

WEEK OF
NOVEMBER 23 - 28

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
NOVEMBER 23 - 28

* Menu Items Subject to Change

| MONDAY | |
|--|----------|
| November 23 | |
| SOUPS & DIPS | |
| ww Chicken Noodle Soup (LF) Butternut Squash Soup (GF) | 5.99 ea |
| Minnesota Wild Rice Soup ww Ten Vegetable Soup (LF) (GF) | 5.99 ea |
| Smoked Salmon Spread (GF) | 7.99 ea |
| Roasted Red Pepper Dip (LC) (GF) | 6.99 ea |
| SALADS | |
| Courtney's Tuna Salad (LC) | 13.99 lb |
| Reduced Fat Tuna Salad (LC) | 13.99 lb |
| Terry's Chicken Salad (LC) | 13.99 lb |
| Apple, Pistachio & Brussels Sprouts Salad | 10.99 lb |
| ENTREES & SIDE DISHES | |
| Grilled BBQ Chicken Breast | 14.99 lb |
| ww Shrimp Stir Fried Cauliflower Rice (LF) | 16.99 lb |
| Broccoli Cheddar Crepes | 10.99 lb |
| ww Vegan Rigatoni Bolognese (LF) | 10.99 lb |
| Herb Roasted Chicken Halves (LC) | 5.99 ea |
| ww Chicken Burgers (LC) (LF) | 11.99 lb |
| Mini Cheeseburgers | 2.99 ea |
| ww Roasted Cauliflower, Green Beans & Mushrooms | 10.99 lb |
| ww Broccoli with Roasted Garlic (LF) | 9.99 lb |
| Mashed Potatoes & Butternut Squash | 8.99 lb |
| PASTRIES | |
| 6" Chocolate Autumn Torte | 23.99 ea |
| 6" Apple Caramel Peasant Tart | 18.99 ea |
| Cinnamon Sugar Bundt Cake | 17.99 ea |
| 3" Key Lime Cake | 7.99 ea |
| Banana Butterscotch Cake Squares w/ Cream Cheese Frosting | 3.99 ea |
| Lucy's Pumpkin Cookies | 16.99 lb |
| Brownies Caramel Brownies | 16.99 lb |
| Black & White Squares Lemon Bars | 16.99 lb |

| WEDNESDAY | |
|--|--------------------------|
| November 25 | |
| <i>Thanksgiving Menu</i> | |
| APPETIZERS | |
| Artichoke & Spinach Dip (LC) (GF) | 6.99 ea |
| ww Portobello Mushroom Dip (LC) | 6.99 ea |
| ww Carolina Crab Dip | 6.99 ea |
| Butternut Squash Soup (GF) | 5.99 ea |
| Traditional Cranberry Relish (GF) | 9.99 ea |
| SIDE DISHES & VEGETABLES | |
| Courtney's Tuna Salad (LC) | 13.99 lb |
| Old Fashioned Bread Stuffing | 8.99 lb |
| Cornbread Stuffing | 9.99 lb |
| Traditional Mashed Potatoes w/Homemade Gravy | 7.99 lb |
| Mashed Potatoes & Butternut Squash | 8.99 lb |
| Brook's Sweet Onion Tart | 18.99 ea |
| Spinach Soufflé | 10.99 lb |
| ww Grilled Vegetable Medley | 10.99 lb |
| Fall Roasted Vegetables | 10.99 lb |
| ww Turkey Stock (LC) (GF) | 4.99 ea |
| Traditional Turkey Gravy | 6.99 ea |
| Potato Gravy | 3.99 ea |
| ENTREES | |
| Herb Roasted Turkey Breast (LC) | 15.99 lb |
| Honey Glazed Spiral-Sliced Ham (LC) | 14.99 lb |
| Mini Cheeseburgers | 2.99 ea |
| PASTRIES | |
| Pumpkin Pie | 16.99 whole 8.49 half |
| Laura's Pecan Pie | 21.99 whole 10.99 half |

