

WEEK OF
OCTOBER 12 - 18

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
OCTOBER 12 - 18

* Menu Items Subject to Change

MONDAY		
October 12		
SOUPS & DIPS		
ww Chicken Noodle Soup (LF) ww Ten Vegetable Soup (LF) (GF)	5.99	ea
ww Chicken Ramen Soup ww Low Fat Split Pea Soup (LF) (GF)	5.99	ea
Roasted Red Pepper Dip (LC) (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Reduced Fat Tuna Salad (LC)	13.99	lb
Terry's Chicken Salad (LC)	13.99	lb
ww Beet Poke (LF)	10.99	lb
ENTREES & SIDE DISHES		
ww Grilled Balsamic Apricot Chicken Breast	14.99	lb
ww Keto Moroccan Lamb Tagine (LC)	16.99	lb
ww Spaghetti with Turkey Meatballs	10.99	lb
ww Chicken & Fried Cauliflower Rice (LC) (LF)	12.99	lb
Goat Cheese & Three Greens Lasagna	10.99	lb
ww Chicken Burgers (LC) (LF)	11.99	lb
Mini Cheeseburgers	2.99	ea
ww Broccoli with Roasted Tomatoes	10.99	lb
ww Baby Vegetable Medley (LC) (LF)	10.99	lb
Mashed Potatoes & Butternut Squash	8.99	lb
PASTRIES		
6" Vanilla Frosted Chocolate Fudge Torte	23.99	ea
Mini Rustic Apricot Tart	4.99	ea
Cinnamon Swirl Cake Squares w/ Cinnamon Cream Cheese Frosting	3.99	ea
Mini Pumpkin Éclair	2.99	ea
Turtle Thumbprints	16.99	lb
Brownies Caramel Brownies	16.99	lb
Black & White Squares Lemon Bars	16.99	lb

WEDNESDAY		
October 14		
SOUPS & DIPS		
New England Clam Chowder with Bacon	6.99	ea
ww Roasted Tomato & Goat Cheese Spread (LC) (GF)	7.99	ea
ww Fig & Goat Cheese Spread (GF)	7.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Turkey Cranberry Salad	13.99	lb
ww Gemelli Pasta & English Peas	9.99	lb
ww Cauliflower Rice Superfood Salad	10.99	lb
ENTREES & SIDE DISHES		
Auntie M's Onion Chicken Breast	14.99	lb
ww Shrimp Etouffee	19.99	lb
Beef Stew	9.99	lb
Portobello Mushroom Florentine	10.99	lb
Mini Turkey Burger Sliders	3.99	ea
ww Balsamic Roasted Eggplant	10.99	lb
ww Sesame Sugar Snap Peas (LC) (LF)	10.99	lb
Mashed Potatoes & Gravy	7.99	lb
PASTRIES		
10" Heavenly Chocolate Cake	7.99	lb
Mini Raspberry Chocolate Chip Pound Cake	5.99	ea
French Strawberry Rhubarb Streusel Slice	3.99	ea
Chocolate Halloween Twinkies	2.99	ea
Mama K's Carrot Cake Squares	3.99	ea
Jack O' Lantern Cookies	3.99	ea
Emoji Mask Cookies	4.99	ea
Valrhona Chocolate Clemente's Rice Pudding	3.99	ea
Door County Cherry White Choc. Chunk Cookies	16.99	lb
Pumpkin Swirl Cream Cheese Bars	16.99	lb

TUESDAY		
October 13		
SOUPS & DIPS		
ww Pina's Chicken & Pasta Soup	5.99	ea
ww Hummus (GF)	5.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Vegan Spicy Eggplant Tofu	13.99	lb
ww Jennifer's Greek Salad	10.99	lb
ENTREES & SIDE DISHES		
Chicken Milanese	14.99	lb
ww Chicken Fajitas (LF)	3.99	ea
Mini Steak Burritos	8.99	ea
ww Quinoa Enchilada Casserole	10.99	lb
Wild Mushroom Tetrazzini	10.99	lb
Risa's Turkey Burgers (LC)	11.99	lb
Southern Fried Chicken Sliders	3.99	ea
ww Roasted Brussels Sprouts with Butternut Squash	10.99	lb
Grilled Baby Potatoes with Dijon & Thyme (NEW)	9.99	lb
PASTRIES		
Mini Raspberry Peach Rhubarb Pie	7.99	ea
Cherry Brioche Bread Pudding	6.99	lb
Birthday Whoopie Pie	3.99	ea
Tea Breads (Banana, Pumpkin Cream Cheese, Zucchini)	7.99	ea
Foodstuffs Pound Cake	16.99	ea
Monster Bars	16.99	lb
No Bake Monster Peanut Granola Bar Bites	17.99	lb
Almond Crescents	16.99	lb
Mexican Wedding Cookies	16.99	lb

