

# Foodstuffs

GOURMET FOODS & CATERING

<b>MONDAY</b>	
September 14	
<b>SOUPS &amp; DIPS</b>	
ww	Chicken Noodle Soup (LF)   Butternut Squash Soup (GF)
ww	Chicken & Tortellini Soup (LF)   ww Country Vegetable Soup (LF)
	Smoked Salmon Spread (GF)
	Roasted Red Pepper Dip (LC) (GF)
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad (LC)
	Greek Crunchy Chickpea Salad
<b>ENTREES &amp; SIDE DISHES</b>	
	Grilled Balsamic Chicken Breast
ww	Chicken & Fried Cauliflower Rice (LC) (LF)
	Mom's Pot Roast
	Broccoli Cheddar Crepes
	Nan's Eggplant Squash Bake
ww	Chicken Burgers (LC) (LF)
	Mini Cheeseburgers
ww	Baby Vegetable Medley (LC) (LF)
ww	Broccoli & Cauliflower Sauté
	Mashed Potatoes & Butternut Squash
<b>PASTRIES</b>	
	6" Marble Torte with Cream Cheese Frosting
	Mini Farmer's Market Rustic Tart
	Old Fashioned Éclair
	Apple Cinnamon Cake Squares w/ Cinnamon Cream Cheese Frosting (NEW)
	Karen Plowden's Ginger Snap Sandwich Cookies
	Brownies   Caramel Brownies
	Black & White Squares   Lemon Bars

<b>WEDNESDAY</b>	
September 16	
<b>SOUPS &amp; DIPS</b>	
	Split Pea & Ham Soup (GF)
ww	Roasted Tomato & Goat Cheese Spread (LC) (GF)
ww	Fig & Goat Cheese Spread (GF)
	Smoked Whitefish Spread (GF)
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
	Reduced Fat Curried Chicken Salad
ww	Linguine Tapenade Pasta
ww	Raw Kale & Brussels Sprouts Salad
<b>ENTREES &amp; SIDE DISHES</b>	
	No Carb Parmesan Chicken Breast (LC)
ww	Keto Moroccan Lamb Tagine (LC)
	Risotto Croquettes with Marinara Sauce
	Portobello Mushroom Florentine (LC)
	Chicken Parmesan Sliders
ww	Everything Bagel Sugar Snap Peas (LC) (LF)
ww	Fall Roasted Vegetables (LF)
	Mashed Potatoes & Gravy
<b>PASTRIES</b>	
	3" Heavenly Chocolate Cake
	Mini Chocolate Chip Pound Cake
	Jumbo Banana Cupcake w/ Nutella Frosting
	French Pear Slice
	Mama K's Carrot Cake Squares
	Smiley Face Cookies   Emoji Mask Cookies
	Valrhona Chocolate   Clemente's Rice Pudding
	Fruit Thumbprints   Oatmeal Caramelitas

<b>TUESDAY</b>	
September 15	
<b>SOUPS &amp; DIPS</b>	
	Manhattan Clam Chowder
ww	Hummus (GF)
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
	Vegan Spicy Eggplant Tofu
	Mexican Street Corn Salad
<b>ENTREES &amp; SIDE DISHES</b>	
	Chicken Milanese
	Mini Steak Burritos
	Grilled Shrimp Quesadillas
ww	Turkey Fajitas
	Cheese Tortellini with Oven Roasted Tomatoes & Nut Free Pesto
	Risa's Turkey Burgers (LC)
	Southern Fried Chicken Sliders
ww	Roasted Dijon Brussels Sprouts (LC)
ww	Roasted Rosemary Baby Potatoes (LF)
<b>PASTRIES</b>	
	Mini Blueberry Lattice Pie
	Lemon Yogurt Trifle
	Mini Goopy Butter Cake
	Tea Breads (Banana, Lemon Blueberry, Zucchini)
	Foodstuffs Pound Cake
	Monster Bars
	No Bake Monster Peanut Granola Bites
	Almond Crescents
	Mexican Wedding Cookies

