

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

MONDAY	
September 21	
SOUPS & DIPS	
ww	Chicken Noodle Soup (LF) Low Fat Split Pea Soup (LF) (GF)
ww	Chicken Orzo Soup (LF) ww Ten Vegetable Soup (LF) (GF)
	Smoked Salmon Spread (GF)
	Roasted Red Pepper Dip (LC) (GF)
SALADS	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad (LC)
	Cauliflower Currant Vinaigrette Salad
ENTREES & SIDE DISHES	
ww	Grilled Chicken Breast w/ Herbs de Provence (LC)
	Corned Beef with Horseradish Sauce (LC)
ww	Jumbo Turkey Meatballs Marinara
	Lasagna Cheese Roll Ups
	Vegetarian Spinach Meatloaf
ww	Chicken Burgers (LC) (LF)
	Mini Cheeseburgers
ww	Ken Santucci's Italian Eggplant (LF)
ww	Broccoli with Roasted Tomatoes
	Mashed Potatoes & Butternut Squash
PASTRIES	
	6" Vanilla Frosted Chocolate Fudge Torte
	Mini Rustic Apricot Raspberry Tart
	Cinnamon Swirl Cake Squares w/ Cinnamon Cream Cheese Frosting
	Mini Red Velvet Whoopie Pie
	Dark Chocolate Sables
	Brownies Caramel Brownies
	Black & White Squares Lemon Bars

WEDNESDAY	
September 23	
SOUPS & DIPS	
	Shrimp & Chicken Jambalaya Soup
ww	Roasted Tomato & Goat Cheese Spread (LC) (GF)
ww	Fig & Goat Cheese Spread (GF)
SALADS	
	Courtney's Tuna Salad (LC)
ww	Vietnamese Chicken Salad (LC)
	Asparagus Salad w/ Radishes & Pecorino
	Red Lentil Pesto Penne
ENTREES & SIDE DISHES	
	Parmesan Chicken Scallopine
ww	Conor's Mom's Shepherd's Pie
	Mozzarella Sticks with Marinara Sauce
	Garden Vegetable Burgers
	BBQ Chicken Sliders
ww	Roasted Wild Mushrooms
ww	Parmesan Herb Cauliflower
	Mashed Potatoes & Gravy
PASTRIES	
	10" Smith Island Chocolate Cake
	Mini Chocolate Espresso Pound Cake
	Chocolate Pots de Crème
	French Cherry Streusel Slice
	Mama K's Carrot Cake Squares
	Smiley Face Cookies Emoji Mask Cookies
	Valrhona Chocolate Pudding Clemente's Rice Pudding
	Brown Sugar Shortbread
	Laura's Dream Blondies

TUESDAY	
September 22	
SOUPS & DIPS	
ww	Kale Noodle Soup (LF)
ww	Hummus (GF)
SALADS	
	Courtney's Tuna Salad (LC)
ww	Grilled Corn & Arugula Salad
ww	Brussels Sprouts Caesar Salad
ENTREES & SIDE DISHES	
	Enchilada Casserole
	Cheesy Baked Butternut Squash
	Frank's Chicken & Rice Stew
	BBQ Chicken Quesadillas
	Mushroom & Spinach Pupusas
	Risa's Turkey Burgers (LC)
	Southern Fried Chicken Sliders
ww	Roasted Winter Vegetables
ww	Roasted Fingerling Potatoes
PASTRIES	
	Mini Southern Peach Lattice Pie
	3" Lemon Cloud Cake
	Chocolate Dipped Twinkies
	Tea Breads (Banana, Lemon Blueberry, Zucchini)
	Foodstuffs Pound Cake
	Monster Bars
	Almond Crescents
	Mexican Wedding Cookies
	Homemade Chocolate Dipped Granola Bars
LIKE US ON FACEBOOK!	