THURSDAY		
October 15		
SOUPS & DIPS		
ww Chicken Matzo Ball Soup	6.99	ea
ww Minestrone Soup (LF) (GF)	5.99	ea
Artichoke & Spinach Dip (LC) (GF)	6.99	ea
ww Carolina Crab Dip	6.99	ea
SALADS		
Courtney's Tuna Salad (LC)	13.99	lb
Reduced Fat Tuna Salad (LC)	13.99	lb
Terry's Chicken Salad	13.99	lb
Vegan Spicy Tofu	13.99	lb
ENTREES & SIDE DISHES		
Thai Rice Noodles with Shrimp	19.99	lb
Sweet & Sour Cashew Chicken	12.99	lb
Vegan Edamame Pot Stickers (NEW)	10.99	lb
Rajma Masala	10.99	lb
Tadka Dal	10.99	lb
ww Broccoli & Cauliflower Sauté	10.99	lb
Mini Lobster Rolls	7.49	ea
Mini Cheeseburgers	2.99	ea
Samosas	2.49	ea
PASTRIES		
6" Triple Berry Peasant Tart	18.99	ea
3" German Chocolate Cake	7.99	ea
Mini Salted Caramel Brownie Cheesecake	7.99	ea
Mini Lemon Meringue Tart	5.99	ea
Taffy Apples with Nuts	4.99	ea
Taffy Apples	3.99	ea
Halloween Confetti Cookies	16.99	lb
Gluten Free Brownies	16.99	lb
Karen Malkin's Raw Cranberry Oat Bars	17.99	lb

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FRIDAY October 16	
SOUPS & DIPS	
Chipotle Turkey Chili (GF)	6.99 ea
Tomato Bisque	5.99 ea
Sun Dried Tomato Feta Dip (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Apple, Pistachio & Brussels Sprouts Salad	10.99 lb
ww Orecchiette Arugula Pesto Pasta	10.99 lb
ww Parmesan Potato Salad (LF)	7.99 lb
ENTREES & SIDE DISHES	
ww Grilled Balsamic Apricot Chicken Breast	14.99 lb
ww Roasted Mushroom & Goat Cheese Risotto	10.99 lb
Risa's Turkey Burgers (LC)	11.99 lb
Skinless Fried Chicken	9.99 lb
Mini Tenderloin Sandwiches	4.99 ea
ww Grilled Vegetable Medley	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
6" Chocolate Motherlode Torte	24.99 ea
Sour Cream Cinnamon Coffeecake	14.99 ea
Halloween Cookie Pizza	8.99 ea
Raspberry Paris Brest	5.99 ea
Mini Red Velvet Cake Bites	16.99 lb
Old Fashioned Iced Oatmeal Cookies	16.99 lb
Foodstuffs Buttercream Cookies	16.99 lb
Mini Mini Chocolate Chip Cookies	13.99 pk
Puppy Chow	14.99 lb
IF YOU LIKE FOODSTUFFS - YOU'LL LOVE US ON INSTAGRAM!	

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	2.49 ea
MONDAY	
Chocolate Chip Scones	1.99 ea
TUESDAY	
Apricot Scones	1.99 ea
WEDNESDAY	
Butterscotch Scones	1.99 ea
THURSDAY	
Chocolate Chip Scones	1.99 ea
FRIDAY	
Oatmeal Raisin Cookies	2.49 ea
Apricot Scones	1.99 ea
SATURDAY	
Oatmeal Raisin Cookies	2.49 ea
Butterscotch Scones	1.99 ea
THREE CONVENIENT WAYS TO GET ALL OF YOUR FOODSTUFFS FAVORITES: IN-STORE SHOPPING, FREE DELIVERY AND CURBSIDE PICK-UP	

SATURDAY October 17	
DIPS	
Spicy Hummus (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
ww Grilled Corn Salad (LF)	10.99 lb
ww Ginger Asian Slaw	8.99 lb
ENTREES & SIDE DISHES	
Chicken Milanese	14.99 lb
BBQ Chicken Halves	5.99 ea
Butternut Squash Pupas	3.99 ea
Mini Lobster Mac & Cheese Croquettes	16.99 lb
Mini Philly Cheese Steak Sandwiches	3.99 ea
Mini Buffalo Chicken Sliders	3.49 ea
Vegan Lentil Pie	3.99 ea
Falafel	.99 ea
PASTRIES	
Mini Caramel Apple Pie	7.99 ea
Mini Chocolate Toffee Bundt Cake (NEW)	4.99 ea
Glazed Pumpkin Pie	3.99 ea
Butterscotch Pudding	3.99 ea

SUSHI IS BACK IN GLENCOE	
California Rolls	5.99 ea
Tuna Avocado Rolls	5.99 ea
Rainbow Rolls	8.99 ea
Spicy Tuna Bowl	8.99 ea
Spicy Salmon Bowl	8.99 ea

HOT SOUPS ARE BACK!

TEMPORARY STORE HOURS	
GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105	
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	
EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704	
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	
GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999	
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	
LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600	
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	