



## cali bowls

flavor packed power meals composed of grains, proteins, vegetables, sauces and crunch in every bite

### SALMON BOWL - 16.99/lb

poached salmon, red quinoa, cucumbers, pickled red onions, black sesame seeds and sriracha teriyaki sauce

### GINGER SALMON BOWL - 16.99/lb

poached salmon, brown rice, carrots, edamame, cucumbers, cilantro, sesame seeds and ginger-soy vinaigrette

### ASIAN BOWL - 13.99/lb

grilled all-natural chicken breast, brown rice, broccoli, carrots, cucumbers, edamame, black sesame seeds and ginger-soy vinaigrette

### MEXI-CHICKEN BOWL - 13.99/lb

grilled all-natural chicken breast, brown rice, black beans, corn, scallions, avocado, cilantro and chipotle ranch dressing

### BURRITO BOWL - 13.99/lb

grilled all-natural chicken breast, brown rice, avocado, black beans, corn, romaine, feta cheese, cilantro, tomato, fajita seasoning, tortilla strips, and lime vinaigrette

### GREEK BOWL - 13.99/lb

red quinoa, sea salt chickpeas, tomatoes, cucumbers, olives, pickled red onions, feta cheese, and feta vinaigrette

### GAIN GODDESS BOWL - 13.99/lb

grilled all-natural chicken breast, red quinoa, mozzarella cheese, giant white beans, almonds, carrots, avocado, and green goddess dressing

### AVOCADO QUINOA BOWL - 13.99/lb

red quinoa, spinach, avocado, egg, sweet potato, everything bagel seasoning, feta cheese, and country dijon



# CALI BOWLS



## 2026

**Foodstuffs**  
GOURMET FOODS & CATERING

LAKE FOREST  
255 E. Westminster  
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EVANSTON  
2106 Central St.  
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