THURSDAY	
September 24	
SOUPS & DIPS	
ww	Mediterranean Chicken & Vegetable Soup (LF) (GF)
ww	Italian Wedding Soup
	Artichoke & Spinach Dip (LC) (GF)
ww	Carolina Crab Dip
SALADS	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad
	Vegan Spicy Tofu
ENTREES & SIDE DISHES	
ww	Shrimp Stir Fried Cauliflower Rice (LF)
	Ginger Beef Stir Fry
ww	Mu Shu Chicken Patties (LC) (LF)
	Oriental Orange Chicken
ww	Baked Gnocchi with Spinach
ww	Broccoli Bok Choy Stir Fry (LF)
	Mini Lobster Rolls
	Mini Cheeseburgers
	Samosas
PASTRIES	
	Strawberry Rhubarb Pie
	3" Confetti Cake
	Mini Chocolate Covered Valrhona Pudding Cake
	Taffy Apples with Nuts Taffy Apples
	Mini Chocolate Chip S'mores Cookies
	Gluten Free Brownies
	Karen Malkin's Raw Cranberry Oat Bars

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

FRIDAY September 25	
SOUPS & DIPS	
	Barbara's Sirloin Chili
ww	Low Fat Vegetable Dip (LF) (GF)
	Roasted Red Pepper Dip (LC) (GF)
ww	Guacamole (GF)
SALADS	
	Courtney's Tuna Salad (LC)
	Caprese Corn Salad
	Fettuccine with Spinach & Roasted Tomatoes
ww	Egg White Egg Salad (LC)
ENTREES & SIDE DISHES	
ww	Grilled Chicken Breast w/ Herbs de Provence (LC)
ww	Vegetarian Meatballs Marinara
	Risa's Turkey Burgers (LC)
	Skinless Fried Chicken
	Mini Tenderloin Sandwiches
ww	Low Fat Creamed Spinach (LF)
	Mashed Potatoes & Butternut Squash
PASTRIES	
	6" Chocolate Explosion Torte
	6" Mrs. Liberman's Cake
	Mini Turtle Cheesecake
	Fresh Mixed Berry Fruit Slice
	Birthday Cake Bites
	Lucy's Pumpkin Cookies
	Foodstuffs Buttercream Cookies
	Mini Mini Chocolate Chip Cookies
	Puppy Chow

SATURDAY September 26	
DIPS	
ww	Parmesan Artichoke Dip (LC) (GF)
	Spicy Hummus (GF)
SALADS	
	Courtney's Tuna Salad (LC)
ww	Mediterranean Salad
ww	Creamy Coleslaw
ww	Dijon Potato Salad (LF)
ENTREES & SIDE DISHES	
	Turkey Milanese
	Grilled Chicken Breast & Artichoke Skewers
	Sweet & Sour Meatballs
ww	Butternut Squash Risotto (LF)
	Mini Lox & Bagel Sandwiches
ww	B&B's Grilled Vegetables (LC)
	Spinach & Feta Pie
	Falafel
PASTRIES	
	Mini Triple Berry Pie
	Mini Lemon Meringue Tart
	Mini Mini Snowballs
<p>Foodstuffs will be open Sunday, September 27th for Yom Kippur (10am - 5pm)*</p>	

SUNDAY <i>Yom Kippur Menu</i> September 27	
STARTERS	
	Gefilte Fish
ww	Homemade Horseradish Sauce (LC) (GF)
	Matzo Balls
ww	Bubbie's Chicken Broth (LF) (LC)
	Chopped Chicken Liver (GF)
	Smoked Whitefish Spread (GF)
ww	Homemade Applesauce (LF) (GF)
SIDE DISHES	
	Old Fashioned Blintz Soufflé
	Mom's Noodle Kugel
	Old Fashioned Tzimmis
	Courtney's Tuna Salad (LC)
	Chopped Salad
ww	Sugar Snap Peas with Carrots & Herbs (LF)
	Potato Pancakes
	Kishke
ENTREES	
	Traditional Brisket with Onion Gravy
	Herb Roasted Turkey Breast (LC)
	Panko Encrusted Chicken Tenders
	Charlie's Fried Chicken Sliders
BREADS	
	Round Challah
	Round Raisin Challah
	Challah Rolls

SUNDAY <i>Yom Kippur Menu Continued...</i> September 27	
PASTRIES	
	6" Farmer's Market Peasant Tart
	Key Lime Pie
	8" Banana Chocolate Chip Cinnamon Cake
	Chocolate Glazed Angel Food Cake
	Billionaire Shortbread Bars
	Caramel Thumbprints
	Taffy Apples with Nuts Taffy Apples
TEMPORARY STORE HOURS	
<p>GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	
<p>EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	
<p>GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	
<p>LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 Store Hours: MON - SAT 10:00 - 5:00 *SUN 10:00 - 5:00</p>	