

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

MONDAY	
February 12	
SOUPS & DIPS	
ww Chicken Noodle Soup (LF) ww Ten Vegetable Soup (GF) (LF)	6.99 ea
Butternut Squash Soup (GF) ww Chicken & Brown Rice Soup (LF)	6.99 ea
ww Tomato Soup with Israeli Cous Cous (LF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
Reduced Fat Tuna Salad (GF) (LC) Terry's Chicken Salad (LC)	15.99 lb
ww Tomato, Cucumber & Olive Salad ww Cauliflower Rice Superfood Salad	11.99 lb
ENTREES & SIDE DISHES	
Grilled Herb Marinated Chicken Breast (LC)	17.99 lb
Butternut Squash Lasagna	12.99 lb
Beef Stew	11.99 lb
ww Spaghetti with Turkey Meatballs	12.99 lb
ww Chicken Burgers (LC) (LF)	13.99 lb
Mini Cheeseburgers	3.99 ea
Roasted Cauliflower, Green Beans & Mushrooms	11.99 lb
Mashed Potatoes & Butternut Squash	9.99 lb
PASTRIES	
3" Sweetheart Cake	9.99 ea
Mini Rustic Cherry Tart	5.99 ea
Fresh Raspberry Lemon Curd Slice	6.99 ea
Mini Valentine's Custard Napoleon	3.99 ea
Foodstuffs Valentine's Twinkies	4.99 ea
Lemon Raspberry Cake Squares with Cream Cheese Frostings	5.99 ea
Adult Oreo Cookies	18.99 lb
Brownies Caramel Brownies	18.99 lb
Black & White Squares Lemon Bars	18.99 lb

WEDNESDAY	
February 14	
VALENTINE'S DAY MENU	
TO BEGIN	
Lobster Bisque	8.99 ea
Portobello Mushroom Soup	6.99 ea
Shrimp Cocktail	32.99 lb
Southern Fried Chicken Sliders	4.99 ea
SIDE DISHES	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
Turkey Cranberry Salad	15.99 lb
Chopped Salad	11.99 lb
ww Low Fat Creamed Spinach (LF)	12.99 lb
Traditional Mashed Potatoes with Homemade Gravy (GF)	8.99 lb
ENTREES	
Ric's Tenderloin (LC)	46.99 lb
Stuffed Chicken Breast with Artichoke & Spinach	17.99 lb
ww Risotto with Wild Mushrooms	12.99 lb
Eggplant Parmesan	12.99 lb
PASTRIES	
Heart-Shaped Fresh Fruit Tart	10.99 ea
Chocolate Heart-Shaped Torte	10.99 ea
Valentine's Pretty Lady Cake	19.99 ea
Strawberry Heart Shaped Cheesecake	10.99 ea
Chocolate Dipped Strawberries	3.99 ea
Mini Heart Shaped Shortbread Cookies	18.99 lb
Turtle Thumbprints	18.99 lb
White & Dark Chocolate Cream Cheese Cake Bars	18.99 lb
BREAD	
San Francisco Sourdough	6.99 ea
Baguette Demi Baguette	4.49 ea 2.49 ea
Ciabatta Pretzel Sticks	2.29 ea 1.79 ea

TUESDAY	
February 13	
SOUPS & DIPS	
Mish Mash Chicken Soup	6.99 ea
ww Hummus (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
ww Israeli Cous Cous Salad (LF)	11.99 lb
ww Jicama Orange Salad (LF)	11.99 lb
ENTREES & SIDE DISHES	
Chicken Scallopini with Marinara Sauce	17.99 lb
ww Reduced Fat Chicken Tetrazzini	12.99 lb
Marinated Sage & Garlic Turkey Breast (LC)	18.99 lb
Garlic & Cheesy Broccoli Fritters	12.99 lb
Risa's Turkey Burgers (LC)	13.99 lb
ww Balsamic Roasted Brussels Sprouts	11.99 lb
Twice Baked Jumbo Potatoes	6.99 ea
PASTRIES	
Mini French Silk Pie	9.99 ea
3" Valentine's Confetti Cake	9.99 ea
Foodstuffs Mini Valentine's Cupcakes	3.99 ea
Tea Breads (Banana, Zucchini, Lemon Blueberry)	8.99 ea
Foodstuffs Pound Cake	19.99 ea
Karen Malkin's Raw Cranberry Oat Bites	18.99 lb
Almond Crescents	18.99 lb
Mexican Wedding Cookies	18.99 lb
Monster Bars	18.99 lb