<b>THURSDAY</b>	
September 17	
<b>SOUPS &amp; DIPS</b>	
ww	Chicken Curry Noodle Soup
ww	Roasted Tomato Soup (GF)
	Artichoke & Spinach Dip (LC) (GF)
ww	Carolina Crab Dip
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad
	Vegan Spicy Tofu
ww	Jennifer's Greek Salad
<b>ENTREES &amp; SIDE DISHES</b>	
	BBQ Chicken Halves
	Ric's Tenderloin (LC)
ww	Vegetarian Eggplant Meatballs (LF)
	Rajma Masala
	Tadka Dal
	Mini Lobster Rolls
	Mini Cheeseburgers
	Samosas
<b>PASTRIES</b>	
	Lemon Meringue Pie
	Apple Caramel Streusel Pie
	Chocolate Glazed Angel Food Cake with Fresh Raspberries
	Taffy Apples with Nuts
	Taffy Apples
	Confetti Butter Cookies
	Gluten Free Brownies
	Karen Malkin's Raw Cranberry Oat Bars

# Foodstuffs

GOURMET FOODS & CATERING

## FRIDAY

*Rosh Hashanah Menu*

September 18

### TO BEGIN

Gefilte Fish  
ww Homemade Horseradish Sauce (LF) (LC) (GF)  
Matzo Balls  
ww Bubbie's Chicken Broth (LF) (LC)  
ww Chicken Matzo Ball Soup  
Chopped Chicken Liver (GF)  
Roasted Red Pepper Dip (LC) (GF)  
Traditional Herring (GF)  
ww Homemade Applesauce (LF) (GF)

### VEGETABLES

ww Grilled Vegetable Medley  
ww Reduced Fat Spinach Souffle (LC)

### SIDE DISHES

Mom's Noodle Kugel  
Old Fashioned Tzimmis  
Kishke  
Courtney's Tuna Salad (LC)  
Potato Pancakes  
Traditional Turkey Gravy  
Brisket Onion Gravy

### ENTREES

Traditional Brisket with Onion Gravy  
Marinated Sage & Garlic Turkey Breast (LC)  
Risa's Turkey Burgers (LC)

### PASTRIES

6" Glazed Flourless Chocolate Cake  
6" Dutch Apple Cheesecake  
6" Peasant Apple Tart  
Sour Cream Cinnamon Coffee Cake  
Banana Apple Caramel Bread  
Honey Cake  
Traditional Macaroons (plain or chocolate dipped)  
Mandel Brot  
Keith's Mandel Brot  
Taffy Apples with Nuts  
Taffy Apples  
Raspberry Sauce

### CHALLAH BREAD

Round Raisin Challah  
Round Challah  
Challah Rolls

## SUSHI IS BACK IN GLENCOE

California Rolls  
Tuna Avocado Rolls  
Rainbow Rolls  
Spicy Tuna Bowl  
Spicy Salmon Bowl

## SATURDAY

September 19

### DIPS

Spicy Hummus (GF)

### SALADS

Courtney's Tuna Salad (LC)  
Veggie Crunch Salad  
Cavatappi with Arugula Pesto  
Old Fashioned Coleslaw

### ENTREES & SIDE DISHES

Turkey Milanese  
Panko Encrusted Chicken Tenders  
ww Risotto with Wild Mushrooms  
Mini Tenderloin Sandwiches  
Vegan Lentil Pie  
Falafel

### PASTRIES

Mini French Silk Pie  
Mini Fresh Fruit Tart  
Cake Pops with Sprinkles

### CHALLAH BREAD

Round Raisin Challah  
Round Challah  
Challah Rolls

## HEWN ORGANIC BREADS NOW AVAILABLE AT FOODSTUFFS GLENCOE

Organic Whole Wheat Loaf  
Organic Country Loaf  
Organic Baguette  
Organic Ficelle

## TEMPORARY STORE HOURS

GLENCOE 338 Park Avenue Glencoe, IL 60022  
(847) 835-5105

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

EVANSTON 2106 Central Street Evanston, IL 60201  
(847) 328-7704

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

GLENVIEW 1456 Waukegan Road Glenview, IL 60025  
(847) 832-9999

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

LAKE FOREST 255 E. Westminster Lake Forest, IL 60045  
(847) 234-6600

Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

THANK YOU FOR YOUR CONTINUED SUPPORT -  
PLEASE BE WELL AND STAY SAFE!