

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

MONDAY	
May 16	
SOUPS & DIPS	
ww Chicken Noodle Soup (LF) ww Chicken Vegetable Tortilla Soup	
ww Ten Vegetable Soup (LF) (GF) ww Low Fat Split Pea Soup (LF) (GF)	
Minnesota Wild Rice Soup	
ww Coconut Sweet Potato & Lentil Soup (GF)	
Roasted Red Pepper Dip (LC) (GF)	
SALADS	
Courtney's Tuna Salad (LC)	
Reduced Fat Tuna Salad (LC)	
Terry's Chicken Salad (LC)	
Brussels Sprouts Caesar Salad	
ENTREES & SIDE DISHES	
Grilled Athenian Chicken Breast (LC)	
Turkey & Brown Rice Stuffed Peppers	
ww Shrimp Etouffee	
ww Low Fat Spinach Lasagna (LF)	
ww Spaghetti with Chicken Bolognaise	
ww Chicken Burgers (LC) (LF)	
Mini Cheeseburgers	
ww Steamed Asparagus w/ Mushrooms (LF)	
Mashed Potatoes & Butternut Squash	
PASTRIES	
3" Brownie Cake	
Mini Rustic Summer Berry Tart	
Mini Cinnamon Sugar Choc. Chip Pecan Bundt Cake	
Chocolate Chip Cannoli	
Banana Butterscotch Cake Squares w/ Cream Cheese Frosting	
Graduation Cookies	
Snickerdoodle Sandwich Cookies	
Brownies	
Caramel Brownies	
Black & White Squares Lemon Bars	

WEDNESDAY	
May 18	
SOUPS	
Seafood Chowder	
SALADS	
Courtney's Tuna Salad (LC)	
ww Thai Chicken Salad	
Jerusalem Za'atar Salad	
ENTREES & SIDE DISHES	
Crispy Parmesan Oven Baked Chicken (NEW)	
Grilled Teriyaki Flank Steak	
Marinated Sage & Garlic Turkey Breast (LC)	
Cheese Ravioli w/ Oven Roasted Tomatoes & Nut Free Pesto	
Southern Fried Chicken Sliders	
ww Parmesan Herb Cauliflower	
Mashed Potatoes & Gravy	
PASTRIES	
10" Smith Island Chocolate Cake	
3" Coconut Cloud Cake	
French Apricot Slice	
Crème Caramel	
Mama K's Carrot Cake Squares	
Valrhona Chocolate Pudding Clemente's Rice Pudding	
Holiday Mini Shortbread Cookies	
Cubs Cookies White Sox Cookies	
Homemade Thin Mint Cookies	
Oatmeal Caramelitas	

TUESDAY	
May 17	
SOUPS & DIPS	
ww Italian Sausage & Kale Soup	
ww Hummus (GF)	
SALADS	
Courtney's Tuna Salad (LC)	
ww Jennifer Aniston's Bulgur Salad (NEW)	
ww Beet & Mango Salad (LF)	
ENTREES & SIDE DISHES	
Turkey Milanese	
Mini Steak Burritos	
ww Chicken Fajitas (LF)	
Mushroom & Fontina Quesadillas	
Vegetable & Feta Cheese Patties	
Risa's Turkey Burgers (LC)	
Mini Pulled Pork Sliders	
ww Baby Vegetable Medley (LF) (LC)	
Jumbo Potato with Three Cheeses	
PASTRIES	
Mini Strawberry Peach Pie	
Lemon Yogurt Trifle	
Cookie Pizza	
Tea Breads (Banana, Chocolate Chip, Lemon Blueberry)	
Foodstuffs Pound Cake	
Homemade Chocolate Dipped Granola Bars	
Almond Crescents	
Mexican Wedding Cookies	
Monster Bars	

THURSDAY	
May 19	
SOUPS & DIPS	
Firehouse Turkey Chili (GF)	
Artichoke & Spinach Dip (LC) (GF)	
ww Carolina Crab Dip	
SALADS	
Courtney's Tuna Salad (LC)	
Reduced Fat Tuna Salad (LC)	
Terry's Chicken Salad (LC)	
Vegan Spicy Tofu	
ENTREES & SIDE DISHES	
ww Kung Pao Shrimp	
ww Soba Noodles w/ Chicken & Vegetables (LF)	
Teriyaki Beef Stir Fry	
Chana Masala	
Dal Makhani	
ww Steamed Sesame Soy Broccoli	
Mini Lobster Rolls	
Mini Cheeseburgers	
Samosas	
PASTRIES	
6" Triple Berry Peasant Tart	
Mini Cherry Crunch Cheesecake	
Mini Banana Caramel Chocolate Chip Cake	
Raspberry Paris Brest	
Mini Fudge Stuffed Chocolate Chip Cookies	
Gluten Free Brownies	
Karen Malkin's Raw Cranberry Oat Bars	

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FRIDAY May 20
SOUPS & DIPS
ww Lemon Chicken Soup (LF) Mushroom Brie Pecan Dip (LC) Roasted Red Pepper Dip (LC) (GF)
SALADS
Courtney's Tuna Salad (LC) Kale Pesto Heirloom Tomato Salad Greek Pasta with Marinated Tomatoes Yellow Mustard Potato Salad Roxi's Egg Salad (LC)
ENTREES & SIDE DISHES
Grilled Honey Lime Chicken Breast Coconut Shrimp w/ Apricot Balsamic Dipping Sauce Butternut Squash Risotto Skinless Fried Chicken Risa's Turkey Burgers (LC) Mini Tenderloin Sandwiches ww Grilled Vegetable Trio Mashed Potatoes & Butternut Squash
PASTRIES
6" Raspberry Whipped Cream Cake 6" Mrs. Liberman's Cake 3" Black & White Polka Dot Cake (NEW) Jumbo Beehive Cupcake Glazed Apple Pie Cinnamon Sugar Cake Bites Salerno Butter Cookies Foodstuffs Buttercream Cookies Mini Mini Chocolate Chip Cookies Puppy Chow

SATURDAY May 21
DIPS
Spicy Hummus (GF)
SALADS
Courtney's Tuna Salad (LC) Farro & Chickpea Salad
ENTREES & SIDE DISHES
Chicken Satay with Peanut Sauce ww Pulled BBQ Turkey (LF) ww Rigatoni Puttanesca w/ Vegetarian Meatballs Shrimp Jambalaya Grilled Chicken & Spinach Quesadillas ww Haricot Verts w/ Wild Mushrooms (LF) Mini Ham & Brie Sandwiches Spinach & Feta Pie Falafels
PASTRIES
Mini French Silk Pie Mini Toasted Key Lime Tart Mini Black Bottom Cake Mini Lemon Meringue Éclair Caramel Thumbprints
MEMORIAL DAY MENUS ARE IN STORES AND ONLINE NOW! LOOK TO FOODSTUFFS FOR ALL YOUR MEMORIAL DAY PICNIC NEEDS

FOODSTUFFS FAMOUS COOKIES & SCONES
MONDAY - SATURDAY
Chocolate Chip Cookies
MONDAY
Chocolate Chip Scones
TUESDAY
Apricot Scones
WEDNESDAY
Butterscotch Scones
THURSDAY
Chocolate Chip Scones
FRIDAY
Apricot Scones Oatmeal Raisin Cookies
SATURDAY
Butterscotch Scones Oatmeal Raisin Cookies
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