| TUESDAY | |
|---|----------|
| November 24 | |
| SOUPS & DIPS | |
| Triple Mushroom Bisque | 5.99 ea |
| ww Curried Chicken & Rice Soup (LF) | 5.99 ea |
| ww Hummus (GF) | 5.99 ea |
| SALADS | |
| Courtney's Tuna Salad (LC) | 13.99 lb |
| Greek Island Salad | 10.99 lb |
| ENTREES & SIDE DISHES | |
| Chicken Milanese | 14.99 lb |
| ww Shrimp Pad Thai (LF) | 19.99 lb |
| Beef Stew | 9.99 lb |
| Portobello Mushroom Florentine (LC) | 10.99 lb |
| ww Low Fat Creamed Spinach (LF) | 10.99 lb |
| Risa's Turkey Burgers (LC) | 11.99 lb |
| Southern Fried Chicken Sliders | 3.99 ea |
| ww Roasted Butternut Squash & Shallots | 10.99 lb |
| ww Roasted Fingerling Potatoes | 9.99 lb |
| PASTRIES | |
| Mini French Silk Pie | 7.99 ea |
| Mini Pumpkin Cheesecake | 7.99 ea |
| Tea Breads (Cranberry Orange, Pumpkin Cream Cheese, Zucchini) | 7.99 ea |
| Foodstuffs Pound Cake | 16.99 ea |
| Confetti Butter Cookies | 16.99 lb |
| Monster Bars | 16.99 lb |
| No Bake Monster Peanut Granola Bar Bites | 17.99 lb |
| Almond Crescents | 16.99 lb |
| Mexican Wedding Cookies | 16.99 lb |

| WEDNESDAY | |
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| November 25 | |
| <i>Thanksgiving Menu</i> | |
| PASTRIES CONTINUED... | |
| Mom's Apple Pie | 19.99 ea |
| 6" Banana Chocolate Chip Cinnamon Cake | 16.99 ea |
| Zucchini Tea Bread | 7.99 ea |
| Cranberry Orange Tea Bread | 7.99 ea |
| Pumpkin Cream Cheese Tea Bread | 7.99 ea |
| Thanksgiving Shortbread Cookies | 16.99 lb |
| Non-dairy Whipped Topping | 2.99 ea |

| THURSDAY | |
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| November 26 | |
| FOODSTUFFS WILL BE CLOSED FOR THANKSGIVING. | |
| OUR VERY BEST TO ALL OF YOUR FRIENDS AND FAMILY. HAVE A VERY HAPPY & HEALTHY HOLIDAY! | |

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| FRIDAY November 27 | |
|--|----------|
| SOUPS & DIPS | |
| ww Shrimp & Chicken Jambalaya Soup | 6.99 ea |
| Five Alarm Chili | 6.99 ea |
| ww Roasted Tomato & Goat Cheese Spread (LC) (GF) | 7.99 ea |
| ww Fig & Goat Cheese Spread (GF) | 7.99 ea |
| Roasted Red Pepper Dip (LC) (GF) | 6.99 ea |
| SALADS | |
| Courtney's Tuna Salad (LC) | 13.99 lb |
| Reduced Fat Tuna Salad (LC) | 13.99 lb |
| Terry's Chicken Salad (LC) | 13.99 lb |
| Vegan Spicy Tofu | 13.99 lb |
| Italian White Bean Salad | 9.99 lb |
| ww Greek Picnic Salad | 9.99 lb |
| Roxi's Egg Salad (LC) | 8.99 lb |
| ENTREES & SIDE DISHES | |
| Grilled BBQ Chicken Breast | 14.99 lb |
| ww Asparagus & Cheese Risotto | 10.99 lb |
| Risa's Turkey Burgers (LC) | 11.99 lb |
| Skinless Fried Chicken | 9.99 lb |
| Mini Lobster Rolls | 7.49 ea |
| Mini Tenderloin Sandwiches | 4.99 ea |
| ww Broccoli & Cauliflower Sauté | 10.99 lb |
| Mashed Potatoes & Butternut Squash | 8.99 lb |
| Samosas | 1.99 ea |
| PASTRIES | |
| 6" Valrhona Chocolate Pudding Torte | 23.99 ea |
| Mini Chocolate Chip Cheesecake | 7.99 ea |
| Mini Vanilla Bean Pound Cake | 5.99 ea |
| Mini Peach Custard Tart | 5.99 ea |
| Chocolate Dipped Heavenly Cake Bites | 16.99 lb |
| Inside Out Carrot Cake Cookies | 16.99 lb |
| Foodstuffs Buttercream Cookies | 16.99 lb |
| Mini Mini Chocolate Chip Cookies | 13.99 pk |
| Puppy Chow | 14.99 lb |

