

WEEK OF
AUGUST 8 - 14

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
AUGUST 8 - 14

* Menu Items Subject to Change

MONDAY	
August 8	
SOUPS & DIPS	
ww Chicken Noodle Soup (LF) ww Ten Vegetable Soup (LF) (GF)	6.99 ea
ww Low Fat Split Pea Soup (LF) (GF)	6.99 ea
ww Hearty Chicken & Vegetable Soup (LF)	6.99 ea
ww Tomato Soup with Israeli Cous Cous (LF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
ww Snap Pea Edamame Salad (LF) (LC)	10.99 lb
ww Roasted Tomato Pesto Pasta (LF)	10.99 lb
ENTREES & SIDE DISHES	
Grilled Balsamic Orange Chicken Breast	16.99 lb
ww Shrimp Stir Fry (LF)	19.99 lb
Irish Cheddar Mac & Cheese	9.99 lb
Eggplant Parmesan	11.99 lb
ww Chicken Burgers (LC) (LF)	12.99 lb
Mini Cheeseburgers	3.49 ea
ww Broccoli w/ Grilled Portobellos	11.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
3" Black & White Polka Dot Cake	7.99 ea
Mini Rustic Raspberry Rhubarb Tart	5.99 ea
Mini Apricot Cream Cheese Coffeecake	5.99 ea
Valrhona Glazed Pie	4.99 ea
Creamy Dolce Caramel Coconut Cake Squares	4.99 ea
Tucci's Peanut Butter Crunchers	17.99 lb
Brownies Caramel Brownies	17.99 lb
Black & White Squares	17.99 lb
Lemon Bars	17.99 lb

WEDNESDAY	
August 10	
SOUPS & DIPS	
Manhattan Clam Chowder	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Turkey Cranberry Salad	14.99 lb
Chopped Salad	10.99 lb
ENTREES & SIDE DISHES	
Chicken Shawarma Skewers w/ Cucumber Za'atar Hummus	11.99 ea
ww Turkey Stuffed Peppers (LC)	11.99 lb
BBQ Meatballs	11.99 lb
ww Vegan Rigatoni Bolognese (LF)	10.99 lb
Southern Fried Chicken Sliders	4.49 ea
ww Baby Vegetable Medley (LC) (LF)	11.99 lb
Mashed Potatoes & Gravy	7.99 lb
PASTRIES	
10" Smith Island Chocolate Cake	7.99 lb
Mini Banana Butterscotch Caramel Cake	5.99 ea
Strawberry Paris Brest	5.99 ea
French Blueberry Peach Slice	4.99 ea
Mama K's Carrot Cake Squares	4.99 ea
Valrhona Chocolate Pudding Clemente's Rice Pudding	4.49 ea
Smiley Face Cookies	4.99 ea
Mini Apple Shortbread Cookies	17.99 lb
Keith's Mandel Brot	17.99 lb
Trillionaire Bars	17.99 lb

TUESDAY	
August 9	
SOUPS & DIPS	
ww Mediterranean Lentil Soup (LF) (GF)	6.99 ea
ww Nan's Gazpacho (LF)	6.99 lb
ww Hummus (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Vegan Spicy Eggplant Tofu	13.99 lb
Greek Island Salad	10.99 lb
ww Brown Rice Stir Fry	9.99 lb
ENTREES & SIDE DISHES	
Turkey Milanese	16.99 lb
Mini Flank Steak Quesadillas	10.99 lb
ww Chicken Enchiladas	3.99 ea
Cauliflower Fritters w/ Red Pepper Aioli	11.99 lb
Scott's Parmesan Corn Risotto	10.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Banh Mi Chicken Sliders	4.49 ea
Parmesan Twice Baked Potatoes	5.99 ea
PASTRIES	
Mini Cherry Pie	7.99 ea
Lemon Yogurt Trifle	7.99 ea
Jumbo Boston Cream Cupcake	4.99 ea
Tea Breads (Banana Cinn. Swirl, Lemon blueberry, Zucchini)	7.99 ea
Foodstuffs Pound Cake	17.99 ea
Karen Malkin's Coconut Truffles	17.99 lb
Almond Crescents	17.99 lb
Mexican Wedding Cookies	17.99 lb
Monster Bars	17.99 lb