THURSDAY	
February 15	
SOUPS & DIPS	
ww Turkey Orzo Soup (LF)	6.99 ea
Artichoke & Spinach Dip (LC) (GF)	6.99 ea
ww Carolina Crab Dip	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	14.99 lb
Reduced Fat Tuna Salad (GF) (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
Vegan Spicy Tofu	13.99 lb
ENTREES & SIDE DISHES	
General Tso's Stir Fry Chicken	14.99 lb
ww Mu Shu Chicken Patties (LF) (LC)	13.99 lb
Beef & Cheddar Tacos	11.99 lb
Loaded Veggie Quesadillas	3.99 ea
ww Steamed Sesame Soy Broccoli	11.99 lb
Mini Lobster Rolls	9.99 ea
Mini Cheeseburgers	3.99 ea
Samosas	2.99 ea
PASTRIES	
Mini Apricot Raspberry Pie (NEW)	8.99 ea
Mini Cinnamon Sugar Pound Cake	6.99 ea
Crème Caramel	3.99 ea
Confetti Butter Cookies	18.99 lb
Gluten Free Brownies	18.99 lb

**FOODSTUFFS GOURMET MADE ANY DAY!
STOP BY OUR FREEZER TODAY AND
STOCK UP ON YOUR FAVORITE SOUPS,
ENTREES & APPETIZERS**

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FRIDAY	
February 16	
SOUPS & DIPS	
Five Alarm Turkey Chili (GF)	6.99 ea
ww Mediterranean Lentil Soup (GF) (LF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
ww Greek Picnic Salad	11.99 lb
Raw Brussels Sprouts & Marinated Tomato Salad	11.99 lb
Old Fashioned Egg Salad (LC)	11.99 lb
ENTREES & SIDE DISHES	
Teriyaki Pineapple Chicken Kabobs	12.99 ea
ww Baked Gnocchi with Spinach	12.99 lb
Risa's Turkey Burgers (LC)	13.99 lb
Mini Tenderloin Sandwiches	7.49 ea
Mini Buffalo Chicken Sliders	4.99 ea
ww Fall Roasted Vegetables (LF)	11.99 lb
Lemon Oregano Potato Wedges	10.99 lb
PASTRIES	
3" Blackout Cake with Chocolate Crunch (NEW)	8.99 ea
6" Banana Butterscotch Caramel Cake	20.99 ea
Valrhona Glazed Pie	4.99 ea
Blueberry Paris Brest	6.99 ea
Mini Lemon Meringue Tart	6.99 ea
Glazed Pound Cake Holes	18.99 lb
Mini Checkerboard Shortbread	18.99 lb
Foodstuffs Buttercream Cookies	18.99 lb
Mini Mini Chocolate Chip Cookies	15.99 pk
Puppy Chow	18.99 lb
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SATURDAY	
February 17	
SALADS	
Courtney's Tuna Salad (GF) (LC)	15.99 lb
ww Grilled Corn Salad (LF)	11.99 lb
ENTREES & SIDE DISHES	
Charlie's Fried Chicken	10.99 lb
Stir Fry Chicken with Udon Noodles (LF)	14.99 lb
BBQ Meatballs	12.99 lb
Mushroom Ravioli w/ Spinach & Roasted Tomatoes	12.99 lb
Spinach & Feta Pie	4.99 ea
Falafel	1.49 ea
PASTRIES	
Mini Southern Peach Cobbler Pie	8.99 ea
3" Mama K's Carrot Cake	9.99 ea
Mini Pineapple Upside Down Cake	6.99 ea
Homemade Chocolate Dipped Granola Bars	18.99 lb
<p>SHOP ALL YOUR FOODSTUFFS FAVORITES PLUS NEW ADDITIONS AT FOODSTUFFS.COM</p>	

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	3.49 ea
MONDAY	
Chocolate Chip Scones	2.99 ea
TUESDAY	
Apricot Scones	2.99 ea
WEDNESDAY	
Butterscotch Scones	2.99 ea
THURSDAY	
Chocolate Chip Scones	2.99 ea
FRIDAY	
Apricot Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SATURDAY	
Butterscotch Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
<p>JOIN FOODSTUFFS SANDWICH CLUB! PURCHASE 12 SANDWICHES AND GET YOUR NEXT GOURMET SANDWICH FREE!</p>	

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EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed	
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