

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

M O N D A Y			
July 6			
SOUPS & DIPS			
Chicken Noodle Soup (LF) Butternut Squash Soup (GF)	6.99	ea	
Thai Chicken Soup	6.99	ea	
Barley & Lentil Soup	6.99	ea	
SALADS			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb	
Terry's Chicken Salad (LC)	16.99	lb	
Shaved Brussels Sprouts Salad	12.99	lb	
Vegan Couscous with Butternut Squash	12.99	lb	
Brown Rice Stir Fry (LF)	11.99	lb	
ENTREES & SIDE DISHES			
Grilled Honey Lime Chicken Breast	17.99	lb	
Lasagna with Ricotta & Turkey Meatballs	13.99	lb	
Herb Roasted Turkey Breast (LC)	18.99	lb	
Garden Vegetable Burgers	13.99	lb	
Chicken Burgers (LF) (LC)	14.99	lb	
Mini Cheeseburgers	3.99	ea	
Sesame Green Beans & Carrots	12.99	lb	
Mashed Potatoes & Butternut Squash	9.99	lb	
PASTRIES			
3" Chocolate Velvet Mousse Cake	10.99	ea	
Banana Bread Pudding with Caramel Sauce	9.99	lb	
Mini Rustic Cherry Tart	6.99	ea	
Mini Chocolate Éclair	4.99	ea	
Mini Cinnamon Sugar Pound Cake	6.99	ea	
Sarah's Crunch Cookies	19.99	lb	
Brownies Caramel Brownies	19.99	lb	
Black & White Squares Lemon Bars	19.99	lb	

W E D N E S D A Y			
July 8			
SOUPS & DIPS			
New England Clam Chowder with Bacon	6.99	ea	
Mushroom Brie Pecan Dip (LC)	7.99	ea	
SALADS			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Vietnamese Shrimp Salad	20.99	lb	
Happy Hippie Salad (NEW)	12.99	lb	
ENTREES & SIDE DISHES			
Dill Pickle Chicken Skewers (NEW)	13.99	ea	
Molasses BBQ Glazed Flank Steak	29.99	lb	
Vegan Rigatoni Bolognese	13.99	lb	
Southern Fried Chicken Sliders	4.99	ea	
Roasted Golden & Red Beets (LF)	12.99	lb	
Mashed Potatoes & Gravy	9.99	lb	
PASTRIES			
10" Smith Island Chocolate Cake	8.99	lb	
3" Lemon Meringue Cake	10.99	ea	
Mini Baked Peach Tart	7.99	ea	
Mama K's Carrot Cake Squares	5.99	ea	
Valrhona Chocolate Pudding	5.99	ea	
Chai Reese's Pudding (NEW)	5.99	ea	
Smiley Face Cookies	5.99	ea	
Mini Watermelon Shortbread	19.99	lb	
Twix Cookies	19.99	lb	
No Bake Chocolate Peanut Butter Oatmeal Bars	19.99	lb	
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T U E S D A Y			
July 7			
SOUPS & DIPS			
Nan's Gazpacho (GF) (LF)	6.99	lb	
Hummus (GF)	6.99	ea	
SALADS			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Jennifer Aniston's Bulgur Salad	12.99	lb	
Superfood Coleslaw	12.99	lb	
Garlic Potato Salad (NEW)	10.99	lb	
ENTREES & SIDE DISHES			
Chicken Scallopini with Marinara Sauce	17.99	lb	
Mini Carne Asada Burritos	11.99	ea	
Frank's Chicken & Rice Stew	15.99	lb	
Cauliflower & Goat Cheese Chile Relleno	13.99	lb	
Risa's Turkey Burgers (GF) (LC)	14.99	lb	
Grilled Vegetable Trio	13.99	lb	
PASTRIES			
Mini Blueberry Strawberry Lattice Pie	9.99	ea	
Gluten Free Lemon Custard with Berries & Cream Parfait	7.99	ea	
Reese's Peanut Butter Pieces Whoopie Pies	5.99	ea	
Tea Breads (Banana , Lemon Blueberry, Zucchini)	8.99	ea	
Foodstuffs Pound Cake	20.99	ea	
No Bake Monster Peanut Granola Bar Bites	19.99	lb	
Almond Crescents	19.99	lb	
Mexican Wedding Cookies	19.99	lb	
Monster Bars	19.99	lb	

