

Foodstuffs

GOURMET FOODS & CATERING

**MENU ITEMS SUBJECT TO CHANGE*

MONDAY	
September 9	
SOUPS & DIPS	
ww	Chicken Noodle Soup (LF)
ww	Asian Chicken & Vegetable Soup
ww	Ten Vegetable Soup (LF) (GF)
ww	Low Fat Split Pea Soup (LF) (GF)
ww	Turkey Orzo Soup (LF)
	Roasted Red Pepper Dip (LC) (GF)
SALADS	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad (LC)
	Apple, Pistachio & Brussels Sprouts Salad
ww	Caesar Olive Endive Pasta
ENTREES & SIDE DISHES	
	Grilled Athenian Chicken Breast (LC)
	Old Fashioned Turkey Meatloaf
	Chicken & Wild Mushroom Crepes
	Nan's Eggplant Squash Bake
ww	Chicken Burgers (LC) (LF)
	Mini Pulled Pork Sliders
ww	Broccoli & Butternut Squash
	Mashed Potatoes & Butternut Squash
PASTRIES	
	6" Chocolate Torte w/ Caramel Buttercream
	Norm's Double Chocolate Éclair
	Mini Rustic Cherry Peach Tart
	Old Fashioned Bread Pudding w/ Caramel Sauce
	Snickerdoodles

WEDNESDAY	
September 11	
SOUPS & DIPS	
	Seafood Chowder
ww	Beef & Barley Soup (LF)
SALADS	
	Courtney's Tuna Salad (LC)
	Terry's Chicken Salad (LC)
ww	Beet & Mango Salad (LF)
ENTREES & SIDE DISHES	
	Auntie M's Onion Chicken Breast
ww	Honey Glazed Ham (LC)
ww	Asparagus & Cheese Risotto
ww	Risa's Turkey Burgers (LC)
	Southern Fried Chicken Sliders
	Mini Cheeseburgers
ww	Parmesan Herb Cauliflower
	Mashed Potatoes & Gravy
PASTRIES	
	Mini Apple Cinnamon Crunch Cake
	Jumbo Snickers Cupcakes
	French Pear Slice
	Salted Caramel Brownie Cookies
	Frosted Brownies
ROSH HASHANAH MENUS ARE IN STORES AND ONLINE NOW	

TUESDAY	
September 10	
SOUPS & DIPS	
ww	Miso Soba Noodle Soup (LF)
ww	Spinach Kale Greek Yogurt Dip
ww	Hummus (GF)
SALADS	
	Courtney's Tuna Salad (LC)
	Vegan Spicy Eggplant Tofu
	Greek Village Salad
ENTREES & SIDE DISHES	
	Turkey Milanese
	Chicken Fajita Peppers
ww	Baked Rigatoni with Shrimp
	Beef Stroganoff
	Portobello Mushroom Florentine (LC)
	Mini Buffalo Chicken Sliders
ww	Roasted Brussels Sprouts Medley
ww	Cauliflower Mash
PASTRIES	
	Mini Blackberry Lattice Pie
	3" Banana Cake w/ Cream Cheese Frosting
	Lemon Yogurt Trifle
	Raw Candy Bars
	Almond Crescents
	Mexican Wedding Cookies
JOIN FOODSTUFFS SANDWICH CLUB! PURCHASE 12 SANDWICHES AND GET YOUR NEXT GOURMET SANDWICH FREE!	

