

vegetarian paninis

- **adult grilled cheese** 10.99
Wisconsin cheddar, provolone, pesto (nut free) and tomatoes grilled on sourdough bread
Add avocado for .99
- **hot blonde panini** 10.99
goat cheese, basil, marinated tomatoes, artichokes and pesto (nut free) on panini bread
- **southern pimento** 10.99
pimento cheese spread with swiss cheese, avocado and giardiniera on country french bread

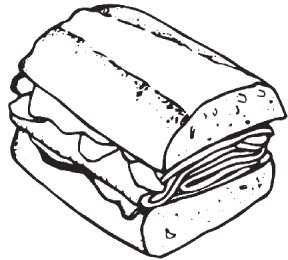
vegetarian

- **the vegetarian** 11.99
your choice of vegetables, avocado, hummus, roasted red pepper spread (contains nuts) and fresh basil on your choice of bread
- **pomodori alla mozzarella** 10.99
fresh mozzarella stacked with sliced tomatoes on a demi baguette with fresh basil, pesto (nut free) and cracked black pepper
Add avocado for .99
- **avocado toast** 11.99
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain bread

- sandwich extras - *add an additional portion of:*

grilled chicken breast	3.99
terry's chicken salad	3.79
courtney's tuna	3.79
meats	2.99
bacon	1.99
avocado	.99
marinated tomatoes	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
all other cheese (except brie & mozzarella)	.50
dressings/sauces	.50

FOODSTUFFS GRILLED CHICKEN
& ROASTED TURKEY BREASTS ARE



HORMONE
& CAGE FREE

Foodstuffs

GOURMET FOODS & CATERING

Evanston

2106 Central Street
847.328.7704

Glencoe

338 Park Avenue
847.835.5105

Glenview

Carillon Square
1456 Waukegan Road
847.832.9999

Lake Forest

255 E Westminster
847.234.6600

FOODSTUFFS.COM

MENUS · DEALS · SHOP · RESOURCES · CAREERS · CATERING

SANDWICHES
*made with the finest and
prehest ingredients*
MENU



build-your-own - 11.99 vegetarian - 10.99

1 meats *choose one*

- | | |
|------------------------------------|-----------------------|
| roast beef | smoked turkey breast |
| bavarian ham | caliente salami |
| courtney's tuna salad | bacon |
| roasted turkey breast | terry's chicken salad |
| grilled all-natural chicken breast | |

2 vegetables part 1 *choose one*

***for vegetarian sandwiches, please choose two**

- | | |
|---------------------|----------------------------|
| marinated tomatoes | roasted red peppers |
| avocado | marinated artichoke hearts |
| marinated mushrooms | |

3 vegetables part 2 *choose as many as you like*

- | | |
|--------------|--------------|
| romaine | baby spinach |
| arugula | carrots |
| corn | black olives |
| bell peppers | tomatoes |
| fresh basil | red onions |
| cucumbers | pickles |

4 cheeses *choose one*

- | | |
|-----------------------|-----------------------|
| wisconsin cheddar | feta |
| wisconsin provolone | wisconsin swiss |
| havarti | fresh mozzarella |
| cream cheese & chives | wisconsin blue cheese |
| brie | goat cheese |
| pimento cheese spread | |

5 breads *choose one*

- | | |
|---------------------|------------------------------|
| harvest grain bread | buttercrust |
| country french | black bread |
| croissant | flour/wheat/spinach tortilla |
| baguette | gluten-free tortilla |
| demi baguette | herb focaccia |
| panini bread | sourdough |

6 condiments *choose up to two*

- | | |
|-------------------------|-----------------------------------|
| yellow mustard | grainy mustard |
| dijon mustard | honey mustard |
| ginger soy dressing | mayonnaise |
| dijon mayonnaise | chipotle mayonnaise |
| balsamic vinaigrette | artichoke spinach spread |
| bbq sauce | buffalo sauce |
| pesto (nut free) | pepperoncini |
| giardiniera | blue cheese dressing |
| hummus | red pepper spread (contians nuts) |
| cranberry chutney | caesar dressing |
| sun-dried tomato spread | horseradish cream sauce |
| bistro sauce | |

chicken CAGE & HORMONE FREE

- **thai cobb wrap** 11.99
grilled all-natural chicken breast, romaine, tomatoes, carrots, avocado and ginger soy dressing wrapped in a flour tortilla
- **bbq chicken wrap** 11.99
grilled all-natural chicken breast with red onions, romaine, wisconsin provolone cheese and bbq sauce wrapped in a flour tortilla
- **the skinny caprese** 11.99
grilled all-natural chicken breast, fresh mozzarella cheese, tomato, basil, baby spinach, marinated artichoke hearts & balsamic vinaigrette wrapped in a whole wheat tortilla
- **buffalo chicken wrap** 11.99
grilled all-natural chicken breast, romaine, blue cheese dressing and buffalo sauce wrapped in a flour tortilla
- **chicken caesar wrap** 11.99
grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing wrapped in a flour tortilla

turkey CAGE & HORMONE FREE

- **the californian** 11.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread
- **the soprano** 11.99
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on panini bread
- **turkey twist** 11.99
foodstuffs roasted turkey breast, hummus, avocado, brie cheese, baby spinach and tomatoes on crusty bread
- **turkey croissant** 11.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant

substitutions will be an additional charge

- **lake forest turkey club** 11.99
foodstuffs roasted turkey breast with romaine, tomatoes, swiss cheese, dijon mayonnaise, avocado, bacon, red onions and pickles on harvest grain bread
- **chipotle club** 11.99
foodstuffs roasted turkey breast with bacon, avocado, romaine, tomatoes, red onions, pickles, provolone cheese and chipotle mayonnaise on demi baguette

roast beef MIDWEST RAISED & HORMONE FREE

- **bistro beef** 11.99
roast beef with romaine, tomatoes and bistro sauce on black bread
- **the horsy beef** 11.99
roast beef, horseradish cream sauce, wisconsin cheddar cheese, grilled onions, arugula and tomatoes on country french bread

ham HORMONE FREE

- **the j.b. wich** 11.99
panini bread with bavarian ham, wisconsin swiss cheese, romaine, tomatoes and honey mustard

seafood

- **loco's tuna wrap** 11.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled in a whole wheat tortilla
- **the sorry charlie** 11.99
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread
Add avocado for .99

paninis

- **the lake forest panini** 11.99
foodstuffs roast beef, wisconsin cheddar cheese, grilled onions and bbq sauce on panini bread
- **chipotle chicken** 11.99
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on herb focaccia bread
- **tuna melt** 11.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread
Add avocado for .99
- **sun-kissed chicken** 11.99
grilled all-natural chicken breast, bacon, mozzarella cheese, red onions, sun-dried tomato spread and mayonnaise on sourdough bread
- **oinkster** 11.99
bavarian ham with wisconsin swiss cheese, bacon, pickles and yellow mustard on panini bread

JOIN OUR SANDWICH CLUB



buy 12 homemade sandwiches and get the 13th free!

11.99 or less