



cali bowls

flavor packed power meals composed of grains, proteins, vegetables, sauces and crunch in every bite

SALMON BOWL - 16.99/lb

poached salmon, red quinoa, cucumbers, pickled red onions, black sesame seeds and sriracha teriyaki sauce

GINGER SALMON BOWL - 16.99/lb

poached salmon, brown rice, carrots, edamame, cucumbers, cilantro, sesame seeds and ginger-soy vinaigrette

ASIAN BOWL - 13.99/lb

grilled all-natural chicken breast, brown rice, broccoli, carrots, cucumbers, edamame, black sesame seeds and ginger-soy vinaigrette

BURRITO BOWL - 13.99/lb

grilled all-natural chicken breast, brown rice, avocado, black beans, corn, romaine, feta cheese, cilantro, tomato, fajita seasoning, tortilla strips, and lime vinaigrette

THE PACIFIC BAGEL BOWL - 13.99/lb

brown rice, egg, seaweed, scallions, carrots, avocado, everything bagel seasoning, and ginger-soy vinaigrette

MEDITERRANEAN

CHICKEN BOWL - 13.99/lb

red quinoa or brown rice, grilled all-natural chicken breast, sundried tomato, artichoke hearts, cucumbers, olives, feta cheese, sea salt chickpeas, and feta vinaigrette

AVOCADO QUINOA BOWL - 13.99/lb

red quinoa, spinach, avocado, egg, sweet potato, everything bagel seasoning, feta cheese, and country dijon

GAIN GODDESS BOWL - 13.99/lb

grilled all-natural chicken breast, red quinoa, mozzarella cheese, giant white beans, almonds, carrots, avocado, and green goddess dressing



CALI BOWLS



2026

Foodstuffs
GOURMET FOODS & CATERING

EVANSTON
2106 Central St.
847.328.7704

LAKE FOREST
255 E. Westminster
847.234.6600

GLENVIEW
1456 Waukegan Rd.
847.832.9999



Freshly made exclusively at
Evanston, Lake Forest & Glenview

foodstuffs.com

