cannoli	3.99	ea
Old Fashioned Iced Oatmeal Cookies	16.99	lb
Brownies	16.99	lb
Caramel Brownies	16.99	lb
Black & White Squares	16.99	lb
Lemon Bars	16.99	lb

WEDNESDAY		
January 20		
SOUPS & DIPS		
ww Lobster Corn Chowder	7.99	ea
ww Black Bean & Kale Tortilla Soup	5.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Turkey Cranberry Salad	13.99	lb
ww Beet & Mango Salad (LF)	10.99	lb
ENTREES & SIDE DISHES		
BBQ Roasted Chicken Halves (NEW)	5.99	ea
Rosemary & Thyme London Broil (NEW)	22.99	lb
Kale & Artichoke Stuffed Shells (NEW)	10.99	lb
ww Enrique's Veggie Burgers w/ Red Pepper Hummus (LF)	10.99	lb
Southern Fried Chicken Sliders	3.99	ea
ww Roasted Wild Mushrooms	12.99	lb
Mashed Potatoes & Gravy	7.99	lb
PASTRIES		
10" Heavenly Chocolate Cake	7.99	lb
3" Confetti Cake	7.99	ea
Mini Milky Way Pound Cake	5.99	ea
Mini Mini Fresh Fruit Tarts (NEW)	2.99	ea
Mama K's Carrot Cake Squares	3.99	ea
Valrhona Chocolate Pudding	3.99	ea
Clemente's Rice Pudding	3.99	ea
Adult Oreo Cookies	16.99	lb

**JOIN FOODSTUFFS SANDWICH CLUB!**  
PURCHASE 12 SANDWICHES AND GET YOUR NEXT  
GOURMET SANDWICH FREE!

TUESDAY		
January 19		
SOUPS & DIPS		
Minnesota Wild Rice Soup	5.99	ea
ww Ten Vegetable Soup (LF) (GF)	5.99	ea
ww Hummus (GF)	5.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Vegan Cous Cous with Butternut Squash	9.99	lb
ENTREES & SIDE DISHES		
Chicken Milanese	14.99	lb
Moroccan Chicken Curry Quinoa Casserole	10.99	lb
Grilled Shrimp Quesadillas	4.99	ea
Asparagus & Cheese Risotto	10.99	lb
Risa's Turkey Burgers (LC)	11.99	lb
Mushroom & Spinach Pupusas	3.99	ea
Mini Cauliflower Burger Sliders	3.99	ea
ww Alissa's Brussels Sprouts	10.99	lb
Jumbo Stuffed Baked Sweet Potatoes	5.99	ea
PASTRIES		
Mini Peach Blackberry Lattice Pie	7.99	ea
Caramel Fudge Brownie Trifle	7.99	ea
Mini Mini Snowballs	1.99	ea
Banana Tea Bread	7.99	ea
Zucchini Tea Bread	7.99	ea
Foodstuffs Pound Cake	16.99	ea
No Bake Monster Peanut Granola Bar Bites	17.99	lb
Fruit Thumbprints	16.99	lb
Monster Bars	16.99	lb

THURSDAY		
January 21		
SOUPS & DIPS		
Chicken Florentine Soup	5.99	ea
Cream of Broccoli Soup	5.99	ea
Artichoke & Spinach Dip (LC) (GF)	6.99	ea
ww Carolina Crab Dip	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Reduced Fat Tuna Salad (LC)	13.99	lb
Terry's Chicken Salad	13.99	lb
Vegan Spicy Tofu	13.99	lb
ENTREES & SIDE DISHES		
ww Shrimp Stir Fried Cauliflower Rice (LF)	16.99	lb
Sweet & Sour Cashew Chicken	12.99	lb
Vegan Edamame Pot Stickers	10.99	lb
Rajma Masala	10.99	lb
Tadka Dal	10.99	lb
Steamed Sesame Soy Broccoli	9.99	lb
Mini Lobster Rolls	7.49	ea
Mini Cheeseburgers	2.99	ea
Samosas	1.99	ea
PASTRIES		
Mini Key Lime Pie	7.99	ea
Mini Cookie Dough Cheesecake	7.99	ea
French Cherry Streusel Slice	3.99	ea
Mini Chocolate Chip S'mores Cookies	16.99	lb
Gluten Free Brownies	16.99	lb
Karen Malkin's Raw Cranberry Oat Bars	17.99	lb

