

## vegetarian paninis

- **via's panini** 10.99  
sun-dried tomato spread, marinated tomatoes, baby spinach, artichoke hearts, nut free pesto and fresh mozzarella cheese on country french bread
- **adult grilled cheese** 10.99  
wisconsin cheddar cheese, wisconsin provolone cheese, nut free pesto and tomatoes grilled on panini bread  
add avocado ¼ - .99 | ½ - 1.99  
add bacon for 2.99

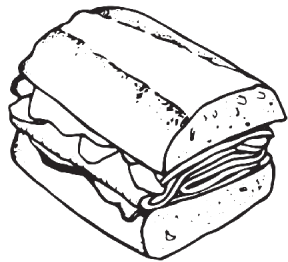
## vegetarian

- **pomodori alla mozzarella** 10.99  
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, nut free pesto and cracked black pepper  
add avocado ¼ - .99 | ½ - 1.99
- **vegetarian** 11.99  
your choice of vegetables, avocado, hummus, roasted red pepper spread (contains nuts), and fresh basil on your choice of bread
- **avocado toast** 11.99  
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta

### - sandwich extras - add an additional portion of:

grilled all-natural chicken breast	3.99
terry's chicken salad	3.99
courtney's tuna salad	3.99
meats	2.99
bacon	2.99
avocado	¼ .99   ½ 1.99
marinated tomatoes	.99
balsamic marinated mushrooms	.99
roasted red peppers	.99
brie & mozzarella cheese	1.29
cheese (except brie & mozzarella)	1 slice .49   2 slices .99
dressings/sauces	.50

FOODSTUFFS GRILLED CHICKEN  
& ROASTED TURKEY BREASTS ARE



HORMONE  
& CAGE FREE

# Foodstuffs

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# SANDWICHES



## build-your-own - 11.99 vegetarian - 10.99

### 1 **meats** \*choose one\*

bacon	grilled all-natural chicken breast
bavarian ham	roasted turkey breast
courtney's tuna salad	black forest salami
roast beef	smoked turkey breast
capicola	terry's chicken salad

### 2 **vegetables part 1** \*choose one\*

\*for vegetarian sandwiches, please choose two

marinated tomatoes	roasted red peppers
avocado	grilled onions
artichoke hearts	marinated mushrooms

### 3 **vegetables part 2** \*choose as many as you like\*

romaine	arugula
baby spinach	baby greens
corn	cucumbers
tomatoes	red onions
bell peppers	pickles
fresh basil	pickled onions
carrots	olives

### 4 **cheeses** \*choose one\*

wisconsin cheddar	cream cheese & chives
feta	wisconsin provolone
wisconsin swiss	fresh mozzarella
havarti	goat cheese
brie	pimento cheese spread
wisconsin blue cheese	

### 5 **bread**s \*choose one\*

harvest grain bread	buttercrust
country french	harvest grain ciabatta
black bread	tomato focaccia
flour/wheat/spinach tortilla	demi baguette
gluten free tortilla	croissant
panini bread	sourdough
italian bread	

### 6 **condiments** \*choose up to two\*

grainy mustard	giardiniera
mayonnaise	pesto (nut free)
dijon mayonnaise	bbq sauce
chipotle mayonnaise	buffalo sauce
balsamic vinaigrette	blue cheese dressing
caesar dressing	honey mustard
sun-dried tomato spread	artichoke spinach spread
hummus	cranberry chutney
horseradish cream sauce	pepperoncini peppers
ranch dressing	ginger soy dressing
cheesy garlic spread	red pepper spread (contains nuts)
yellow mustard	dill aoli
country honey dijon	