T H U R S D A Y			
July 9			
SOUPS & DIPS			
Chicken Tortilla Soup	6.99	ea	
Artichoke & Spinach Dip (LC) (GF)	7.99	ea	
Carolina Crab Dip	7.99	ea	
SALADS			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb	
Terry's Chicken Salad (LC)	16.99	lb	
Vegan Spicy Tofu	14.99	lb	
ENTREES & SIDE DISHES			
Shrimp Pad Thai (LF)	20.99	lb	
Rajma Masala	13.99	lb	
Tadka Dal	13.99	lb	
Sugar Snap Peas with Mushrooms (LF)	13.99	lb	
Mini Lobster Rolls	9.99	ea	
Mini Cheeseburgers	3.99	ea	
Samosas	3.99	ea	
PASTRIES			
Mini French Silk Pie	10.99	ea	
Cookie Pizza	10.99	ea	
Mini Salted Caramel Brownie Cheesecake	10.99	ea	
Mini Chocolate Chip S'mores Cookies	19.99	lb	
Assorted Rugelach	10.99	pk	
Gluten Free Brownies	19.99	lb	

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FRIDAY

July 10

DIPS

Roasted Red Pepper Dip (LC) (GF) 7.99 ea

SALADS

Courtney's Tuna Salad (GF) (LC) 16.99 lb

Rigatoni Capri 11.99 lb

Grilled Corn Salad (LF) 12.99 lb

Honey Mustard Coleslaw 11.99 lb

Old Fashioned Egg Salad (LC) 12.99 lb

ENTREES & SIDE DISHES

No Carb Parmesan Chicken Breast (LC) 17.99 lb

Risotto with Wild Mushrooms 13.99 lb

Risa's Turkey Burgers (GF) (LC) 14.99 lb

Mini Tenderloin Sandwiches 8.99 ea

Pulled Smoked BBQ Brisket Sliders 4.99 ea

Grilled Vegetable Medley 13.99 lb

Sweet Potato Tater Tots 12.99 lb

PASTRIES

3" Triple Chocolate Malt Cake 10.99 ea

6" Banana Butterscotch Caramel Cake 21.99 ea

Mini White Chocolate Mousse Tart with Fresh Raspberries 7.99 ea

Mini Snowballs 7.99 ea

Fruit Thumbprints 19.99 lb

Homemade Chocolate Dipped Granola Bars 19.99 lb

No Bake Oreos Truffles (NEW) 19.99 lb

Foodstuffs Buttercream Sandwich Cookies 19.99 lb

Mini Mini Chocolate Chip Cookies 16.99 pk

Puppy Chow 19.99 lb

FOODSTUFFS FAMOUS COOKIES & SCONES

MONDAY - SATURDAY

Chocolate Chip Cookies 3.49 ea

MONDAY

Chocolate Chip Scones 2.99 ea

TUESDAY

Currant Scones 2.99 ea

WEDNESDAY

Chocolate Chip Scones 2.99 ea

THURSDAY

Currant Scones 2.99 ea

FRIDAY

Chocolate Chip Scones 2.99 ea

Oatmeal Raisin Cookies 3.49 ea

SATURDAY

Currant Scones 2.99 ea

Oatmeal Raisin Cookies 3.49 ea

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SATURDAY

July 11

SALADS

Courtney's Tuna Salad (GF) (LC) 16.99 lb

ENTREES & SIDE DISHES

Skinless Fried Chicken 10.99 lb

Grilled Shrimp Quesadillas 4.99 ea

BBQ Ribs 29.99 lb

Butternut Squash Ravioli with Nut-Free Pesto 13.99 lb

Sweet & Sour Meatballs 13.99 lb

PASTRIES

Mini Peach Pie with Brown Sugar Topping 9.99 ea

Mini Custard Napoleon 3.99 ea

**JULY SALES
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EL RAY TORTILLA CHIPS,
FOODSTUFFS SALSA,
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