

**vegetarian paninis**

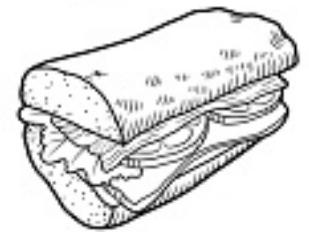
- **via's panini** 9.99  
sun-dried tomato spread, roasted tomatoes, baby spinach, artichoke hearts, pesto (nut free) and fresh mozzarella cheese on country french bread
- **adult grilled cheese** 9.99  
wisconsin cheddar, provolone, pesto (nut free) and tomatoes grilled on sourdough bread  
*Add avocado for .99*

**vegetarian**

- **pomodori alla mozzarella** 9.99  
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, pesto (nut free) and cracked black pepper  
*Add avocado for .99*
- **the vegetarian** 9.99  
your choice of vegetables, avocado, hummus, roasted red pepper spread, and fresh basil on your choice of bread
- **avocado toast** 10.99  
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta

<b>- sandwich extras -</b> <i>add an additional portion of:</i>	
grilled chicken breast, courtney's tuna	2.99
salad or chicken salad	
meats	1.99
bacon	.99
avocado	.99
marinated tomatoes	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
cheese (except brie & mozzarella)	.50
dressings/sauces	.50

**FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE**



**HORMONE & CAGE FREE**

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## build-your-own - 10.99 vegetarian - 9.99

### 1 meats \*choose one\*

grilled all-natural chicken breast	bacon
courtney's tuna salad	bavarian ham
smoked turkey breast	roast beef
terry's chicken salad	roasted turkey breast

### 2 vegetables part 1 \*choose one\*

*\*for vegetarian sandwiches, please choose two*

marinated tomatoes	roasted red peppers
avocado	grilled onions/mushrooms
artichoke hearts	tofu

### 3 vegetables part 2 \*choose as many as you like\*

romaine	arugula
baby spinach	baby greens
corn	cucumbers
tomatoes	red onions
carrots	bell peppers
fresh basil	edamame
hearts of palm	pickled onions

### 4 cheeses \*choose one\*

wisconsin cheddar	cream cheese & chives
feta	wisconsin provolone
wisconsin swiss	fresh mozzarella
havarti	wisconsin blue cheese
brie	goat cheese

### 5 breads \*choose one\*

harvest grain bread	buttercrust
country french	harvest grain ciabatta
black bread	focaccia
flour/wheat/spinach tortilla	baguette
gluten free tortilla	croissant
panini	

### 6 condiments \*choose up to two\*

grainy dijon mustard	giardiniera
cholesterol-free mayonnaise	pesto (nut free)
dijon mayonnaise	hecky's bbq sauce
chipotle mayonnaise	buffalo sauce
ginger soy dressing	balsamic vinaigrette
blue cheese dressing	caesar dressing
honey mustard	sun-dried tomato spread
artichoke spinach spread	hummus
cranberry chutney	horeseradish cream sauce
spicy hummus	olive spread
ranch dressing	
red pepper spread (contains nuts)	

## chicken CAGE & HORMONE FREE

- **chicken club** 10.99  
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **chicken little** 10.99  
terry's chicken salad with romaine and tomatoes on your choice of bread
- **buffalo chicken wrap** 10.99  
grilled all-natural chicken breast, blue cheese dressing, romaine and buffalo sauce wrapped in a flour tortilla
- **chicken caesar wrap** 10.99  
a flour tortilla filled with grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing
- **asian chicken wrap** 10.99  
grilled all-natural chicken breast, carrots, cucumbers, spinach, pickled onions, cilantro, wonton strips and ginger soy dressing wrapped in a flour tortilla

## roast beef MIDWEST RAISED & HORMONE FREE

- **the black angus** 10.99  
roast beef with cream cheese & chives, tomatoes and arugula on black bread
- **the horsy beef** 10.99  
roast beef, horseradish cream sauce, cheddar cheese, grilled onions, arugula and tomatoes on country french bread

## turkey CAGE & HORMONE FREE

- **the californian** 10.99  
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread

- **mr. bill** 10.99  
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread on country french bread
- **the napoleon** 10.99  
your choice of foodstuffs roasted or smoked turkey breast with wisconsin brie cheese, grainy dijon mustard and arugula on black bread
- **the soprano** 10.99  
smoked turkey breast, foodstuffs marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on country french bread
- **turkey croissant** 10.99  
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant

## ham HORMONE FREE

- **the j.b. wich** 10.99  
bavarian ham, wisconsin swiss cheese, romaine, tomatoes, and honey mustard on country french bread

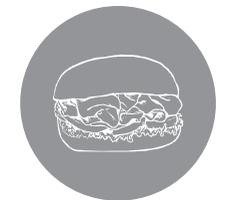
## seafood

- **loco's tuna wrap** 10.99  
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera peppers rolled into your choice of tortilla
- **the sorry charlie** 10.99  
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread  
*Add avocado for .99*

## paninis

- **the tammy** 10.99  
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on a baguette
- **chipotle chicken** 10.99  
grilled all natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on focaccia bread
- **someone's favorite panini** 10.99  
smoked turkey breast, brie cheese, cranberry chutney and romaine on country french bread
- **tuna melt** 10.99  
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread  
*Add avocado for .99*
- **the pumpernickel** 10.99  
bavarian ham, swiss cheese and cranberry chutney on black bread
- **the evanston panini** 10.99  
foodstuffs roast beef, wisconsin cheddar cheese, grilled onions and bbq sauce on panini bread

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buy 12 homemade sandwiches  
and get the 13th free!

10.99 or less

\*substitutions will be an additional charge\*