THURSDAY	
August 11	
SOUPS & DIPS	
ww Portobello, Kale & Orzo Soup (LF)	6.99 ea
Artichoke & Spinach Dip (LC) (GF)	6.99 ea
ww Carolina Crab Dip	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
Vegan Spicy Tofu	13.99 lb
Farro & Chickpea Salad	10.99 lb
ENTREES & SIDE DISHES	
Thai Rice Noodles with Shrimp	19.99 lb
Orange Chicken (NEW)	12.99 lb
Rajma Masala	11.99 lb
Tadka Dal	11.99 lb
ww Low Fat Creamed Spinach (LF)	10.99 lb
Mini Lobster Rolls	9.99 ea
Mini Cheeseburgers	3.49 ea
Samosas	2.99 ea
PASTRIES	
Mini Cinnamon Roll Apple Pie	7.99 ea
Mini NY Style Cheesecake w/ Fresh Berries	8.99 ea
3" Beehive Cake	8.99 ea
Mini Tuxedo Tart	6.99 ea
Mini Fudge Stuffed Chocolate Chip Cookies	17.99 lb
Gluten Free Brownies	17.99 lb
Karen Malkin's Raw Cranberry Oat Bars	17.99 lb
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FRIDAY August 12	
SOUPS & DIPS	
www Steak Fajita Chili (GF)	6.99 ea
www Spicy Feta Dip (LC) (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Brussels Sprouts Caesar Salad	10.99 lb
Sesame Noodles	10.99 lb
www Coleslaw Vinaigrette	9.99 lb
Roxi's Egg Salad	10.99 lb
ENTREES & SIDE DISHES	
Parmesan Chicken Scallopini	16.99 lb
Burrata Ravioli w/ Grilled Tomato Sauce	11.99 lb
Charlie's Fried Chicken	10.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Mini Tenderloin Sandwiches	6.99 ea
Mini Ham & Brie Sandwich	4.49 ea
Roasted Vegetable Antipasto	11.99 lb
Lemon Oregano Potato Wedges	9.99 lb
PASTRIES	
6" Raspberry Ganache Cake	26.99 ea
6" Mrs. Liberman's Cake	19.99 ea
Mini Baked Strawberry Streusel Tart	5.99 ea
Mini Snowballs	5.99 ea
Petit Lemon Meringue Pie	3.49 ea
Chocolate Dipped Heavenly Cake Bites	17.99 lb
Inside Out Carrot Cake Cookies	17.99 lb
Foodstuffs Buttercream Cookies	17.99 lb
Mini Mini Chocolate Chip Cookies	14.99 pk
Puppy Chow	15.99 lb

SATURDAY August 13	
DIPS	
Spicy Hummus (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Caprese Corn Salad	10.99 lb
www Israeli Cous Cous with Mushrooms (LF)	10.99 lb
ENTREES & SIDE DISHES	
Coconut Chicken Skewers	3.99 ea
Mini BBQ Chicken Quesadillas	10.99 lb
BBQ Ribs	17.99 lb
www Vegetable Cauliflower Rice Stir Fry (LF) (LC)	10.99 lb
Pulled Smoked BBQ Brisket Sliders	4.99 ea
Spinach & Feta Pie	4.99 ea
Falafel	1.29 ea
PASTRIES	
Mini Triple Berry Lattice Pie	7.99 ea
Mini Chocolate Glazed Toffee Cake	5.99 ea
Chocolate Dipped Twinkies	4.99 ea
Cherry Berry Turnover	4.99 ea
Fruit Thumbprints	17.99 lb

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AND MORE.

FOODSTUFFS FAMOUS COOKIES & SCONES

MONDAY - SATURDAY	
Chocolate Chip Cookies	2.99 ea
MONDAY	
Chocolate Chip Scones	2.49 ea
TUESDAY	
Apricot Scones	2.49 ea
WEDNESDAY	
Butterscotch Scones	2.49 ea
THURSDAY	
Chocolate Chip Scones	2.49 ea
FRIDAY	
Apricot Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea
SATURDAY	
Butterscotch Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea

LABOR DAY MENUS ARE IN STORES
AND ONLINE NOW!

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(847) 835-5105
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

EVANSTON 2106 Central Street Evanston, IL 60201
(847) 328-7704
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

GLENVIEW 1456 Waukegan Road Glenview, IL 60025
(847) 832-9999
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

LAKE FOREST 255 E. Westminster Lake Forest, IL 60045
(847) 234-6600
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed