

vegetarian paninis

- **via's panini** 10.99
sun-dried tomato spread, roasted tomatoes, baby spinach, artichoke hearts, pesto (nut free) and fresh mozzarella cheese on country french bread
- **adult grilled cheese** 10.99
wisconsin cheddar, provolone, pesto (nut free) and tomatoes grilled on panini bread
Add avocado for .99
- **power plant** 11.99 **NEW!**
baby greens, avocado, hummus, feta cheese, tomatoes, onions, pickles, cucumbers, mushrooms, black olives and bell peppers grilled on a spinach tortilla

vegetarian

- **pomodori alla mozzarella** 10.99
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, pesto (nut free) and cracked black pepper
Add avocado for .99
- **the vegetarian** 10.99
your choice of vegetables, avocado, hummus, roasted red pepper spread, and fresh basil on your choice of bread
- **avocado toast** 11.99
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta

- sandwich extras - *add an additional portion of:*

grilled chicken breast	3.99
chicken salad	3.49
courtney's tuna	3.49
meats	2.99
bacon	1.99
avocado	.99
marinated tomatoes	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
cheese (except brie & mozzarella)	.50
dressings/sauces	.50

Foodstuffs

GOURMET FOODS & CATERING

Evanston
2106 Central Street
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Glenview
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FOODSTUFFS.COM

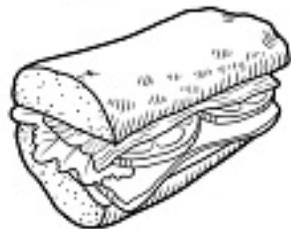
menus • deals • shop • resources • careers • catering

*made with the finest and
freshest ingredients*

SANDWICHES



FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



HORMONE & CAGE FREE

build-your-own - 11.99 vegetarian - 10.99

1 meats *choose one*

- | | |
|------------------------------------|-----------------------|
| grilled all-natural chicken breast | bacon |
| courtney's tuna salad | bavarian ham |
| smoked turkey breast | roast beef |
| terry's chicken salad | roasted turkey breast |

2 vegetables part 1 *choose one*

**for vegetarian sandwiches, please choose two*

- | | |
|--------------------|--------------------------|
| marinated tomatoes | roasted red peppers |
| avocado | grilled onions/mushrooms |
| artichoke hearts | tofu |

3 vegetables part 2 *choose as many as you like*

- | | |
|--------------|----------------|
| romaine | arugula |
| baby spinach | baby greens |
| corn | cucumbers |
| tomatoes | red onions |
| carrots | bell peppers |
| fresh basil | pickles |
| mushrooms | pickled onions |

4 cheeses *choose one*

- | | |
|-------------------|-----------------------|
| wisconsin cheddar | cream cheese & chives |
| feta | wisconsin provolone |
| wisconsin swiss | fresh mozzarella |
| havarti | wisconsin blue cheese |
| brie | goat cheese |

5 breads *choose one*

- | | |
|------------------------------|------------------------|
| harvest grain bread | buttercrust |
| country french | harvest grain ciabatta |
| black bread | tomato focaccia |
| flour/wheat/spinach tortilla | demi baguette |
| gluten free tortilla | croissant |
| panini | |

6 condiments *choose up to two*

- | | |
|-----------------------------------|-------------------------|
| grainy dijon mustard | giardiniera |
| cholesterol-free mayonnaise | pesto (nut free) |
| dijon mayonnaise | hecky's bbq sauce |
| chipotle mayonnaise | buffalo sauce |
| ginger soy dressing | balsamic vinaigrette |
| blue cheese dressing | caesar dressing |
| honey mustard | sun-dried tomato spread |
| artichoke spinach spread | hummus |
| cranberry chutney | horseradish cream sauce |
| pepperoncini | ranch dressing |
| red pepper spread (contains nuts) | |

chicken CAGE & HORMONE FREE

- **chicken club** 11.99
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **chicken little** 11.99
terry's chicken salad with romaine and tomatoes on your choice of bread
- **buffalo chicken wrap** 11.99
grilled all-natural chicken breast, blue cheese dressing, romaine and buffalo sauce wrapped in a flour tortilla
- **chicken caesar wrap** 11.99
a flour tortilla filled with grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing
- **greek chicken wrap** 11.99 **NEW!**
grilled all-natural chicken breast, baby greens, kalamata olives, onions, tomatoes, pickles, feta cheese and hummus wrapped in a spinach tortilla

roast beef MIDWEST RAISED & HORMONE FREE

- **the black angus** 11.99
roast beef with cream cheese & chives, tomatoes and arugula on black bread
- **the horsy beef** 11.99
roast beef, horseradish cream sauce, cheddar cheese, grilled onions, arugula and tomatoes on country french bread

turkey CAGE & HORMONE FREE

- **the californian** 11.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread

- **mr. bill** 11.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread on country french bread
- **the napoleon** 11.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin brie cheese, grainy dijon mustard and arugula on black bread
- **the soprano** 11.99
smoked turkey breast, foodstuffs marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on country french bread
- **turkey croissant** 11.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant

ham HORMONE FREE

- **the j.b. wich** 11.99
bavarian ham, wisconsin swiss cheese, romaine, tomatoes, and honey mustard on country french bread

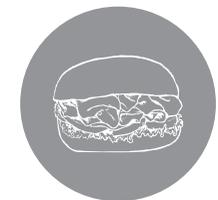
seafood

- **loco's tuna wrap** 11.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled into your choice of tortilla
- **the sorry charlie** 11.99
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread
Add avocado for .99

paninis

- **the tammy** 11.99
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on a demi baguette
- **chipotle chicken** 11.99
grilled all natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on tomato focaccia bread
- **someone's favorite panini** 11.99
smoked turkey breast, brie cheese, cranberry chutney and romaine on country french bread
- **tuna melt** 11.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread
Add avocado for .99
- **acapulco bbq chicken** 11.99 **NEW!**
grilled all natural chicken breast, tomatoes, onions, pickles, avocado, swiss cheese, romaine and hecky's bbq sauce on panini bread
- **let it beef** 11.99 **NEW!**
roast beef with bell peppers, mushrooms, cheddar cheese, onions, tomatoes, romaine and heky's bbq sauce on panini bread

JOIN OUR SANDWICH CLUB



buy 12 homemade sandwiches and get the 13th free!

11.99 or less

substitutions will be an additional charge