

WEEK OF FEBRUARY 15 – 19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entree	Marinated Lemon Coriander Turkey Breast, Baramundi with Charred Tomatoes & Dill	Build Your Own Sandwiches Gyro, Chicken Gyro, Mozzarella & Feta Cheese	Grilled Ginger Soy Chicken Breast, Grilled Teriyaki Hanger Steak	Gourmet Sandwiches Grilled Salmon Avocado BLT, Bresola & Watercress	Marinated Sage & Garlic Turkey Breast, Molasses BBQ Glazed Flank Steak
Grain Salad/ Starch	Tomato Medley Cous Cous Salad	Green Bean, Tomato & Chickpea Salad GF	Asian Soba Noodle Salad	Vegan Spicy Tofu GF	Farro, Cherry & Walnut Salad
Veg Salad/ Vegetable	Italian White Bean Salad GF WW	Detox Salad GF WW	Cucumber & Carrot Salad GF	Grilled Summer Squash Gremolata GF	Roasted Eggplant Salad GF WW
Vegetable	Sage Roasted Beets GF LF WW	X	Sugar Snaps with Mushrooms GF LF WW	X	Ginger Garlic Broccolini GF WW
Soup	Chicken Noodle LF WW	Chicken Noodle LF WW	Chicken Noodle LF WW	Chicken Noodle LF WW	Chicken Noodle LF WW
Chili	Barbara's Sirloin Chili WW	Barbara's Sirloin Chili WW	Barbara's Sirloin Chili WW	Barbara's Sirloin Chili WW	X
Soup	Chicken Vegetable Tortilla WW	Cous Cous Paella	Minnesota Wild Rice	Mexican Meatball WW	Spicy Bahamian Seafood Chowder WW
Soup	Quinoa & Spinach GF LF WW	Ten Vegetable GF LF WW	Cream of Broccoli	Five Bean GF LF WW	French Lentil GF LF WW
Snack/Dessert	Snack Attack Platter	Fresh Fruit Tray	Apple & Fontina Galettes	Corn Fritters with Poblano Aioli	Adult Oreo Cookies

Green Vegetarian - GF Gluten Free - LF Low Fat - WW Weight Watchers