



cali bowls

flavor packed power meals comprised of grains, proteins, vegetables, sauces and crunch in every bite

SALMON BOWL - 14.99/lb

red quinoa, poached salmon, cucumbers, pickled red onions, black sesame seeds, and sriracha teriyaki sauce

ASIAN BOWL - 12.99/lb

brown rice, grilled chicken breast, broccoli, carrots, cucumbers, edamame, black sesame seeds and ginger-soy vinaigrette

MEXI-CHICKEN BOWL - 12.99/lb

brown rice, grilled chicken breast, black beans, corn, scallions, avocado, cilantro, and chipotle ranch dressing

NOT A GRAIN BOWL - 12.99/lb

cucumbers, tomatoes, onions, cilantro, feta cheese, avocado, red peppers, fresh lemon juice, and tortilla strips

RICE N' MORE BOWL - 12.99/lb

brown rice, kale, sweet potatoes, apples, sea salt chickpeas, banana chips, and poppyseed dressing

GREEK BOWL - 12.99/lb

quinoa, tomatoes, cucumbers, olives, pickled red onions, feta cheese, sea salt chickpeas, and feta vinaigrette

QUINOA SOY BOWL - 12.99/lb

quinoa, cucumbers, carrots, mangoes, cabbage, black beans, sesame seeds, wonton strips, and ginger-soy vinaigrette

BUFF CHICKEN BOWL - 12.99/lb

brown rice, grilled chicken breast, black beans, scallions, carrots, crispy onions, and buffalo sauce




CALI BOWLS

2024

Foodstuffs
GOURMET FOODS & CATERING

EVANSTON
2106 Central St.
847.328.7704

LAKE FOREST
255 E. Westminster
847.234.6600



Freshly made exclusively at Evanston & Lake Forest

foodstuffs.com



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