THURSDAY	
September 12	
SOUPS & DIPS	
ww	Chicken & Mushroom Posole Soup
	Artichoke & Spinach Dip (LC) (GF)
ww	Carolina Crab Dip
ENTREES & SIDE DISHES	
	Courtney's Tuna Salad (LC)
	Vegan Spicy Tofu
	Caprese Pesto Salad
ww	Paleo Cauliflower Stir Fried Rice (LF)
ENTREES	
	Mini Steak Tacos
	Turkey Quinoa Meatballs
ww	Shrimp & Chicken Jambalaya (LF)
ww	Mu Shu Chicken Patties (LC) (LF)
	Butternut Squash Ravioli Primavera
ww	Fall Roasted Vegetables (LF)
	Mini Lobster Rolls
	Samosas
PASTRIES	
	6" Raspberry Peach Peasant Tart
	Mini Cookie Dough Cheesecake
	3" Death by Chocolate Cake
	Mini Fudge Stuffed Chocolate Chip Cookies
	Taffy Apples with Nuts
	Taffy Apples
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FRIDAY September 13
SOUPS & DIPS
Five Alarm Chili Edamame Feta Dip (LC) (GF) Roasted Red Pepper Dip (LC) (GF)
SALADS
Courtney's Tuna Salad (LC) Reduced Fat Tuna Salad (LC) Terry's Chicken Salad (LC) Apple, Pistachio & Brussels Sprouts Salad Avocado Egg Salad (LC)
ENTREES & SIDE DISHES
Grilled Athenian Chicken Breast (LC) Kale, Pea & Ricotta Fritters w/ Lemon Aioli Southern Fried Chicken Mini Tenderloin Sandwiches Mini Gyro ww B&B's Grilled Vegetables (LC) Mashed Potatoes & Butternut Squash
PASTRIES
6" Strawberry & Cream Cake 6" Banana Butterscotch Caramel Cake Mini Lemon & Toasted Coconut Meringue Tart Petit Apple Strawberry Oatmeal Crunch Pie Mini Marbled Shortbread Foodstuffs Buttercream Cookies
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SUNDAY September 15
SOUPS & DIPS
Firehouse Turkey Chili (GF)
SALADS
Courtney's Tuna Salad (LC) Farro & Chick Pea Salad ww Grilled Corn Salad (LF)
ENTREES & SIDE DISHES
Panko Encrusted Chicken Tenders Stir Fry Chicken with Udon Noodles Irish Cheddar Mac & Cheese ww Baked Turkey Mostaccioli (LF) Loaded Veggie Quesadillas ww Mu Shu Chicken Sliders (LF) Mini Reuben Sandwiches
PASTRIES
Mini Salted Caramel Chocolate Chip Cookie Cake Mini Cherry Cream Cheese Coffeecake (NEW) Coconut Cloud Pudding

FOODSTUFFS EVENTS & CATERING
YOUR ONE STOP SOLUTION FOR A
COMPANY EVENT, FAMILY PICNIC OR BBQ.
ENJOY THE CLASSICS, RIGHT OFF THE GRILL,
SERVED BY OUR PROFESSIONAL CHEFS

SATURDAY September 14
SOUPS & DIPS
Portobello Mushroom Soup ww Guacamole (GF) Spicy Hummus (GF)
SALADS
Courtney's Tuna Salad (LC) Salmon Salad Nicoise (LC) ww Heirloom Tomato & Feta Salad ww Linguine with Pesto & Sun Dried Tomatoes Old Fashioned Coleslaw
ENTREES & SIDE DISHES
Turkey Milanese Balsamic Grilled Flank Steak BBQ Chicken Kabobs (LF) Risa's Turkey Burgers (LC) ww Roasted Brussels Sprouts Medley Mini Cheeseburgers Spinach & Feta Pie Falafel
PASTRIES
Mini Boston Cream Pie Mini Baked Plum Tart Raspberry Paris Brest Foodstuffs Ho-Ho Cinnamon Sugar Shortbread
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STORE HOURS AND INFORMATION
GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105 Store Hours: M-F 10-6 SAT 10-6 SUN 10-5
EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: M-F 10-6:30 SAT 10-6 SUN 10-5
GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 Store Hours: M-F 10-6 SAT 9-5 SUN 10-5
LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 Store Hours: M-F 10-6 SAT 10-6 SUN 10-5
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