

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

M O N D A Y		
October 20		
SOUPS & DIPS		
Chicken Noodle Soup (LF) Ten Vegetable Soup (GF) (LF)	6.99	ea
Butternut Squash Soup (GF)	6.99	ea
French Onion Soup	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Reduced Fat Tuna Salad (GF) (LC)	15.99	lb
Terry's Chicken Salad (LC)	15.99	lb
Chopped Vegetable & Couscous Salad	11.99	lb
Shaved Brussels Sprouts Salad	11.99	lb
ENTREES & SIDE DISHES		
Grilled Lemon Dill Chicken Breast (LC)	17.99	lb
Garlic & Herb Flank Steak with Balsamic Apricot Chutney (LC)	26.99	lb
Portobello Mushroom & Spinach Lasagna	12.99	lb
Chicken Burgers	13.99	lb
Mini Cheeseburgers	3.99	ea
Steamed Asparagus with Mushrooms (LF) (LC)	12.99	lb
Mashed Potatoes & Butternut Squash	9.99	lb
PASTRIES		
3" Brooklyn Blackout Cake	9.99	ea
Reduced Fat Raisin Bread Pudding with Caramel Sauce	8.99	lb
Mini Rustic Cranberry Pear Tart	5.99	ea
Mini Lemon Coconut Apricot Coffeecake	6.99	ea
Keith's Mandel Brot	19.99	lb
Brownies Caramel Brownies	19.99	lb
Black & White Squares Lemon Bars	19.99	lb

W E D N E S D A Y		
October 22		
SOUPS & DIPS		
Broccoli & Cheddar Soup	6.99	ea
Spicy Feta Dip (GF) (LC)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Chinois Chicken Salad (LF) (LC)	15.99	lb
Chopped Asparagus Salad	11.99	lb
ENTREES & SIDE DISHES		
Chicken Shawarma Skewers with Cucumber Za'atar Hummus	12.99	ea
Mom's Pot Roast	15.99	lb
Asparagus & Cheese Risotto	12.99	lb
Southern Fried Chicken Sliders	4.99	ea
Gingered Butternut Squash	11.99	lb
Mashed Potatoes & Gravy	8.99	lb
PASTRIES		
12" Heavenly Chocolate Cake	8.99	lb
3" Spooky Oreo Cake	9.99	ea
3" Lemon Meringue Cake	9.99	ea
Mini Fresh Raspberry Fruit Tart	7.99	ea
Halloween Cookie Pizza	10.99	ea
Mama K's Carrot Cake Squares	5.99	ea
Valrhona Chocolate Pudding	4.99	ea
Banana Wafer Pudding	4.99	ea
Jack O' Lantern Cookies	5.99	ea
Mini Halloween Shortbread Cookies	19.99	lb
Lucy's Pumpkin Cookies	19.99	lb
Campfire Bars	19.99	lb

FOLLOW US ON TIK TOK
@FOODSTUFFSGOURMETFOODS

T U E S D A Y		
October 21		
SOUPS & DIPS		
Barley & Vegetable Chicken Soup (LF)	6.99	ea
Hummus (GF)	5.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
The Best Vegan Broccoli Salad	11.99	lb
Jennifer Aniston's Bulgur Salad	11.99	lb
ENTREES & SIDE DISHES		
Chicken Milanese	17.99	lb
Roasted Lemon Sage Turkey Breast (LC)	18.99	lb
Reduced Fat Chicken Tetrazzini	12.99	lb
Vegan Rigatoni Bolognese (LF)	12.99	lb
Risa's Turkey Burgers (LC)	13.99	lb
Roasted Dijon Brussels Sprouts (LF)	11.99	lb
Vesuvio Roasted Potatoes	10.99	lb
PASTRIES		
Mini Peach Lattice Pie	8.99	ea
Key Lime Pie Trifle	7.99	ea
Mini Black Bottom Bundt Cake	6.99	ea
Tea Breads (Banana Chocolate Chip, Pumpkin Cream Cheese)	8.99	ea
Foodstuffs Pound Cake	19.99	ea
Karen Malkin's Raw Cranberry Oat Bites	19.99	lb
Mexican Wedding Cookies	19.99	lb
Almond Crescents	19.99	lb
Monster Bars	19.99	lb

