

vegetarian paninis

- **via's panini** 10.99
sun-dried tomato spread, roasted tomatoes, baby spinach, artichoke hearts, pesto (nut free) and fresh mozzarella cheese on country french bread
- **adult grilled cheese** 10.99
wisconsin cheddar, provolone, pesto (nut free) and tomatoes grilled on panini bread
Add avocado for .99
Add bacon for 1.99

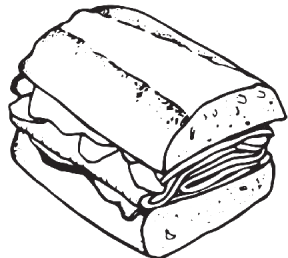
vegetarian

- **pomodori alla mozzarella** 10.99
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, pesto (nut free) and cracked black pepper
Add avocado for .99
- **the vegetarian** 10.99
your choice of vegetables, avocado, hummus, roasted red pepper spread (contains nuts), and fresh basil on your choice of bread
- **avocado toast** 11.99
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta
- **vegan hummus toast** 10.99 **NEW!**
hummus, quinoa, cucumbers, tomatoes, baby spinach, olive oil, salt and pepper on toasted open-face harvest grain bread

- sandwich extras - add an additional portion of:

grilled chicken breast	3.99
terry's chicken salad	3.99
courtney's tuna	3.99
meats	2.99
bacon	1.99
avocado	.99
marinated tomatoes	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
all other cheese (except brie & mozzarella)	.50
dressings/sauces	.50

FOODSTUFFS GRILLED CHICKEN
& ROASTED TURKEY BREASTS ARE



HORMONE
& CAGE FREE

Foodstuffs

GOURMET FOODS & CATERING

Evanston

2106 Central Street
847.328.7704

Glencoe

338 Park Avenue
847.835.5105

Glenview

Carillon Square
1456 Waukegan Road
847.832.9999

Lake Forest

255 E Westminster
847.234.6600

FOODSTUFFS.COM

MENUS · DEALS · SHOP · RESOURCES · CAREERS · CATERING

SANDWICHES
made with the finest and
freshest ingredients
MENU

build-your-own - 11.99 vegetarian - 10.99

1 meats *choose one*

grilled all-natural chicken breast	bacon
courtney's tuna salad	bavarian ham
smoked turkey breast	roast beef
terry's chicken salad	roasted turkey breast
caliente salami	

2 vegetables part 1 *choose one*

***for vegetarian sandwiches, please choose two**

marinated tomatoes	roasted red peppers
avocado	grilled onions/mushrooms
artichoke hearts	

3 vegetables part 2 *choose as many as you like*

romaine	arugula
baby spinach	baby greens
corn	cucumbers
tomatoes	red onions
bell peppers	pickles
fresh basil	pickled onions

4 cheeses *choose one*

wisconsin cheddar	cream cheese & chives
feta	wisconsin provolone
wisconsin swiss	fresh mozzarella
havarti	goat cheese
brie	pimento cheese spread

5 breads *choose one*

harvest grain bread	buttercrust
country french	harvest grain ciabatta
black bread	tomato focaccia
flour/wheat/spinach tortilla	demi baguette
gluten free tortilla	croissant
panini bread	sourdough

6 condiments *choose up to two*

grainy dijon mustard	giardiniera
mayonnaise	pesto (nut free)
dijon mayonnaise	bbq sauce
chipotle mayonnaise	buffalo sauce
balsamic vinaigrette	blue cheese dressing
caesar dressing	honey mustard
sun-dried tomato spread	artichoke spinach spread
hummus	cranberry chutney
horseradish cream sauce	pepperoncini
ranch dressing	ginger soy dressing
fajita seasoning	red pepper spread (contains nuts)

chicken CAGE & HORMONE FREE

• **chicken club** 11.99
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta

• **godzilla wrap** 11.99 **NEW!**
grilled all-natural chicken breast with avocado, white rice, carrots, crispy onions, cilantro and ginger soy dressing wrapped in a flour tortilla

• **what the cluck wrap** 11.99
terry's chicken salad, romaine, tomatoes, sriracha and avocado wrapped in a flour tortilla

• **buffalo chicken wrap** 11.99
grilled all-natural chicken breast, blue cheese dressing, romaine and buffalo sauce wrapped in a flour tortilla

• **chicken caesar wrap** 11.99
grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing wrapped in a flour tortilla

• **santa fe** 11.99 **NEW!**
grilled all-natural chicken breast, tomatoes, romaine, scallions, corn, banana peppers, wisconsin cheddar cheese, tortilla chips, fajita seasoning and chipotle mayonnaise wrapped in a flour tortilla

roast beef MIDWEST RAISED & HORMONE FREE

• **the black angus** 11.99
roast beef with cream cheese & chives, tomatoes and arugula on black bread

• **the horsy beef** 11.99
roast beef, horseradish cream sauce, cheddar cheese, grilled onions, arugula and tomatoes on country french bread

pork HORMONE FREE

• **the j.b. wich** 11.99
bavarian ham, wisconsin swiss cheese, romaine, tomatoes, and honey mustard on country french bread

turkey CAGE & HORMONE FREE

• **the californian** 11.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread

• **mr. bill** 11.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on country french bread

• **chipotle club** 11.99
roasted turkey breast with bacon, avocado, romaine, tomatoes, red onions, pickles, provolone cheese and chipotle mayonnaise on a demi baguette

• **the soprano** 11.99
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on country french bread

• **turkey croissant** 11.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant

seafood

• **loco's tuna wrap** 11.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled into your choice of tortilla

• **the sorry charlie** 11.99
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread
Add avocado for .99

• **pimento tuna** 11.99
courtney's tuna salad with tomatoes, cilantro, avocado, pimento cheese spread, provolone cheese and giardiniera on panini bread

paninis

• **the tammy** 11.99
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on a demi baguette

• **chipotle chicken** 11.99
grilled all natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on tomato focaccia bread

• **someone's favorite panini** 11.99
smoked turkey breast, brie cheese, cranberry chutney and romaine on country french bread

• **tuna melt** 11.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread
Add avocado for .99

• **foghorn** 11.99 **NEW!**
grilled all-natural chicken breast, bacon, wisconsin provolone cheese, romaine, tomatoes, chipotle mayonnaise and country honey dijon dressing toasted on a croissant

• **chicken zest** 11.99 **NEW!**
grilled all-natural chicken breast with roasted red peppers, spinach, wisconsin provolone cheese, pesto (nut free) and lemon pepper on panini bread

• **fight club** 11.99 **NEW!**
roast beef with tomatoes, onions, pickles, wisconsin provolone cheese, horseradish cream sauce and chipotle mayonnaise on panini bread

• **super fan** 11.99 **NEW!**
caliente salami with pepperoncini, pickled onions, wisconsin provolone cheese and dijon mayonnaise on panini bread

substitutions will be an additional charge