

# Foodstuffs

GOURMET FOODS & CATERING

\* Menu Items Subject to Change

MONDAY	
March 2	
SOUPS & DIPS	
Chicken Noodle Soup (LF)   Butternut Squash Soup (GF)	6.99 ea
Thai Chicken Soup	6.99 ea
Broccoli & Mushroom Soup	6.99 ea
Mediterranean Vegetable Soup (GF) (LF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
Reduced Fat Tuna Salad (GF) (LC)	16.99 lb
Terry's Chicken Salad (LC)	16.99 lb
Chopped Asparagus Salad	12.99 lb
Vegan Couscous with Butternut Squash	12.99 lb
ENTREES & SIDE DISHES	
Grilled BBQ Chicken Breast	17.99 lb
Cheese Ravioli with Low Fat Turkey Spaghetti Sauce	12.99 lb
Roasted Zucchini Lasagna	12.99 lb
Chicken Burgers	14.99 lb
Mini Cheeseburgers	3.99 ea
Parmesan Roasted Carrots	12.99 lb
Mashed Potatoes & Butternut Squash	9.99 lb
PASTRIES	
3" Chocolate Chip Fudge Cake	10.99 ea
Brioche Bread Pudding with Caramel Sauce	9.99 lb
Mini Rustic Apricot Blueberry Tart	6.99 ea
Mini Banana Sour Cream Cinnamon Coffeecake	6.99 ea
Twix Cookies	19.99 lb
Brownies   Caramel Brownies	19.99 lb
Black & White Squares   Lemon Bars	19.99 lb

WEDNESDAY	
March 4	
SOUPS & DIPS	
Beef & Barley Soup (LF)	6.99 ea
Pasta E Fagioli Soup (LF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
Turkey Cranberry Salad	16.99 lb
Crunchy Detox Salad	12.99 lb
ENTREES & SIDE DISHES	
Lemon Herb Roasted Chicken (LC)	12.99 lb
Grilled Teriyaki Flank Steak	29.99 lb
Rigatoni Puttanesca with Vegetarian Meatballs	13.99 lb
Southern Fried Chicken Sliders	4.99 ea
Mélange of Winter Vegetables (LF)	12.99 lb
Mashed Potatoes & Gravy	9.99 lb
PASTRIES	
10" Smith Island Chocolate Cake	8.99 lb
3" Red Velvet Cream Cheese Layer Cake	10.99 ea
Mini Black Bottom Bundt Cake	6.99 ea
Glazed Apple Pie	5.99 ea
Mama K's Carrot Cake Squares	5.99 ea
Valrhona Chocolate Pudding   Butterscotch Pudding	5.99 ea
St. Patrick's Smiley Face Cookies	5.99 ea
Mini Shamrock Shortbread Cookies	19.99 lb
Puppy Chow Chocolate Truffles (NEW)	19.99 lb
Lemon Buttercream Filled Finger Cookies	19.99 lb
Crazy Good Bars	19.99 lb

ST. PATRICK'S DAY MENU AVAILABLE IN STORES & ONLINE!

TUESDAY	
March 3	
DIPS	
Mexican Chicken Soup (LF)	6.99 ea
Hummus (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
Marinated Za'atar Bean Salad (NEW)	11.99 lb
ENTREES & SIDE DISHES	
Chicken Milanese	18.99 lb
Shrimp Paella (LF)	20.99 lb
Mini Carne Asada Burritos	11.99 ea
Chile Rellenos	13.99 lb
Risa's Turkey Burgers (LC)	14.99 lb
Balsamic Roasted Beets	12.99 lb
Low Fat Vegetable Stuffed Potatoes (LF)	6.99 ea
PASTRIES	
Mini Raspberry Pie	9.99 ea
Carrot Cake Trifle (NEW)	7.99 ea
Crème Caramel	4.99 ea
Tea Breads (Banana, Chocolate Chip, Zucchini)	8.99 ea
Foodstuffs Pound Cake	20.99 ea
No Bake Monster Peanut Granola Bar Bites	19.99 lb
Almond Crescents	19.99 lb
Monster Bars	19.99 lb

THURSDAY	
March 5	
SOUPS & DIPS	
Tunisian Vegetable & Bean Soup (LF)	6.99 ea
Artichoke & Spinach Dip (LC) (GF)	7.99 ea
Carolina Crab Dip	7.99 ea
THURSDAY	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
Reduced Fat Tuna Salad (GF) (LC)	16.99 lb
Terry's Chicken Salad (LC)	16.99 lb
Vegan Spicy Tofu	14.99 lb
ENTREES & SIDE DISHES	
Greek Style Marinated Turkey Breast (LC)	18.99 lb
Szechuan Beef & Broccoli	16.99 lb
Shrimp & Zucchini Cakes with Lemon Aioli	20.99 lb
Spinach Parmesan	12.99 lb
Mini Lobster Rolls	9.99 ea
Mini Cheeseburgers	3.99 ea
Samosas	3.99 ea
PASTRIES	
Mini Cherry Lattice Pie	9.99 ea
Mini Turtle Cheesecake	10.99 ea
Mini Strawberry Cream Éclair	4.99 ea
Pinwheel Shortbread	19.99 lb
Assorted Rugelach	10.99 pk
Gluten Free Brownies	19.99 lb

SHOP ALL YOUR FOODSTUFFS FAVORITES PLUS NEW ADDITIONS AT FOODSTUFFS.COM

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FRIDAY	
March 6	
SOUPS & DIPS	
Steak Fajita Chili (GF)	6.99 ea
Lemon Chicken Soup (LF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	7.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
Jicama Orange Salad (LF)	12.99 lb
Roxi's Egg Salad (LC)	12.99 lb
ENTREES & SIDE DISHES	
Grilled BBQ Chicken Breast	17.99 lb
Tomato Mozzarella Risotto	12.99 lb
Risa's Turkey Burgers (GF) (LC)	14.99 lb
Mini Tenderloin Sandwiches	8.99 ea
Guinness Beef Sliders	5.99 ea
Via's Grilled Vegetables (LC)	13.99 lb
Feta Zucchini Pancakes	3.99 ea
PASTRIES	
3" Raspberry White Chocolate Mousse Cake	10.99 ea
6" Mrs. Liberman's Cake	21.99 ea
Mini Key Lime Tart	6.99 ea
Mini Snowballs	7.99 ea
Danish Salted Butter Cookies	19.99 lb
Double Stuffed Oatmeal Raisin Cookies	19.99 lb
Foodstuffs Buttercream Sandwich Cookies	19.99 lb
Mini Mini Chocolate Chip Cookies	16.99 pk
Puppy Chow	19.99 lb

SATURDAY	
March 7	
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
ENTREES & SIDE DISHES	
Orange Chicken	15.99 lb
Old Fashioned Meatloaf	13.99 ea
Spaghetti with Chicken Bolognese	13.99 lb
Cheesy Baked Butternut Squash	13.99 lb
Spinach & Cheese Empanadas	3.99 ea

**MARCH SALES!**  
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 CLUB LUCKY MARINARA,  
 FOODSTUFFS PASTA,  
 FOODSTUFFS BREADSTICKS

## FOODSTUFFS FAMOUS COOKIES & SCONES

MONDAY - SATURDAY	
Chocolate Chip Cookies	3.49 ea
MONDAY	
Chocolate Chip Scones	2.99 ea
TUESDAY	
Currant Scones	2.99 ea
WEDNESDAY	
Chocolate Chip Scones	2.99 ea
THURSDAY	
Currant Scones	2.99 ea
FRIDAY	
Chocolate Chip Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SATURDAY	
Currant Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea

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