

Foodstuffs

GOURMET FOODS & CATERING



EVANSTON

BUILD YOUR OWN SALAD

Foodstuffs salads are tossed to order, using garden fresh, premium ingredients and can be chopped upon request.

OR, CHOOSE FROM OUR CHEF'S FAVORITES

* california dreaming *

baby spinach, sugared walnuts, dried cranberries, edamame, tofu, wisconsin blue cheese with balsamic vinaigrette

* mediterranean salad *

grilled all-natural chicken breast, baby greens, kalamata olives, roasted tomatoes, marinated artichokes, feta cheese, dried cranberries with feta vinaigrette

* sunny honey salad *

grilled all-natural chicken breast, arugula, romaine, roasted sweet potatoes, corn, roasted tomatoes, marinated mushrooms, goat cheese, with honey lime vinaigrette

* farmer jay *

grilled all-natural chicken breast, bacon, eggs, romaine, corn, carrots, scallions, cheddar cheese and country honey dijon mustard dressing

* italian tuna salad *

courtney's tuna salad, baby greens, corn, cherry tomatoes, fresh mozzarella, kalamata olives, fresh basil and italian herb vinaigrette
additional 1.99

* southern sun *

romaine, tomatoes, avocado, cilantro, corn, garbanzo beans, feta cheese, tortilla strips with lime vinaigrette

* chicken caesar salad *

grilled all-natural chicken breast, romaine, croutons, shredded parmesan cheese with creamy caesar dressing

* mexicali *

romaine, black beans, corn, wisconsin cheddar cheese, cilantro, tomatoes, tortilla strips with chipotle ranch dressing

BUILD YOUR OWN SALAD

1. choose your greens:

- baby greens
- kale mix
- romaine
- baby spinach
- arugula

2. select any number of ingredients:

- corn
- eggs
- broccoli
- bell peppers
- red onions
- black beans
- carrots
- marinated mushrooms
- cucumbers
- pickled red onions
- jicama
- pepperoncini
- cilantro
- beets
- grape tomatoes
- kalamata olives
- artichoke hearts
- roasted red peppers
- roasted sweet potatoes
- roasted tomatoes
- roasted brussels sprouts
- cabbage
- scallions
- avocado
- garbanzo beans
- giant white beans
- red quinoa
- giardiniera
- apples
- tofu

3. select any number of toppings:

- tortilla strips
- foodstuffs croutons
- wasabi peas
- sugared walnuts
- sunflower seeds
- dried cranberries
- sesame sticks
- black sesame seeds
- sea salt chickpeas
- crispy onions
- slivered almonds
- wonton strips

4. add meats, salads & cheeses:

- grilled all-natural chicken breast
- black forest salami
- roasted turkey breast
- bacon
- terry's chicken salad
- courtney's tuna salad
- wisconsin blue cheese
- feta cheese
- shredded parmesan
- wisconsin cheddar
- fresh mozzarella
- goat cheese

5. top it off with your favorite dressing:

- fat-free raspberry vinaigrette
- ginger soy vinaigrette
- creamy caesar
- balsamic vinaigrette
- extra virgin olive oil
- balsamic vinegar
- red wine vinegar
- sweet vidalia onion
- feta vinaigrette
- avocado ranch
- italian herb vinaigrette
- green goddess dressing
- wildfire red wine vinaigrette
- farmhouse ranch
- blue cheese dressing
- reduced-fat honey lime
- chipotle ranch
- balsamic fig vinaigrette
- country honey dijon mustard
- organic citrus vinaigrette
- poppyseed
- lime vinaigrette

- gluten free

12.99/LB

2 oz additional chicken breast for 2.29
additional dressing or sauce .50
2 oz courtney's tuna for 1.99
4 oz courtney's tuna for 3.99
salmon for 28.99 lb

**FOODSTUFFS CHICKEN & TURKEY ARE
CAGE & HORMONE FREE**

Evanston
2106 Central Street
847.328.7704

Glencoe
338 Park Avenue
847.835.5105

Glenview
Carillon Square
1456 Waukegan Road
847.832.9999
Lake Forest
255 E. Westminster
847.234.6600

FOODSTUFFS.COM

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