

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

MONDAY		
January 26		
SOUPS & DIPS		
Chicken Noodle Soup (LF) Ten Vegetable Soup (GF) (LF)	6.99	ea
Tomato Soup with Israeli Couscous (LF)	6.99	ea
Chicken & Barley Soup (LF)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb
Terry's Chicken Salad (LC)	16.99	lb
Gemelli Pasta & English Peas	11.99	lb
Chopped Salad	11.99	lb
ENTREES & SIDE DISHES		
Grilled Balsamic Orange Chicken Breast	17.99	lb
Old Fashioned Turkey Meatloaf	12.99	ea
Low Fat Spinach Lasagna (LF)	12.99	lb
Chicken Burgers	13.99	lb
Mini Cheeseburgers	3.99	ea
Lemon Green Beans with Almonds	12.99	lb
Mashed Potatoes & Butternut Squash	9.99	lb
PASTRIES		
3" Boston Cream Cake	9.99	ea
Chocolate Chip Bread Pudding with Chocolate Sauce	8.99	lb
Mini Rustic Strawberry Peach Tart	5.99	ea
Mini Red Velvet Bundt Cake with Cream Cheese Glaze	6.99	ea
Caramel Thumbprints	19.99	lb
Brownies Caramel Brownies	19.99	lb
Black & White Squares Lemon Bars	19.99	lb

WEDNESDAY		
January 28		
SOUPS & DIPS		
Split Pea & Ham Soup (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Turkey Cranberry Salad	16.99	lb
Italian Chopped Brussels Sprouts Salad	11.99	lb
ENTREES & SIDE DISHES		
BBQ Chicken Kabobs (LF)	12.99	ea
Flank Steak Vesuvio	28.99	lb
Eggplant Parmesan	12.99	lb
Southern Fried Chicken Sliders	4.99	ea
Roasted Wild Mushrooms	16.99	lb
Mashed Potatoes & Gravy	8.99	lb
PASTRIES		
12" Heavenly Chocolate Cake	8.99	lb
3" Golden Raspberry Cake with Fudge Icing	9.99	ea
Mini Chocolate Chip Pound Cake	6.99	ea
Fresh Mixed Berry Fruit Slice	6.99	ea
Mama K's Carrot Cake Squares	5.99	ea
Valrhona Chocolate Pudding	4.99	ea
Banana Wafer Pudding	4.99	ea
Smiley Face Cookies	5.99	ea
Valentine's Confetti Butter Cookies	19.99	lb
Mini Heart Shaped Shortbread	19.99	lb
Pistachio Cherry Chocolate Cookies	19.99	lb
Oatmeal Caramelitas	19.99	lb

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TUESDAY		
January 27		
SOUPS & DIPS		
Mediterranean Lentil Soup (GF) (LF)	6.99	ea
Hummus (GF)	5.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Jicama Orange Salad (LF)	11.99	lb
ENTREES & SIDE DISHES		
Turkey Milanese	18.99	lb
Keto Moroccan Lamb Tagine (LC)	18.99	lb
Chicken Parmesan Tenders	17.99	lb
Jumbo Stuffed Shells	12.99	lb
Risa's Turkey Burgers (GF) (LC)	13.99	lb
Parmesan Herb Cauliflower	12.99	lb
Roasted Herb Sweet Potatoes	10.99	lb
PASTRIES		
Mini Apple Streusel Pie	8.99	ea
Crème Caramel	4.99	ea
Tea Breads (Banana, Zucchini)	8.99	ea
Foodstuffs Pound Cake	19.99	ea
Karen Malkin's Raw Cranberry Oat Bites	19.99	lb
Mexican Wedding Cookies	19.99	lb
Monster Bars	19.99	lb

THURSDAY		
January 29		
SOUPS & DIPS		
Greek Chicken & Orzo Soup (LF)	6.99	ea
Artichoke & Spinach Dip (LC) (GF)	6.99	ea
Carolina Crab Dip	7.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb
Terry's Chicken Salad (LC)	16.99	lb
Vegan Spicy Tofu	14.99	lb
ENTREES & SIDE DISHES		
Sesame Shrimp & Asparagus Stir Fry with Brown Rice	19.99	lb
Chicken Pad Thai	14.99	lb
Szechuan Beef & Broccoli	15.99	lb
Gingered Butternut Squash	12.99	lb
Mini Lobster Rolls	9.99	ea
Mini Cheeseburgers	3.99	ea
Samosas	3.49	ea
PASTRIES		
Mini Raspberry Peach Rhubarb Lattice Pie	8.99	ea
Mini Key Lime Cheesecake	9.99	ea
Birthday Whoopie Pie	5.99	ea
Valentine's Pinwheel Cookies	19.99	lb
Mini Fudge Stuffed Chocolate Chip Cookies	19.99	lb
Assorted Rugelach	10.99	pk
Gluten Free Brownies	19.99	lb

VALENTINE'S DAY MENU
AVAILABLE IN
STORES & ONLINE!

Foodstuffs

GOURMET FOODS & CATERING

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FRIDAY January 30	
SOUPS & DIPS	
Five Alarm Chili	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
The Best Vegan Broccoli Salad	11.99 lb
Old Fashioned Egg Salad (LC)	12.99 lb
ENTREES & SIDE DISHES	
Stuffed Chicken Breast with Mozzarella	17.99 lb
Roasted Tomato Risotto	12.99 lb
Risa's Turkey Burgers (GF) (LC)	13.99 lb
Mini Tenderloin Sandwiches	7.99 ea
Mu Shu Chicken Sliders	4.99 ea
Via's Grilled Vegetables (LC)	12.99 lb
Lemon Oregano Potato Wedges	10.99 lb
PASTRIES	
3" Chocolate Motherlode Cake	9.99 ea
6" Cinnamon Crunch Cake	20.99 ea
Glazed Triple Berry Pie	5.99 ea
Cannoli	4.99 ea
Paulette's Chocolate Chip Mandel Brot	19.99 lb
Valentine's Buttercream Cookies	19.99 lb
Mini Mini Chocolate Chip Cookies	16.99 pk
Puppy Chow	19.99 lb

SATURDAY January 31	
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
ENTREES & SIDE DISHES	
Orange Chicken	14.99 lb
BBQ Chicken Meatballs (LF)	12.99 lb
Reduced Fat Creamy Spinach Enchiladas	3.99 ea
Ravioli with Italian Meat Sauce	12.99 lb
Chinese Egg Rolls	3.99 ea

**SUPER BOWL MENU
AVAILABLE IN
STORES & ONLINE!**

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	3.49 ea
MONDAY	
Chocolate Chip Scones	2.99 ea
TUESDAY	
Currant Scones	2.99 ea
WEDNESDAY	
Chocolate Chip Scones	2.99 ea
THURSDAY	
Currant Scones	2.99 ea
FRIDAY	
Chocolate Chip Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SATURDAY	
Currant Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea

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