

WEEK OF
SEPTEMBER 21 - 27

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
SEPTEMBER 21 - 27

* Menu Items Subject to Change

MONDAY	
September 21	
SOUPS & DIPS	
ww Chicken Noodle Soup (LF) Low Fat Split Pea Soup (LF) (GF)	5.99 ea
ww Chicken Orzo Soup (LF) ww Ten Vegetable Soup (LF) (GF)	5.99 ea
Smoked Salmon Spread (GF)	7.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Reduced Fat Tuna Salad (LC)	13.99 lb
Terry's Chicken Salad (LC)	13.99 lb
Cauliflower Currant Vinaigrette Salad	10.99 lb
ENTREES & SIDE DISHES	
ww Grilled Chicken Breast w/ Herbs de Provence (LC)	14.99 lb
Corned Beef with Horseradish Sauce (LC)	19.99 lb
ww Jumbo Turkey Meatballs Marinara	10.99 lb
Lasagna Cheese Roll Ups	10.99 lb
Vegetarian Spinach Meatloaf	10.99 ea
ww Chicken Burgers (LC) (LF)	11.99 ea
Mini Cheeseburgers	2.99 ea
ww Ken Santucci's Italian Eggplant (LF)	10.99 lb
ww Broccolini with Roasted Tomatoes	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
6" Vanilla Frosted Chocolate Fudge Torte	23.99 ea
Mini Rustic Apricot Raspberry Tart	4.99 ea
Cinnamon Swirl Cake Squares w/ Cinnamon Cream Cheese Frosting	3.99 ea
Mini Red Velvet Whoopie Pie	2.99 ea
Dark Chocolate Sables	16.99 lb
Brownies Caramel Brownies	16.99 lb
Black & White Squares Lemon Bars	16.99 lb

WEDNESDAY	
September 23	
SOUPS & DIPS	
Shrimp & Chicken Jambalaya Soup	6.99 ea
ww Roasted Tomato & Goat Cheese Spread (LC) (GF)	7.99 ea
ww Fig & Goat Cheese Spread (GF)	7.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
ww Vietnamese Chicken Salad (LC)	13.99 lb
Asparagus Salad w/ Radishes & Pecorino	10.99 lb
Red Lentil Pesto Penne	10.99 lb
ENTREES & SIDE DISHES	
Parmesan Chicken Scallopine	14.99 lb
ww Conor's Mom's Shepherd's Pie	10.99 lb
Mozzarella Sticks with Marinara Sauce	9.99 lb
Garden Vegetable Burgers	10.99 lb
BBQ Chicken Sliders	3.49 ea
ww Roasted Wild Mushrooms	12.99 lb
ww Parmesan Herb Cauliflower	10.99 lb
Mashed Potatoes & Gravy	7.99 lb
PASTRIES	
10" Smith Island Chocolate Cake	7.99 lb
Mini Chocolate Espresso Pound Cake	5.99 ea
Chocolate Pots de Crème	4.99 ea
French Cherry Streusel Slice	3.99 ea
Mama K's Carrot Cake Squares	3.99 ea
Smiley Face Cookies Emoji Mask Cookies	3.99 4.99 ea
Valrhona Chocolate Pudding Clemente's Rice Pudding	3.99 ea
Brown Sugar Shortbread	16.99 lb
Laura's Dream Blondies	16.99 lb

TUESDAY	
September 22	
SOUPS & DIPS	
ww Kale Noodle Soup (LF)	5.99 ea
ww Hummus (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
ww Grilled Corn & Arugula Salad	10.99 lb
ww Brussels Sprouts Caesar Salad	10.99 lb
ENTREES & SIDE DISHES	
Enchilada Casserole	10.99 lb
Cheesy Baked Butternut Squash	10.99 lb
Frank's Chicken & Rice Stew	10.99 lb
BBQ Chicken Quesadillas	3.99 ea
Mushroom & Spinach Pupusas	3.99 ea
Risa's Turkey Burgers (LC)	11.99 lb
Southern Fried Chicken Sliders	3.99 ea
ww Roasted Winter Vegetables	9.99 lb
ww Roasted Fingerling Potatoes	9.99 lb
PASTRIES	
Mini Southern Peach Lattice Pie	7.99 ea
3" Lemon Cloud Cake	7.99 ea
Chocolate Dipped Twinkies	2.99 ea
Tea Breads (Banana, Lemon Blueberry, Zucchini)	7.99 ea
Foodstuffs Pound Cake	16.99 ea
Monster Bars	16.99 lb
Almond Crescents	16.99 lb
Mexican Wedding Cookies	16.99 lb
Homemade Chocolate Dipped Granola Bars	17.99 lb
LIKE US ON FACEBOOK!	

