

WEEK OF
AUGUST 24 - 30

Foodstuffs

GOURMET FOODS & CATERING

WEEK OF
AUGUST 24 - 30

* Menu Items Subject to Change

M O N D A Y		
August 24		
SOUPS & DIPS		
Chicken Noodle Soup (LF) Ten Vegetable Soup (GF) (LF)	6.99	ea
Vegan Lentil Artichoke & Spinach Soup (LF)	6.99	ea
Asian Chicken & Vegetable Soup (LF)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb
Terry's Chicken Salad (LC)	16.99	lb
Ultimate Broccoli Salad	12.99	lb
Pearl Couscous Salad (LF)	11.99	lb
ENTREES & SIDE DISHES		
Grilled Chicken Breast with Herbs de Provence (LC)	17.99	lb
Turkey & Brown Rice Stuffed Peppers	13.99	lb
Low Fat Spinach Lasagna (LF)	13.99	lb
Chicken Burgers (LF) (LC)	14.99	lb
Mini Cheeseburgers	3.99	ea
Parmesan Roasted Brussels Sprouts	12.99	lb
Mashed Potatoes & Butternut Squash	9.99	lb
PASTRIES		
3" Tuxedo Cake	10.99	ea
Mini Rustic Triple Berry Tart	6.99	ea
Mini Apple Caramel Streusel Coffeecake	6.99	ea
Chocolate Dipped Whoopie Pie	5.99	ea
Dark Chocolate Sables	19.99	lb
Brownies Caramel Brownies	19.99	lb
Black & White Squares Lemon Bars	19.99	lb

W E D N E S D A Y		
August 26		
SOUPS & DIPS		
Chicken & Basil Chili	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
High Protein Dill Pickle Chicken Salad (NEW)	16.99	lb
Beet & Mango Salad (LF)	12.99	lb
ENTREES & SIDE DISHES		
Auntie M's Onion Chicken Breast	17.99	lb
Frank's Chicken & Rice Stew	15.99	lb
Roasted Tomato Risotto	13.99	lb
Southern Fried Chicken Sliders	4.99	ea
Roasted Cauliflower, Green Beans & Mushrooms	12.99	lb
Mashed Potatoes & Gravy	9.99	lb
PASTRIES		
12" Heavenly Chocolate Cake	8.99	lb
3" Boston Cream Cake	10.99	ea
French Peach Slices	5.99	ea
Mama K's Carrot Cake Squares	5.99	ea
Valrhona Chocolate Pudding	5.99	ea
Butterscotch Pudding	5.99	ea
Smiley Face Cookies	5.99	ea
Mini Apple Shortbread Cookies	19.99	lb
Lemon Buttercream Filled Finger Cookies	19.99	lb
Jay's Pecan Bars	19.99	lb

LABOR DAY MENU AVAILABLE IN
STORES & ONLINE!

T U E S D A Y		
August 25		
SOUPS & DIPS		
Nan's Gazpacho (GF) (LF)	6.99	lb
Hummus (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Grilled Artichoke Salad (LC)	12.99	lb
Garlic Potato Salad	10.99	lb
ENTREES & SIDE DISHES		
Turkey Milanese	18.99	lb
Mini BBQ Chicken Quesadillas	12.99	lb
Grilled Asian Garlic Steak Kabobs	16.99	ea
Vegetarian Eggplant Meatballs (LF)	13.99	lb
Risa's Turkey Burgers (GF) (LC)	14.99	lb
Via's Grilled Vegetables (LC)	13.99	lb
PASTRIES		
Mini Farmer's Market Cinnamon Crunch Pie	9.99	ea
Strawberry Shortcake Trifle	7.99	ea
Mini Ultimate Chocolate Mousse Tart	6.99	ea
Tea Breads (Banana, Zucchini)	8.99	ea
Foodstuffs Pound Cake	20.99	ea
Karen Malkin's Raw Cranberry Oat Bites	19.99	lb
Almond Crescents	19.99	lb
Mexican Wedding Cookies	19.99	lb
Monster Bars	19.99	lb

