

Foodstuffs

GOURMET FOODS & CATERING



GLENCOE

BUILD YOUR OWN SALAD

Foodstuffs salads are tossed to order, using garden fresh, premium ingredients and can be chopped upon request.

11.99/LB

2 oz additional chicken breast for 1.99
additional dressing or sauce .50

4 oz courtney's tuna for 3.79

**FOODSTUFFS CHICKEN & TURKEY ARE
CAGE & HORMONE FREE**

Evanston

2106 Central Street
847.328.7704

Glenview

Carillon Square
1456 Waukegan Road
847.832.9999

Glencoe

338 Park Avenue
847.835.5105

Lake Forest

255 E. Westminster
847.234.6600

BUILD YOUR OWN SALAD

1. choose your greens:

- baby greens
- romaine
- arugula
- kale
- baby spinach

2. select any number of ingredients:

- broccoli
- marinated mushrooms
- sweet peas
- celery
- garbanzo beans
- red quinoa
- eggs
- kalamata olives
- pepperoncini
- bell peppers
- artichoke hearts
- carrots
- tofu
- roasted red peppers
- corn
- red onions
- peppadew peppers
- edamame
- mango
- black beans
- mushrooms
- cucumbers
- roasted sweet potatoes
- hearts of palm
- cauliflower
- roasted tomatoes
- fresh fruit
- beets
- roasted brussels sprouts
- grape tomatoes
- pickled red onions
- avocado
- white beans

3. select any number of toppings:

- tortilla strips
- chopped peanuts
- wasabi peas
- sugared walnuts
- crispy onions
- sesame sticks
- slivered almonds
- dried cranberries
- sea salt chickpeas
- sunflower seeds
- foodstuffs croutons
- crispy jalapeños
- dried dates
- wonton strips

4. add meats, salads & cheeses:

- grilled all-natural chicken breast
- roasted turkey breast
- shredded parmesan
- courtney's tuna salad*
- smoked turkey breast
- wisconsin cheddar
- terry's chicken salad*
- bacon
- fresh mozzarella
- feta cheese
- goat cheese
- blue cheese

*3.79 for two scoops of either tuna or chicken salad

5. top it off with your favorite dressing:

- ginger soy vinaigrette
- gf fat-free raspberry vinaigrette
- gf chipotle ranch
- gf feta vinaigrette
- gf balsamic vinaigrette
- gf creamy caesar
- gf sweet vidalia onion dressing
- oil & vinegar
- gf apple cider vinaigrette
- gf green goddess dressing
- gf wildfire red wine vinaigrette
- country honey dijon mustard
- gf fat-free creamy italian
- gf citrus organic dressing
- gf farmhouse ranch
- gf blue cheese dressing
- gf balsamic fig vinaigrette
- toasted sesame ginger dressing
- poppyseed
- gf chipotle honey vinaigrette

gf - gluten free

OR, CHOOSE FROM OUR CHEF'S FAVORITES

* california dreaming *

baby spinach, sugared walnuts, dried cranberries, edamame, tofu, wisconsin blue cheese with balsamic vinaigrette

* asian chicken salad *

grilled all-natural chicken breast, romaine, broccoli, bell peppers, mushrooms, carrots, chopped peanuts, edamame with ginger soy vinaigrette

* diana's salad *

baby spinach, edamame, red onions, marinated mushrooms, goat cheese, sugared walnuts, dried cranberries with balsamic vinaigrette

* omega powerhouse *

romaine, kale, grilled all-natural chicken breast, garbanzo beans, avocado, sugared walnuts, dried cranberries, sunflower seeds, roasted tomatoes, red quinoa with balsamic vinaigrette