**LIKE US ON FACEBOOK**

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FRIDAY	
January 22	
SOUPS & DIPS	
Chipotle Turkey Chili (GF)	6.99 ea
Cream of Wild Mushroom Soup	5.99 ea
ww Kalamata Artichoke Dip (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
ww Vegetarian Gyro Salad (LF)	10.99 lb
Spinach Walnut Pesto Pasta	10.99 lb
Roxi's Egg Salad (LC)	8.99 lb
ENTREES & SIDE DISHES	
ww Grilled Balsamic Apricot Chicken Breast	14.99 lb
Lobster Mac & Cheese	12.99 lb
Keto Fried Chicken	9.99 lb
Risa's Turkey Burgers (LC)	11.99 lb
Mini Tenderloin Sandwiches	4.99 ea
Mini Philly Cheese Chicken Sandwiches	3.99 ea
ww Grilled Vegetable Trio	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
6" Banana Chocolate Chip Fudge Torte	23.99 ea
6" Cinnamon Crunch Cake	16.99 ea
Mini Tuxedo Tart	5.99 ea
Petit Butterscotch Meringue Pie	2.99 ea
Sour Cream Cinnamon Cake Bites	16.99 lb
Valentine's Buttercream Cookies	16.99 lb
Mini Mini Chocolate Chip Cookies	13.99 pk
Puppy Chow	14.99 lb
<b>FOLLOW US ON INSTAGRAM</b> <b>@FOODSTUFFS_GOURMET</b>	

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	2.49 ea
MONDAY	
Chocolate Chip Scones	1.99 ea
TUESDAY	
Apricot Scones	1.99 ea
WEDNESDAY	
Butterscotch Scones	1.99 ea
THURSDAY	
Chocolate Chip Scones	1.99 ea
FRIDAY	
Apricot Scones	1.99 ea
Oatmeal Raisin Cookies	2.49 ea
SATURDAY	
Butterscotch Scones	1.99 ea
Oatmeal Raisin Cookies	2.49 ea
VISIT <a href="http://FOODSTUFFS.COM">FOODSTUFFS.COM</a> FOR UP-TO-DATE INFORMATION ON ALL FOUR RETAIL STORE LOCATIONS, OUR SHOP & SHIP E-COMMERCE GIFTS & SPECIALS, DIRECT DELIVERY, AND EVENTS & CATERING DIVISION.	

SATURDAY	
January 23	
SOUPS & DIPS	
ww Chicken Minestrone Soup (LF)	5.99 ea
ww White Bean & Escarole Soup (LF) (GF)	5.99 ea
Spicy Hummus (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
ww Mediterranean Salad	10.99 lb
ww Dijon Potato Salad (LF)	7.99 lb
ENTREES & SIDE DISHES	
Chicken Milanese	14.99 lb
Mini Beef & Cheddar Burritos	8.99 ea
ww Rigatoni Puttanesca with Vegetarian Meatballs	10.99 lb
ww Enchilada Stuffed Grilled Portobellos	10.99 lb
Greek Chicken Burger Sliders	3.99 ea
Vegan Lentil Pie	3.99 ea
Falafel	.99 ea
PASTRIES	
Mini Farmer's Market Pie	7.99 ea
Chocolate Cookie Crunch Pudding	5.99 ea
Chocolate Pop Tarts	3.99 ea
Mini Mini Ho Hos	17.99 lb

**SUPER BOWL MENUS ARE IN  
STORES AND ONLINE NOW!**

**5 CONVENIENT WAYS TO GET ALL  
OF YOUR FOODSTUFFS FAVORITES:  
IN-STORE SHOPPING, CURBSIDE PICK-UP,  
ORDER ONLINE, SHOP ONLINE AND  
DIRECT DELIVERY**

**HOT SOUPS ARE BACK!**

TEMPORARY STORE HOURS	
<b>GLENCOE</b> 338 Park Avenue Glencoe, IL 60022 (847) 835-5105 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	
<b>EVANSTON</b> 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	
<b>GLENVIEW</b> 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	
<b>LAKE FOREST</b> 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	