T H U R S D A Y		
August 27		
SOUPS & DIPS		
Roasted Curried Cauliflower Soup (GF)	6.99	ea
Artichoke & Spinach Dip (LC) (GF)	7.99	ea
Carolina Crab Dip	7.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb
Terry's Chicken Salad (LC)	16.99	lb
Vegan Spicy Tofu	14.99	lb
ENTREES & SIDE DISHES		
Coconut Shrimp with Apricot Balsamic Dipping Sauce	29.99	lb
Chicken Satay with Peanut Sauce	3.99	ea
Jumbo BBQ Meatballs	13.99	lb
Broccoli & Black Bean Stir Fry	12.99	lb
Mini Lobster Rolls	9.99	ea
Mini Cheeseburgers	3.99	ea
Samosas	3.99	ea
PASTRIES		
Mini Banana Cream Pie	10.99	ea
Mini NY Style Cheesecake with Fresh Strawberries	10.99	ea
Mini Milky Way Pound Cake	6.99	ea
Confetti Butter Cookies	19.99	lb
Assorted Rugelach	10.99	pk
Gluten Free Brownies	19.99	lb

CORPORATE CATERING, DELIVERED & SET

Breakfast • Lunch • Office Events
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Foodstuffs
EVENTS & CATERING



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FRIDAY	
August 28	
DIPS	
Roasted Red Pepper Dip (LC) (GF)	7.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
Spinach Orzo Pasta Salad	11.99 lb
Grilled Corn Salad (LF)	12.99 lb
Superfood Coleslaw	12.99 lb
Roxi's Egg Salad (LC)	12.99 lb
ENTREES & SIDE DISHES+B36	
Stuffed Chicken Breast with Mozzarella	17.99 lb
Wild Mushroom Ravioli with Oven Roasted Tomatoes & Nut-Free Pesto	13.99 lb
Risa's Turkey Burgers (GF) (LC)	14.99 lb
Mini Tenderloin Sandwiches	8.99 ea
Mini Pulled Pork Sliders	4.99 ea
Roasted Vegetable Antipasto	13.99 lb
Potatoes Au Gratin Dauphinoise	12.99 lb
PASTRIES	
3" Raspberry Ganache Cake	10.99 ea
6' Mrs. Liberman's Cake	21.99 ea
Mini Lemon & Toasted Coconut Meringue Tart	6.99 ea
Petit Key Lime Pie	3.99 ea
Power Licious Cookies (NEW)	19.99 lb
Blueberry & White Chocolate Cookies	19.99 lb
Foodstuffs Buttercream Cookies	19.99 lb
Mini Mini Chocolate Chip Cookies	16.99 pk
Puppy Chow	19.99 lb

SATURDAY	
August 29	
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
ENTREES & SIDE DISHES	
Shrimp Pad Thai (LF)	20.99 lb
Grilled BBQ Chicken Wings	13.99 lb
Steak & Caramelized Onion Quesadillas	4.99 ea
Vegetable Paella (LF)	13.99 lb
Falafel Sliders	4.99 ea
PASTRIES	
Mini Peach Blackberry Lattice Pie	9.99 ea
3" Marble Cake with Vanilla Icing (NEW)	10.99 ea

**ROSH HASHANAH & YOM
KIPPUR MENUS AVAILABLE IN
STORES & ONLINE!**

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	3.49 ea
MONDAY	
Chocolate Chip Scones	2.99 ea
TUESDAY	
Currant Scones	2.99 ea
WEDNESDAY	
Chocolate Chip Scones	2.99 ea
THURSDAY	
Currant Scones	2.99 ea
FRIDAY	
Chocolate Chip Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SATURDAY	
Currant Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea

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FOODSTUFFS FAVORITES
PLUS NEW ADDITIONS AT
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STARTS HERE**

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EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704	
Store Hours:	MON - SAT 10:00 - 5:00 SUN Closed
GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999	
Store Hours:	MON - SAT 10:00 - 5:00 SUN Closed
LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600	
Store Hours:	MON - SAT 10:00 - 5:00 SUN Closed