## chicken CAGE & HORMONE FREE

- **chicken club** 11.99  
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **godzilla wrap** 11.99  
grilled all-natural chicken breast with avocado, white rice, carrots, crispy onions, cilantro and ginger soy dressing wrapped in a flour tortilla
- **buffalo chicken wrap** 11.99  
grilled all-natural chicken breast, blue cheese dressing, romaine and buffalo sauce wrapped in a flour tortilla
- **chicken caesar wrap** 11.99  
grilled all-natural chicken breast, romaine, parmesan cheese and caesar dressing wrapped in a flour tortilla
- **santa fe** 11.99  
grilled all-natural chicken breast, tomatoes, romaine, scallions, corn, pepperoncini peppers, wisconsin cheddar cheese, tortilla strips, fajita seasoning and chipotle mayonnaise wrapped in a flour tortilla

## roast beef MIDWEST RAISED & HORMONE FREE

- **black angus** 11.99  
roast beef with cream cheese & chives, tomatoes and arugula on black bread
- **horsy beef** 11.99  
roast beef, horseradish cream sauce, wisconsin cheddar cheese, grilled onions, arugula and tomatoes on country french bread
- **the fixer** 11.99 NEW!  
roast beef with marinated mushrooms, fresh mozzarella, oven roasted tomatoes, arugula, artichoke spinach and roasted red pepper spread (contains nuts) on panini bread

## pork

- **j.b. wich** 11.99  
bavarian ham, wisconsin swiss cheese, romaine, tomatoes, and honey mustard on country french bread

- **sicilian classico** 11.99 NEW!  
bavarian ham, capicola, wisconsin provolone cheese, romaine, onions, tomatoes, pepperoncini peppers, topped with freshly ground pepper, oregano, red wine vinegar and olive oil on italian bread

## turkey CAGE & HORMONE FREE

- **californian** 11.99  
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread
- **mr. bill** 11.99  
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on country french bread
- **chipotle club** 11.99  
roasted turkey breast with bacon, avocado, romaine, tomatoes, red onions, pickles, wisconsin provolone cheese and chipotle mayonnaise on a demi baguette
- **soprano** 11.99  
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on country french bread
- **turkey croissant** 11.99  
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant
- **simon says** 11.99 NEW!  
roasted turkey breast with wisconsin provolone cheese, baby greens, tomatoes, nut free pesto, mayonnaise, red wine vinegar, olive oil, basil and black pepper on a demi baguette

## seafood

- **loco's tuna wrap** 11.99  
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled into your choice of tortilla
- **sorry charlie** 11.99  
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread  
add avocado ¼ - .99 | ½ - 1.99

\*substitutions will be an additional charge\*

## paninis

- **tammy** 11.99  
smoked turkey breast, pickles, bacon, chipotle mayonnaise, wisconsin swiss cheese, wisconsin cheddar cheese and avocado on a demi baguette
- **chipotle chicken** 11.99  
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on tomato focaccia bread
- **someone's favorite panini** 11.99  
smoked turkey breast, brie cheese, cranberry chutney and romaine on country french bread
- **tuna melt** 11.99  
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread  
add avocado ¼ - .99 | ½ - 1.99
- **foghorn** 11.99  
grilled all-natural chicken breast, bacon, wisconsin provolone cheese, romaine, tomatoes, chipotle mayonnaise and country honey dijon dressing toasted on a croissant
- **chicken zest** 11.99  
grilled all-natural chicken breast with roasted red peppers, spinach, wisconsin provolone cheese, nut free pesto and lemon pepper on panini bread
- **fight club** 11.99  
roast beef with tomatoes, onions, pickles, wisconsin provolone cheese, horseradish cream sauce and chipotle mayonnaise on panini bread
- **havana** 11.99 NEW!  
bavarian ham with black forest salami, wisconsin swiss cheese, cilantro, pickles, and yellow mustard on panini bread
- **bloody mary** 11.99 NEW!  
black forest salami with wisconsin provolone cheese, parmesan cheese, horseradish cream sauce, oven roasted tomatoes, pepperoncini peppers, arugula and dill pickle aioli wrapped in a flour tortilla
- **el chingón** 11.99 NEW!  
grilled all-natural chicken breast, bacon, grilled onions, marinated mushrooms, spinach, buffalo sauce, and cheesy garlic spread on panini bread