

# Foodstuffs

GOURMET FOODS & CATERING

\* Menu Items Subject to Change

<b>MONDAY</b>	
May 9	
<b>SOUPS &amp; DIPS</b>	
ww	Chicken Noodle Soup (LF)   ww Mediterranean Chicken Soup (LF)
ww	Country Vegetable Soup (LF) (GF)   ww Capellini & Kale Soup (LF)
ww	Turkey Orzo Soup (LF)
ww	Mushroom Barley Soup (LF)
	Roasted Red Pepper Dip (LC) (GF)
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad (LC)
	Apple, Pistachio & Brussels Sprouts Salad
<b>ENTREES &amp; SIDE DISHES</b>	
	Za'atar Charred Chicken Breast w/Hummus (LC)
	Roasted Lemon Sage Turkey Breast
ww	Keto Casserole with Beef & Broccoli (LC)
ww	Vegan Rigatoni Bolognese (LF)
ww	Low Fat Black Bean Lasagna (LF)
ww	Chicken Burgers (LC) (LF)
	Mini Cheeseburgers
ww	Lemon Parmesan Roasted Broccoli
	Mashed Potatoes & Butternut Squash
<b>PASTRIES</b>	
	3" S'mores Cake
	Cherry Brioche Bread Pudding
	Mini Rustic Apple Tart w/ Caramel
	Mini Vanilla Swirl Pound Cake
	Lemon Raspberry Cake Squares w/ Cream Cheese Frosting
	Raspberry Filled Finger Cookies
	Brownies
	Caramel Brownies
	Black & White Squares   Lemon Bars

<b>WEDNESDAY</b>	
May 11	
<b>SOUPS</b>	
	Manhattan Clam Chowder
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
ww	Chicken Shawarma Salad
ww	Citrus Vegetable Salad (LC)
<b>ENTREES &amp; SIDE DISHES</b>	
	Grilled Chicken Breast & Artichoke Skewers
	Corned Beef with Horseradish Sauce (LC)
	Kale, Pea & Ricotta Fritters w/ Red Pepper Aioli
	Penne Puttanesca with Shrimp
	Southern Fried Chicken Sliders
ww	Nan's Green Beans (LC) (LF)
	Mashed Potatoes & Gravy
<b>PASTRIES</b>	
	10" Heavenly Chocolate Cake
	3" Boston Cream Cake
	Mini Lemon Coconut Apricot Cake
	French Triple Berry Streusel Slice
	Mama K's Carrot Cake Squares
	Valrhona Chocolate Pudding   Clemente's Rice Pudding
	Cubs Cookies   White Sox Cookies
	Holiday Mini Shortbread Cookies
	Karen Plowden's Ginger Snap Sandwich Cookies
	Toasted Coconut Key Lime Bars

<b>TUESDAY</b>	
May 10	
<b>SOUPS &amp; DIPS</b>	
	Gnocchi & Chicken Minestrone Soup
ww	Hummus (GF)
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
	Vegan Spicy Eggplant Tofu
ww	Grilled Beet Salad
<b>ENTREES &amp; SIDE DISHES</b>	
	Chicken Milanese
	Steak & Caramelized Onion Tacos
	Grilled Shrimp Quesadillas
	Reduced Fat Creamy Spinach Enchiladas
	Scott's Parmesan Corn Risotto
	Risa's Turkey Burgers (LC)
	Mu Shu Chicken Sliders
ww	Roasted Brussels Sprouts & Mushrooms
	Garlic Smashed Baby Potatoes
<b>PASTRIES</b>	
	Mini Apricot Raspberry Lattice Pie
	Mini Zucchini Bundt Cake w/ Cream Cheese Frosting
	Foodstuffs Ding Dongs
	Tea Breads (Banana, Chocolate Chip, Lemon Blueberry)
	Foodstuffs Pound Cake
	No Bake Monster Peanut Granola Bar Bites
	Almond Crescents
	Mexican Wedding Cookies
	Monster Bars

