

## vegetarian paninis

- **via's panini** 10.99  
sun-dried tomato spread, roasted tomatoes, baby spinach, artichoke hearts, pesto (nut free) and fresh mozzarella cheese on country french bread
- **adult grilled cheese** 10.99  
wisconsin cheddar, provolone, pesto (nut free) and tomatoes grilled on panini bread  
*Add avocado for .99*
- **southern pimento** 10.99  
pimento cheese spread with swiss cheese, avocado and giardiniera on country french bread

## vegetarian

- **pomodori alla mozzarella** 10.99  
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, pesto (nut free) and cracked black pepper  
*Add avocado for .99*
- **the vegetarian** 10.99  
your choice of vegetables, avocado, hummus, roasted red pepper spread (contains nuts), and fresh basil on your choice of bread
- **avocado toast** 11.99  
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta

## - sandwich extras - *add an additional portion of:*

grilled chicken breast	3.99
terry's chicken salad	3.79
courtney's tuna	3.79
meats	2.99
bacon	1.99
avocado	.99
marinated tomatoes	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
all other cheese (except brie & mozzarella)	.50
dressings/sauces	.50

# Foodstuffs

## GOURMET FOODS & CATERING

**Evanston**  
2106 Central Street  
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**Glenview**  
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**Lake Forest**  
255 E Westminster  
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FOODSTUFFS.COM

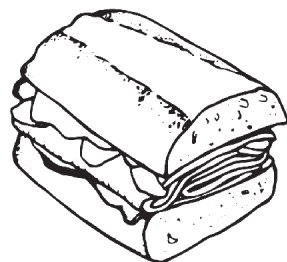
MENUS · DEALS · SHOP · RESOURCES · CAREERS · CATERING

*made with the finest and  
freshest ingredients*

# SANDWICHES



## FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



## HORMONE & CAGE FREE

## build-your-own - 11.99 vegetarian - 10.99

### 1 meats \*choose one\*

grilled all-natural chicken breast	bacon
courtney's tuna salad	bavarian ham
smoked turkey breast	roast beef
terry's chicken salad	roasted turkey breast

### 2 vegetables part 1 \*choose one\*

\*for vegetarian sandwiches, please choose two

marinated tomatoes	roasted red peppers
avocado	grilled onions/mushrooms
artichoke hearts	

### 3 vegetables part 2 \*choose as many as you like\*

romaine	arugula
baby spinach	baby greens
corn	cucumbers
tomatoes	red onions
bell peppers	pickles
fresh basil	pickled onions

### 4 cheeses \*choose one\*

wisconsin cheddar	cream cheese & chives
feta	wisconsin provolone
wisconsin swiss	fresh mozzarella
havarti	goat cheese
brie	pimento cheese spread

### 5 breads \*choose one\*

harvest grain bread	buttercrust
country french	harvest grain ciabatta
black bread	tomato focaccia
flour/wheat/spinach tortilla	demi baguette
gluten free tortilla	croissant
panini bread	sourdough

### 6 condiments \*choose up to two\*

grainy dijon mustard	giardiniera
mayonnaise	pesto (nut free)
dijon mayonnaise	bbq sauce
chipotle mayonnaise	buffalo sauce
balsamic vinaigrette	blue cheese dressing
caesar dressing	honey mustard
sun-dried tomato spread	artichoke spinach spread
hummus	cranberry chutney
horseradish cream sauce	pepperoncini
ranch dressing	garlic parmesan spread
red pepper spread (contains nuts)	

## chicken CAGE & HORMONE FREE

- **chicken club** 11.99  
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **what the cluck wrap** 11.99  
terry's chicken salad, romaine, tomatoes, sriracha and avocado wrapped in a flour tortilla
- **buffalo chicken wrap** 11.99  
grilled all-natural chicken breast, blue cheese dressing, romaine and buffalo sauce wrapped in a flour tortilla
- **chicken caesar wrap** 11.99  
grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing wrapped in a flour tortilla
- **greek chicken wrap** 11.99  
grilled all-natural chicken breast, baby greens, kalamata olives, red onions, tomatoes, pickles, feta cheese and hummus wrapped in a spinach tortilla

## roast beef MIDWEST RAISED & HORMONE FREE

- **the black angus** 11.99  
roast beef with cream cheese & chives, tomatoes and arugula on black bread
- **the horsy beef** 11.99  
roast beef, horseradish cream sauce, cheddar cheese, grilled onions, arugula and tomatoes on country french bread
- **garlic roast beef** 11.99  
roast beef, romaine, tomatoes and garlic parmesan spread on black bread

## turkey CAGE & HORMONE FREE

- **the californian** 11.99  
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread

- **mr. bill** 11.99  
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on country french bread
- **chipotle club** 11.99  
roasted turkey breast with bacon, avocado, romaine, tomatoes, red onions, pickles, provolone cheese and chipotle mayonnaise on a demi baguette
- **the soprano** 11.99  
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on country french bread
- **turkey croissant** 11.99  
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant

## ham HORMONE FREE

- **the j.b. wich** 11.99  
bavarian ham, wisconsin swiss cheese, romaine, tomatoes, and honey mustard on country french bread

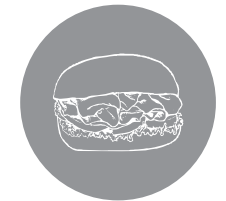
## seafood

- **loco's tuna wrap** 11.99  
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera wrapped into your choice of tortilla
- **the sorry charlie** 11.99  
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread  
*Add avocado for .99*
- **pimento tuna** 11.99  
courtney's tuna salad with tomatoes, cilantro, avocado, pimento cheese spread, provolone cheese and giardiniera on panini bread

## paninis

- **the tammy** 11.99  
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on a demi baguette
- **chipotle chicken** 11.99  
grilled all natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on tomato focaccia bread
- **someone's favorite panini** 11.99  
smoked turkey breast, brie cheese, cranberry chutney and romaine on country french bread
- **tuna melt** 11.99  
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread  
*Add avocado for .99*
- **sun-kissed chicken** 11.99  
grilled all-natural chicken breast, bacon, mozzarella cheese, red onions, sun-dried tomato spread and mayonnaise on sourdough bread
- **oinkster** 11.99  
bavarian ham with wisconsin swiss cheese, bacon, pickles and yellow mustard on panini bread

## JOIN OUR SANDWICH CLUB



buy 12 homemade sandwiches  
and get the 13th free!

11.99 or less

\*substitutions will be an additional charge\*