

paninis

- **chipotle chicken** 11.99
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on focaccia bread
- **tuna melt** 11.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread
add avocado ¼ - .99 | ½ - 1.99
- **train wreck** 11.99
bavarian ham, roast beef, smoked turkey breast, genoa salami, wisconsin provolone cheese, mayonnaise, lettuce and pickles on an italian sub bread
- **hot horsy beef** 11.99
foodstuffs roast beef, giardiniera, crispy onions, wisconsin provolone cheese and horseradish cream sauce on a toasted italian sub bread
- **italiano grinder panino** 11.99
bavarian ham, genoa salami, tomatoes, red onions, pepperoncini peppers, romaine, wisconsin provolone cheese, herbs, olive oil and red wine vinegar toasted on ciabatta roll
- **miami cubano** 11.99
bavarian ham with genoa salami, wisconsin swiss cheese, yellow mustard, pickles and lime vinaigrette toasted on sourdough bread

vegetarian

- **pomodori alla mozzarella** 10.99
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, nut free pesto and cracked black pepper
add avocado ¼ - .99 | ½ - 1.99
- **mediterranean veggie wrap** 10.99
roasted red peppers, artichoke hearts, spinach, basil, mozzarella cheese, garlic aioli and olive tapenade wrapped in a spinach tortilla
- **avocado toast** 11.99
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta

vegetarian paninis

- **adult grilled cheese** 10.99
wisconsin cheddar cheese, wisconsin provolone cheese, nut free pesto and tomatoes grilled on sourdough bread
add avocado ¼ - .99 | ½ - 1.99
- **the margherita panini** 11.99 **NEW!**
ciabatta roll with garlic cheese spread, fresh mozzarella, wisconsin provolone, tomatoes, sundried tomato spread and fresh basil toasted to perfection

Foodstuffs

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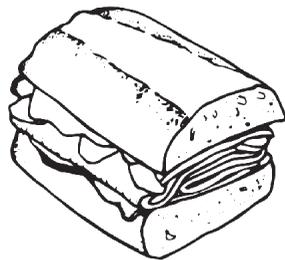
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bestest ingredients*

SANDWICHES

FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



HORMONE & CAGE FREE

build-your-own - 11.99 vegetarian - 10.99

- 1 **meats** *choose one*

roast beef	grilled all-natural chicken breast
courtney's tuna salad	roasted turkey breast
smoked turkey breast	bavarian ham
terry's chicken salad	bacon
capicola	genoa salami
- 2 **vegetables part 1** *choose one*
for vegetarian sandwiches, please choose two

roasted red peppers	marinated tomatoes
avocado	artichoke hearts
peppadew peppers	
- 3 **vegetables part 2** *choose as many as you like*

romaine	fresh basil
baby spinach	cucumbers
tomatoes	red onions
pickles	pepperoncini
- 4 **cheeses** *choose one*

wisconsin cheddar	cream cheese & chives
pepper jack	wisconsin provolone
wisconsin swiss	feta
fresh mozzarella	havarti
brie	smoked gouda cheese
- 5 **bread**s *choose one*

harvest grain bread	harvest grain ciabatta
sourdough	buttercrust
marble rye	black bread
flour/wheat/spinach tortilla	country french
gluten-free tortilla	ciabatta roll
croissant	herbed focaccia
panini bread	demi baguette
italian bread	
- 6 **condiments** *choose up to two*

artichoke spinach spread	horseradish cream sauce
avocado ranch	hummus
blue cheese dressing	lime vinaigrette
buffalo sauce	mayonnaise
caesar dressing	mild salsa
chipotle mayonnaise	olive tapenade
dill pickle aioli	pesto (nut free)
dijon mayonnaise	pimento cheese spread
dijon mustard	ranch dressing
garlic aioli	red pepper spread (contains nuts)
giardiniera	sun-dried tomato spread
grainy dijon mustard	yellow mustard
honey mustard	

chicken CAGE & HORMONE FREE

- **chicken sundance** 11.99
grilled all-natural chicken breast, baby spinach, sun-dried tomato spread and chive cream cheese generously stacked on black bread with grainy dijon mustard
- **chicken little** 11.99
terry's chicken salad with romaine and tomatoes on harvest grain bread
- **skinny caprese** 11.99
grilled all-natural chicken breast, fresh mozzarella cheese, tomatoes, fresh basil, baby spinach, artichoke hearts and balsamic vinaigrette wrapped in a whole wheat tortilla
- **chicken club** 11.99
grilled all-natural chicken breast, bacon, avocado, tomatoes, romaine and ranch dressing on a harvest grain ciabatta
- **athena's chicken wrap** 11.99
grilled all-natural chicken breast, baby spinach, olive tapenade, hummus, marinated tomatoes and feta cheese wrapped in a spinach tortilla
- **southwest chicken wrap** 11.99
grilled all-natural chicken breast with mild salsa, pepper jack cheese, baby spinach, bacon, avocado and ranch dressing wrapped in a spinach tortilla
- **buffalo chicken wrap** 11.99
grilled all-natural chicken breast, blue cheese dressing, buffalo sauce, crispy onions and romaine wrapped in a flour tortilla
- **baja chicken salad wrap** 11.99
terry's chicken salad with avocado, marinated tomatoes, wisconsin cheddar cheese, pepperoncini peppers and chipotle ranch dressing chopped and tossed with baby spinach and wrapped in a flour tortilla
- **chicken caesar wrap** 11.99
a flour tortilla filled with grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing

turkey CAGE & HORMONE FREE

- **turkey club** 11.99
roasted turkey breast and bacon with romaine, tomatoes and pimento cheese spread on toasted buttercrust bread
- **californian** 11.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread
- **mr. bill** 11.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on country french bread
- **turkey croissant** 11.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant
- **smoke stack turkey** 11.99 **NEW!**
foodstuffs smoked turkey breast, romaine, tomatoes, pepper jack cheese, bacon, chive cream cheese and pickles on ciabatta roll

meats

- **holey cow** 11.99
roast beef with wisconsin swiss cheese, romaine, crispy onions and garlic aioli on ciabatta roll
- **chilly Philly** 11.99 **NEW!**
griddled roast beef and wisconsin provolone cheese with crispy onions and chive cream cheese on ciabatta roll
- **the frenchie deux** 11.99 **NEW!**
bavarian ham, dijon mustard, pickles and brie cheese on flaky croissant
- **sicilian classico** 11.99
bavarian ham, capicola, wisconsin provolone cheese, romaine, red onions, tomatoes, pepperoncini peppers, italian seasoning, red wine vinegar and olive oil on italian bread

seafood

- **loco's tuna wrap** 11.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera wrapped in a whole wheat tortilla
- **sorry charlie** 11.99
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread
add avocado ¼ - .99 | ½ - 1.99

- sandwich extras -	
<i>add an additional portion of:</i>	
grilled all-natural chicken breast	3.99
terry's chicken salad	3.99
courtney's tuna salad	3.99
meats	2.99
bacon	2.99
avocado	¼ .99 ½ 1.99
marinated tomatoes	.99
roasted red peppers	.99
brie & mozzarella cheese	1.29
cheese	1 slice .49 2 slices .99
<small>(except brie & mozzarella)</small>	
dressings/sauces	.50



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substitutions will be an additional charge