<b>THURSDAY</b>	
May 12	
<b>SOUPS &amp; DIPS</b>	
ww	Summer Garden Vegetable Soup (LF) (GF)
	Artichoke & Spinach Dip (LC) (GF)
ww	Carolina Crab Dip
<b>SALADS</b>	
	Courtney's Tuna Salad (LC)
	Reduced Fat Tuna Salad (LC)
	Terry's Chicken Salad (LC)
	Vegan Spicy Tofu
<b>ENTREES &amp; SIDE DISHES</b>	
ww	Shrimp Pad Thai (LF)
	Oriental Orange Chicken
ww	Herb Roasted Garlic Chicken Burgers (GF)
ww	Vegetable Cauliflower Rice Stir Fry (LF) (LC)
	Spinach & Artichoke Stuffed Portobellos
ww	Sugar Snap Peas with Tri Color Peppers
	Mini Lobster Rolls
	Mini Cheeseburgers
	Samosas
<b>PASTRIES</b>	
	6" Cherry Berry Peasant Tart
	Mini Cappuccino Cheesecake
	Mini Fresh Strawberry Fruit Tart
	Mini Pineapple Upside Down Cake
	Mini Chocolate Chip S'mores Cookies
	Gluten Free Brownies
	Karen Malkin's Raw Cranberry Oat Bars
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FRIDAY May 13	
<b>SOUPS &amp; DIPS</b>	
Chicken Pot Pie Soup Mediterranean Feta Dip (LC) (GF) Roasted Red Pepper Dip (LC) (GF)	
<b>SALADS</b>	
Courtney's Tuna Salad (LC) Greek Island Salad Spinach Orzo Pasta Salad Honey Mustard Coleslaw ww Old Fashioned Egg Salad (LC)	
<b>ENTREES &amp; SIDE DISHES</b>	
Grilled Herb Marinated Chicken Breast (LC) Wild Mushroom & Goat Cheese Crepes ww Vodka Rigatoni w/ Turkey Meatballs Keto Fried Chicken Risa's Turkey Burgers (LC) Mini Tenderloin Sandwiches ww Roasted Vegetable Antipasto Mashed Potatoes & Butternut Squash	
<b>PASTRIES</b>	
6" Champagne Truffle Torte Sour Cream Cinnamon Coffeecake Mini Ultimate Chocolate Tart 3" Banana Cake with Fudge Frosting Mini Baked Peach Tart Donut Muffin Cake Bites Chocolate Shortbread Foodstuffs Buttercream Cookies Mini Mini Chocolate Chip Cookies Puppy Chow	

SATURDAY May 14	
<b>DIPS</b>	
Spicy Hummus (GF)	
<b>SALADS</b>	
Courtney's Tuna Salad (LC) ww Grilled Corn Salad (LF)	
<b>ENTREES &amp; SIDE DISHES</b>	
Chicken Parmesan Tenders BBQ Ribs Coconut Chicken Skewers ww Sweet & Sour Tofu Stir Fry Mini Mac & Cheese Pancakes ww Spinach Parmesan Nashville Hot Honey Chicken Sliders Vegan Lentil Pie Falafel	
<b>PASTRIES</b>	
Mini Lemon Meringue Pie Mini Goopy Butterscotch Graham Cracker Cheesecake Raspberry Rhubarb Turnover Mini Snow Cone Cupcakes Oatmeal, Cherry & Walnut Cookies	
<p><b>MAY SALES!</b>  <b>ENJOY 10% OFF:</b>  <b>FOODSTUFFS FROZEN SOUPS</b>  <b>KAREN MALKIN'S BARS (PROTEIN BROWNIE BAR AND SUPERFOOD BAR)</b>  <b>WELLS STREET POPCORN</b></p>	

FOODSTUFFS FAMOUS COOKIES & SCONES	
<b>MONDAY - SATURDAY</b>	
Chocolate Chip Cookies	
<b>MONDAY</b>	
Chocolate Chip Scones	
<b>TUESDAY</b>	
Apricot Scones	
<b>WEDNESDAY</b>	
Butterscotch Scones	
<b>THURSDAY</b>	
Chocolate Chip Scones	
<b>FRIDAY</b>	
Apricot Scones Oatmeal Raisin Cookies	
<b>SATURDAY</b>	
Butterscotch Scones Oatmeal Raisin Cookies	
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