| FOODSTUFFS FAMOUS COOKIES & SCONES | |
|--|---------|
| MONDAY - SATURDAY | |
| Chocolate Chip Cookies | 2.49 ea |
| Oatmeal Raisin Cookies | 2.49 ea |
| MONDAY | |
| Chocolate Chip Scones | 1.99 ea |
| TUESDAY | |
| Apricot Scones | 1.99 ea |
| WEDNESDAY | |
| Butterscotch Scones | 1.99 ea |
| THURSDAY | |
| Chocolate Chip Scones | 1.99 ea |
| FRIDAY | |
| Apricot Scones | 1.99 ea |
| SATURDAY | |
| Butterscotch Scones | 1.99 ea |
| VISIT FOODSTUFFS.COM FOR UP-TO-DATE INFORMATION ON ALL FOUR RETAIL STORE LOCATIONS, OUR SHOP & SHIP E-COMMERCE GIFTS & SPECIALS, DIRECT DELIVERY, AND EVENTS & CATERING DIVISION. | |

| SATURDAY November 28 | |
|--|----------|
| SOUPS & DIPS | |
| Quinoa & Roasted Tomato Soup (LF) (GF) | 5.99 ea |
| ww Italian Wedding Soup | 5.99 ea |
| Artichoke & Spinach Dip (LC) (GF) | 6.99 ea |
| Spicy Hummus (GF) | 6.99 ea |
| SALADS | |
| Courtney's Tuna Salad (LC) | 13.99 lb |
| ww Mediterranean Salad | 10.99 lb |
| Vegan Cous Cous with Butternut Squash | 9.99 lb |
| ENTREES & SIDE DISHES | |
| Chicken Milanese | 14.99 lb |
| Mini BBQ Chicken Quesadillas | 10.99 lb |
| Sweet & Sour Meatballs | 10.99 lb |
| ww Enrique's Veggie Burges w/ Red Pepper Hummus (LF) | 10.99 lb |
| Mini Turkey Cheddar Cheeseburgers | 3.99 ea |
| Mini Reuben Sandwiches | 3.49 ea |
| Vegan Lentil Pie | 3.99 ea |
| Falafel | .99 ea |
| PASTRIES | |
| Mini Triple Berry Pie | 7.99 ea |
| Mini Chocolate Glazed Golden Cake | 5.99 ea |
| Banana Cake Pudding | 3.99 ea |
| Mini Old Fashioned Éclair | 2.99 ea |

**HANUKKAH & CHRISTMAS MENUS
ARE IN STORES AND ONLINE NOW!**

**OUR GIFT CARD PROMOTION HAS RETURNED!
NOVEMBER 30 - DECEMBER 6, PURCHASE \$50
IN FOODSTUFFS GIFT CARDS AND RECEIVE
A \$10 GIFT CARD FREE!**

TEMPORARY STORE HOURS

GLENCOE 338 Park Avenue Glencoe, IL 60022
(847) 835-5105

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

EVANSTON 2106 Central Street Evanston, IL 60201
(847) 328-7704

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

GLENVIEW 1456 Waukegan Road Glenview, IL 60025
(847) 832-9999

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

LAKE FOREST 255 E. Westminster Lake Forest, IL 60045
(847) 234-6600

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed