

MONDAY

MARINATED LEMON CORIANDER TURKEY BREAST

Free-range turkey breast marinated with fresh lemon, coriander and olive oil

BARAMUNDI WITH CHARRED TOMATOES & DILL

Grilled baramundi with charred cherry tomatoes and fresh dill

TOMATO PARTY COUS COUS SALAD

Israeli cous cous with yellow cherry tomatoes, red cherry tomatoes, green tomatoes, fresh oregano, roasted marinated tomatoes in a balsamic vinaigrette

ITALIAN WHITE BEAN SALAD ^{GF WW}

Northern white beans with onions, spinach, divina roasted tomatoes and kalamata olives, served with fresh mozzarella cheese on the side

SAGE ROASTED BEETS ^{GF LF WW}

Sweet beets roasted with canola oil and fresh sage

CHICKEN NOODLE SOUP ^{LF WW}

All-natural chicken breast with egg noddles, carrots and onion

BARBARA'S SIRLOIN CHILI ^{WW}

Farm-raised flank steak with kidney beans, onions, tomato, garlic and jalapeno

CHICKEN VEGETABLE TORTILLA SOUP ^{WW}

All-natural chicken breast with tomatoes, peppers, corn, onions and cilantro

QUINOA & SPINACH SOUP ^{GF LF WW}

Red quinoa with spinach, tomatoes, oregano and Worcestershire sauce

SNACK ATTACK PLATTER

An assortment of fresh celery and carrots, pretzels, cheddar, swiss, sugared walnuts and country olive mix served with our honey mustard sauce and roasted red pepper dip

GF Gluten Free - **LF** Low Fat - **WW** Weight Watchers