

# Foodstuffs

GOURMET FOODS & CATERING

\* Menu Items Subject to Change

<b>MONDAY</b>	
September 25	
YOM KIPPUR MENU	
<b>SOUPS &amp; DIPS</b>	
ww Chicken Noodle Soup (LF)   Chicken Pot Pie Soup	6.99 ea
ww Ten Vegetable Soup (GF) (LF)	6.99 ea
Black Bean & Brown Rice Soup	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
<b>SIDE DISHES</b>	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
Chopped Salad	10.99 lb
Roxi's Egg Salad (LC)	10.99 lb
ww Fall Roasted Vegetables (LF)	11.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
<b>ENTREES</b>	
Grilled BBQ Chicken Breast	16.99 lb
Mushroom Ravioli with Spinach & Roasted Tomatoes	11.99 lb
ww Chicken Burgers (LF) (LC)	12.99 lb
Mini Lox & Bagel Sandwiches	4.99 ea
Mini Cheeseburgers	3.49 ea
<b>PASTRIES</b>	
Mini Southern Peach Pie	7.99 ea
3" Lemon Meringue Cake	8.99 ea
Mini Tuxedo Tart	6.99 ea
Mini Rustic Apple Tart	5.99 ea
Banana Choc. Chip Cake Squares w/ Cream Cheese Frosting	4.99 ea
Fruit Thumbprints	17.99 lb
Brownies   Caramel Brownies	17.99 lb
Black & White Squares   Lemon Bars	17.99 lb
<b>BREADS</b>	
Round Challah	8.99 ea
Round Raisin Challah	9.99 ea

<b>WEDNESDAY</b>	
September 27	
<b>SOUPS</b>	
ww Chicken Soup with Lime & Hominy	6.99 ea
<b>SALADS</b>	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Basil Parmesan Chicken Salad (LC)	14.99 lb
ww Grilled Corn Salad (LF)	10.99 lb
<b>ENTREES &amp; SIDE DISHES</b>	
Stuffed Chicken Breast with Artichoke & Spinach	16.99 lb
ww Keto Moroccan Lamb Tagine (LC)	16.99 lb
ww Reduced Fat Chicken Tetrizzini	11.99 lb
ww Roasted Tomato Risotto	10.99 lb
Southern Fried Chicken Sliders	4.49 ea
ww Parmesan Herb Cauliflower	11.99 lb
Mashed Potatoes & Gravy	7.99 lb
<b>PASTRIES</b>	
10" Smith Island Chocolate Cake	7.99 lb
3" Marble Cake with Cream Cheese Frosting	8.99 ea
Mini Lemon Glazed Pound Cake	5.99 ea
French Pear Slices	4.99 ea
Mama K's Carrot Cake Squares	4.99 ea
Valrhona Chocolate Pudding   Clemente's Rice Pudding	4.49 ea
Smiley Face Cookies	4.99 ea
Mini Halloween Shortbread	17.99 lb
Dark Chocolate Sables	17.99 lb
Six Layer Peanut Butter S'mores Bars	17.99 lb

<b>TUESDAY</b>	
September 26	
<b>SOUPS &amp; DIPS</b>	
ww Moroccan Lentil & Chickpea Soup (GF) (LF)	6.99 ea
ww Spicy Feta Dip (GF) (LC)	6.99 ea
ww Hummus (GF)	5.99 ea
<b>SALADS</b>	
Courtney's Tuna Salad (LC)	14.99 lb
ww Vegetarian Gyro Salad (LF)	10.99 lb
ww Jicama Orange Salad (LF)	10.99 lb
<b>ENTREES &amp; SIDE DISHES</b>	
Turkey Milanese	16.99 lb
Frank's Chicken & Rice Stew	11.99 lb
Mini Carne Asada Burritos	9.99 ea
ww Black Bean & Butternut Squash Enchilada Bake	11.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Mini Reuben Sandwiches	4.49 ea
ww Sugar Snap Peas with Tri-Color Peppers (LF)	11.99 lb
Jumbo Potato with Three Cheese	6.99 ea
<b>PASTRIES</b>	
Mini Fat Boys	2.99 ea
Brioche Bread Pudding with Caramel Sauce	7.99 lb
Mini Chocolate Toffee Bundt Cake	5.99 ea
Tea Breads (Banana, Zucchini, Lemon Blueberry)	7.99 ea
Foodstuffs Pound Cake	18.99 ea
Raw Candy Bars	17.99 lb
Almond Crescents   Mexican Wedding Cookies	17.99 lb
Monster Bars	17.99 lb
<b>SHOP ALL YOUR FOODSTUFFS FAVORITES PLUS NEW ADDITIONS AT FOODSTUFFS.COM</b>	