T H U R S D A Y		
October 23		
SOUPS & DIPS		
Chicken Orzo Soup (LF)	6.99	ea
Artichoke & Spinach Dip (LC) (GF)	6.99	ea
Carolina Crab Dip	7.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Reduced Fat Tuna Salad (GF) (LC)	15.99	lb
Terry's Chicken Salad (LC)	15.99	lb
Vegan Spicy Tofu	14.99	lb
ENTREES & SIDE DISHES		
Thai Rice Noodles with Shrimp	19.99	lb
Rajma Masala	12.99	lb
Tadka Dal	12.99	lb
Steamed Sesame Soy Broccoli	11.99	lb
Mini Lobster Rolls	9.99	ea
Mini Cheeseburgers	3.99	ea
Samosas	3.49	ea
PASTRIES		
6" Tuxedo Cake	29.99	ea
Mini Apple Caramel Pie	8.99	ea
Mini Pumpkin Cheesecake	9.99	ea
Pinwheel Shortbread	19.99	lb
Dark Chocolate Cranberry Pecan Bark	24.99	lb
Salted Caramel S'mores Bark	24.99	lb
Taffy Apples w/ Nuts Taffy Apples	7.99 ea 6.99	ea
Assorted Rugelach	10.99	pk
Gluten Free Brownies	19.99	lb

FOLLOW US ON INSTAGRAM
@FOODSTUFFS.STORES

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

FRIDAY		
October 24		
SOUPS & DIPS		
Gene's Beanless Chili (GF)	6.99	ea
Roasted Red Pepper Dip (LC) (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
Cavatappi with Arugula Pesto	11.99	lb
Caprese Corn Salad	11.99	lb
Old Fashioned Egg Salad (LC)	12.99	lb
ENTREES & SIDE DISHES		
Stuffed Chicken Breast with Artichokes & Spinach	17.99	lb
Butternut Squash Ravioli with Nut-Free Pesto	12.99	lb
Risa's Turkey Burgers (GF) (LC)	13.99	lb
Mini Tenderloin Sandwiches	7.99	ea
Mini Buffalo Chicken Sliders	4.99	ea
Grilled Vegetable Antipasto (LF)	12.99	lb
Feta Zucchini Pancakes	3.99	ea
PASTRIES		
3" Frankenstein Cake	9.99	ea
6" Banana Chocolate Chip Cinnamon Cake	20.99	ea
Mini Coco-Nutty Cake	6.99	ea
Fresh Strawberry Cream Puff	5.99	ea
Petit French Silk Pie	3.99	ea
Halloween Cake Bites with Sprinkles	19.99	lb
Cake Batter Confetti Cookies	19.99	lb
Adult Oreo Cookies	19.99	lb
Homemade Chocolate Dipped Granola Bars	19.99	lb
Foodstuffs Buttercream Cookies	19.99	lb
Mini Mini Chocolate Chip Cookies	16.99	pk
Puppy Chow	19.99	lb

FOODSTUFFS FAMOUS COOKIES & SCONES		
MONDAY - SATURDAY		
Chocolate Chip Cookies	3.49	ea
MONDAY		
Apricot Scones	2.99	ea
TUESDAY		
Chocolate Chip Scones	2.99	ea
WEDNESDAY		
Cranberry Lemon Scones	2.99	ea
THURSDAY		
Apricot Scones	2.99	ea
FRIDAY		
Chocolate Chip Scones	2.99	ea
Oatmeal Raisin Cookies	3.49	ea
SATURDAY		
Cranberry Lemon Scones	2.99	ea
Oatmeal Raisin Cookies	3.49	ea

LOOK FOR THANKSGIVING
MENU IN STORES AND
ONLINE NOW!

SATURDAY		
October 25		
SALADS		
Courtney's Tuna Salad (GF) (LC)	15.99	lb
ENTREES & SIDE DISHES		
Skinless Fried Chicken	10.99	lb
Mini BBQ Chicken Quesadillas	12.99	lb
BBQ Ribs	24.99	lb
Baked Cheese Manicotti	12.99	lb
Mozzarella Sticks with Marinara Sauce	12.99	lb

ORDER ONLINE THROUGH
UBER EATS & CHOWNOW
AVAILABLE AT EVANSTON,
GLENVIEW &
LAKE FOREST ONLY



**FALL INTO
HOLIDAY PLANNING**

It's not too early to plan your year-end celebration or client gifts. Let's make it unforgettable, stress-free.

Scan to get a head start on holiday catering and corporate gifts.

ELEVATE YOUR EVENT WITH FOODSTUFFS EVENTS & CATERING

STORE HOURS		
GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105		
Store Hours:	MON - SAT 10:00 - 5:00	SUN Closed
EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704		
Store Hours:	MON - SAT 10:00 - 5:00	SUN Closed
GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999		
Store Hours:	MON - SAT 10:00 - 5:00	SUN Closed
LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600		
Store Hours:	MON - SAT 10:00 - 5:00	SUN Closed