THURSDAY	
September 24	
SOUPS & DIPS	
ww Mediterranean Chicken & Vegetable Soup (LF) (GF)	5.99 ea
ww Italian Wedding Soup	5.99 ea
Artichoke & Spinach Dip (LC) (GF)	6.99 ea
ww Carolina Crab Dip	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Reduced Fat Tuna Salad (LC)	13.99 lb
Terry's Chicken Salad	13.99 lb
Vegan Spicy Tofu	13.99 lb
ENTREES & SIDE DISHES	
ww Shrimp Stir Fried Cauliflower Rice (LF)	16.99 lb
Ginger Beef Stir Fry	12.99 lb
ww Mu Shu Chicken Patties (LC) (LF)	11.99 lb
Oriental Orange Chicken	12.99 lb
ww Baked Gnocchi with Spinach	10.99 lb
ww Broccoli Bok Choy Stir Fry (LF)	9.99 lb
Mini Lobster Rolls	7.49 ea
Mini Cheeseburgers	2.99 ea
Samosas	1.99 ea
PASTRIES	
Strawberry Rhubarb Pie	19.99 ea
3" Confetti Cake	7.99 ea
Mini Chocolate Covered Valrhona Pudding Cake	7.99 ea
Taffy Apples with Nuts Taffy Apples	4.99 ea 3.99 ea
Mini Chocolate Chip S'mores Cookies	16.99 lb
Gluten Free Brownies	16.99 lb
Karen Malkin's Raw Cranberry Oat Bars	17.99 lb

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FRIDAY September 25	
SOUPS & DIPS	
Barbara's Sirloin Chili	6.99 ea
ww Low Fat Vegetable Dip (LF) (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
ww Guacamole (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
Caprese Corn Salad	10.99 lb
Fettuccine with Spinach & Roasted Tomatoes	10.99 lb
ww Egg White Egg Salad (LC)	9.99 lb
ENTREES & SIDE DISHES	
ww Grilled Chicken Breast w/ Herbs de Provence (LC)	14.99 lb
ww Vegetarian Meatballs Marinara	10.99 lb
Risa's Turkey Burgers (LC)	11.99 lb
Skinless Fried Chicken	9.99 lb
Mini Tenderloin Sandwiches	4.99 ea
ww Low Fat Creamed Spinach (LF)	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
6" Chocolate Explosion Torte	23.99 ea
6" Mrs. Liberman's Cake	16.99 ea
Mini Turtle Cheesecake	7.99 ea
Fresh Mixed Berry Fruit Slice	4.99 ea
Birthday Cake Bites	16.99 lb
Lucy's Pumpkin Cookies	16.99 lb
Foodstuffs Buttercream Cookies	16.99 lb
Mini Mini Chocolate Chip Cookies	13.99 pk
Puppy Chow	14.99 lb

SATURDAY September 26	
DIPS	
ww Parmesan Artichoke Dip (LC) (GF)	6.99 ea
Spicy Hummus (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	13.99 lb
ww Mediterranean Salad	10.99 lb
ww Creamy Coleslaw	7.99 lb
ww Dijon Potato Salad (LF)	7.99 lb
ENTREES & SIDE DISHES	
Turkey Milanese	15.99 lb
Grilled Chicken Breast & Artichoke Skewers	11.99 ea
Sweet & Sour Meatballs	10.99 lb
ww Butternut Squash Risotto (LF)	10.99 lb
Mini Lox & Bagel Sandwiches	4.49 ea
ww B&B's Grilled Vegetables (LC)	10.99 lb
Spinach & Feta Pie	3.99 ea
Falafel	.99 ea
PASTRIES	
Mini Triple Berry Pie	7.99 ea
Mini Lemon Meringue Tart	5.99 ea
Mini Mini Snowballs	2.99 ea
<p>Foodstuffs will be open Sunday, September 27th for Yom Kippur (10am - 5pm)*</p>	

SUNDAY Yom Kippur Menu September 27	
STARTERS	
Gefilte Fish	7.49 ea
ww Homemade Horseradish Sauce (LC) (GF)	5.99 ea
Matzo Balls	3.99 ea
ww Bubbie's Chicken Broth (LF) (LC)	4.99 ea
Chopped Chicken Liver (GF)	6.99 ea
Smoked Whitefish Spread (GF)	7.99 ea
ww Homemade Applesauce (LF) (GF)	6.99 ea
SIDE DISHES	
Old Fashioned Blintz Soufflé	9.99 lb
Mom's Noodle Kugel	9.99 lb
Old Fashioned Tzimmis	9.99 lb
Courtney's Tuna Salad (LC)	13.99 lb
Chopped Salad	10.99 lb
ww Sugar Snap Peas with Carrots & Herbs (LF)	10.99 lb
Potato Pancakes	2.99 ea
Kishke	14.99 lb
ENTREES	
Traditional Brisket with Onion Gravy	19.99 lb
Herb Roasted Turkey Breast (LC)	15.99 lb
Panko Encrusted Chicken Tenders	14.99 lb
Charlie's Fried Chicken Sliders	3.99 ea
BREADS	
Round Challah	6.99 ea
Round Raisin Challah	7.99 ea
Challah Rolls	1.29 ea

SUNDAY Yom Kippur Menu Continued... September 27	
PASTRIES	
6" Farmer's Market Peasant Tart	18.99 ea
Key Lime Pie	20.99 ea
8" Banana Chocolate Chip Cinnamon Cake	22.99 ea
Chocolate Glazed Angel Food Cake	15.99 ea
Billionaire Shortbread Bars	16.99 lb
Caramel Thumbprints	16.99 lb
Taffy Apples with Nuts Taffy Apples	4.99 ea 3.99 ea

TEMPORARY STORE HOURS	
<p>GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	
<p>EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	
<p>GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	
<p>LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	