<b>THURSDAY</b>	
September 28	
<b>SOUPS &amp; DIPS</b>	
ww Roasted Tomato & Butternut Squash Soup (GF) (LF)	6.99 ea
Artichoke & Spinach Dip (GF) (LC)	6.99 ea
ww Carolina Crab Dip	6.99 ea
<b>SALADS</b>	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
<b>ENTREES &amp; SIDE DISHES</b>	
Thai Rice Noodles with Shrimp	19.99 lb
Teriyaki Beef Stir Fry	14.99 lb
ww Mu Shu Chicken Patties (LF) (LC)	12.99 lb
Chicken Satay with Peanut Sauce	3.99 ea
Vegetable & Feta Cheese Patties	11.99 lb
ww Roasted Butternut Squash & Shallots	11.99 lb
Mini Lobster Rolls	9.99 ea
Mini Cheeseburgers	3.49 ea
Samosas	2.99 ea
<b>PASTRIES</b>	
Mini Triple Berry Cobbler Pie	7.99 ea
Mini Death by Chocolate Cheesecake	8.99 ea
Raspberry Paris Brest	6.99 ea
Taffy Apples w/ Nuts   Taffy Apples	5.99 ea   4.99 ea
Mini Chocolate Chip S'mores Cookies	17.99 lb
Gluten Free Brownies	17.99 lb

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GOURMET FOODS & CATERING

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FRIDAY	
September 29	
SOUPS & DIPS	
ww Turkey & Sausage Gumbo	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww My Big Fat Greek Tomato Salad (LC)	10.99 lb
Cavatappi with Roasted Tomatoes & Bocconcini	10.99 lb
Old Fashioned Egg Salad (LC)	10.99 lb
ENTREES & SIDE DISHES	
Grilled BBQ Chicken Breast	16.99 lb
Ravioli with Italian Meat Sauce	11.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Mini Tenderloin Sandwiches	6.99 ea
Nashville Hot Honey Chicken Sliders	4.49 ea
ww Lemon Grilled Vegetables	11.99 lb
ww Roasted Fingerling Potatoes	9.99 lb
PASTRIES	
6" Banana Chocolate Chip Cinnamon Cake	19.99 ea
3" Chocolate Sour Cream Layer Cake	8.99 ea
Mini Custard Napoleon	3.49 ea
Mini Pumpkin Éclair	3.99 ea
Glazed Peach Pie	4.99 ea
Donut Muffin Cake Bites	17.99 lb
Danish Salted Butter Cookies	17.99 lb
Foodstuffs Buttercream Cookies	17.99 lb
Mini Mini Chocolate Chip Cookies	14.99 pk
Puppy Chow	16.99 lb

**JOIN FOODSTUFFS SANDWICH CLUB!**  
PURCHASE 12 SANDWICHES AND GET YOUR NEXT GOURMET SANDWICH FREE!

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	2.99 ea
MONDAY	
Chocolate Chip Scones	2.49 ea
TUESDAY	
Apricot Scones	2.49 ea
WEDNESDAY	
Butterscotch Scones	2.49 ea
THURSDAY	
Chocolate Chip Scones	2.49 ea
FRIDAY	
Apricot Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea
SATURDAY	
Butterscotch Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea

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SATURDAY	
September 30	
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww Asparagus & Couscous Salad	10.99 lb
ENTREES & SIDE DISHES	
ww Keto Buffalo Chicken Meatballs (LF)	11.99 lb
Mini Smoked Turkey Quesadillas	10.99 lb
ww Chicken Pot Pie Casserole	10.99 lb
Mini Vegetable Egg Rolls	12.99 lb
Nan's Eggplant Squash Bake	11.99 lb
Spinach & Feta Pie	4.99 ea
Falafel	1.29 ea
PASTRIES	
Mini French Silk Pie	8.99 ea
Mini Goopy Butterscotch Graham Cracker Cheesecake	6.99 ea
Mini Baked Harvest Streusel Tart	5.99 ea
Chocolate Dipped Twinkies	4.99 ea

**JOIN FOODSTUFFS BREAD CLUB!**  
PURCHASE 12 LOAVES OF BREAD AND GET YOUR NEXT ONE FREE!

**Foodstuffs Events & Catering is celebrating summer with sun-kissed sides, beautiful tea platters, festive BBQs, desserts & more.**



**ELEVATE YOUR EVENT WITH FOODSTUFFS EVENTS & CATERING**

STORE HOURS	
<b>GLENCOE</b> 338 Park Avenue Glencoe, IL 60022 (847) 835-5105	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
<b>EVANSTON</b> 2106 Central Street Evanston, IL 60201 (847) 328-7704	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
<b>GLENVIEW</b> 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
<b>LAKE FOREST</b> 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600	Store Hours: MON - SAT 10:00 - 5:00 SUN Closed