

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

M O N D A Y		
February 16		
SOUPS & DIPS		
Chicken Noodle Soup (LF) Butternut Squash Soup	6.99	ea
Minnesota Wild Rice Soup	6.99	ea
Hearty Lentil & Vegetable Soup (GF)	6.99	ea
Italian Wedding Soup	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb
Terry's Chicken Salad (LC)	16.99	lb
Honey Wheatberry Salad	11.99	lb
Ultimate Broccoli Salad	11.99	lb
ENTREES & SIDE DISHES		
Grilled Honey Lime Chicken Breast	17.99	lb
Jumbo Meatballs Marinara	12.99	lb
Baked Cheese Manicotti	12.99	lb
Chicken Burgers	13.99	lb
Mini Cheeseburgers	3.99	ea
Balsamic Roasted Eggplant	12.99	lb
Mashed Potatoes & Butternut Squash	9.99	lb
PASTRIES		
3" Lemon Cloud Cake	9.99	ea
Raisin Cranberry Bread Pudding with Caramel Sauce	8.99	lb
Mini Rustic Blackberry Tart	5.99	ea
Mini Marble Pound Cake with Cinnamon Streusel	6.99	ea
Sarah's Crunch Cookies	19.99	lb
Brownies Caramel Brownies	19.99	lb
Black & White Squares Lemon Bars	19.99	lb

W E D N E S D A Y		
February 18		
SOUPS & DIPS		
Chicken Curry Noodle Soup	6.99	ea
Spicy Bahamian Seafood Chowder	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Chinois Chicken Salad (LF) (LC)	16.99	lb
Kale Pesto Heirloom Tomato Salad	11.99	lb
ENTREES & SIDE DISHES		
No Carb Parmesan Chicken Breast (LC)	17.99	lb
Mediterranean Turkey Skewers	12.99	ea
Vegetable Cauliflower Rice Stir Fry (LF) (LC)	12.99	lb
Southern Fried Chicken Sliders	4.99	ea
Grilled Mushroom & Onions	14.99	lb
Mashed Potatoes & Gravy	8.99	lb
PASTRIES		
10" Smith Island Chocolate Cake	8.99	lb
3" Black & White Polka Dot Cake	9.99	ea
Mini Raspberry Chocolate Chip Bundt Cake	6.99	ea
Magali's Flan	3.99	ea
Mama K's Carrot Cake Squares	5.99	ea
Valrhona Chocolate Pudding Banana Cake Pudding	4.99	ea
Smiley Face Cookies	5.99	ea
Mini Shamrock Shortbread	19.99	lb
Chocolate Chip Mexican Wedding Cookies	19.99	lb
White Chocolate Chunk Brownies	19.99	lb

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T U E S D A Y		
February 17		
SOUPS & DIPS		
Turkey & Sausage Gumbo	6.99	ea
Hummus (GF)	5.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Roasted Corn & Mango Salad	11.99	lb
ENTREES & SIDE DISHES		
Chicken Scallopini with Marinara Sauce	17.99	lb
Cajun Shrimp & Rice	19.99	lb
Charlie's Fried Chicken	10.99	lb
Butternut Squash Ravioli with Nut-Free Pesto	12.99	lb
Risa's Turkey Burgers (LC)	13.99	lb
Parmesan Roasted Brussels Sprouts	12.99	lb
Garlic Smashed Baby Potatoes	10.99	lb
PASTRIES		
Mini Strawberry Rhubarb Pie	8.99	ea
Salted Caramel Brownie Trifle	7.99	ea
Mini Peach Custard Tart	6.99	ea
Tea Breads (Banana, Lemon Blueberry, Zucchini)	8.99	ea
Foodstuffs Pound Cake	19.99	ea
No Bake Monster Peanut Granola Bar Bites	19.99	lb
Almond Crescents	19.99	lb
Monster Bars	19.99	lb

T H U R S D A Y		
February 19		
SOUPS & DIPS		
Portobello, Kale & Orzo Soup (LF)	6.99	ea
Artichoke & Spinach Dip (LC) (GF)	6.99	ea
Carolina Crab Dip	7.99	ea
T H U R S D A Y		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb
Terry's Chicken Salad (LC)	16.99	lb
Vegan Spicy Tofu	14.99	lb
ENTREES & SIDE DISHES		
Coconut Chicken Skewers	3.99	ea
Mu Shu Chicken Patties (LF) (LC)	13.99	lb
Pulled BBQ Pork with Crispy Onions	12.99	lb
Ginger Garlic Broccolini (LC)	12.99	lb
Mini Lobster Rolls	9.99	ea
Mini Cheeseburgers	3.99	ea
Samosas	3.49	ea
PASTRIES		
Mini Apple Pie with Brown Sugar Topping (NEW)	8.99	ea
Mini Death by Chocolate Cheesecake	9.99	ea
Chocolate Chip Cannoli	4.99	ea
Mini Chocolate Chip S'mores Cookies	19.99	lb
Assorted Rugelach	10.99	pk
Gluten Free Brownies	19.99	lb

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FRIDAY		
February 20		
SOUPS & DIPS		
Chicken & Basil Chili	6.99	ea
Capellini & Kale Soup (LF)	6.99	ea
Roasted Red Pepper Dip (LC) (GF)	6.99	ea
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
Greek Crunchy Chickpea Salad	11.99	lb
Roxi's Egg Salad (LC)	12.99	lb
ENTREES & SIDE DISHES		
BBQ Boneless Airline Chicken Breast (NEW)	17.99	lb
Coconut Shrimp with Apricot Balsamic Dipping Sauce	29.99	lb
Risa's Turkey Burgers (GF) (LC)	13.99	lb
Mini Tenderloin Sandwiches	7.99	ea
Mini Philly Cheese Steak Sandwiches	4.99	ea
Lemon Grilled Vegetables	12.99	lb
Parmesan Twice Baked Potatoes	6.99	ea
PASTRIES		
3" Triple Chocolate Mousse Cake	9.99	ea
6" Banana Chocolate Chip Cinnamon Cake	20.99	ea
Mini Reese's Peanut Butter Chocolate Chip Cookie Cake	7.99	ea
Mini Lemon & Toasted Coconut Meringue Tart	6.99	ea
Inside Out Carrot Cake Cookies	19.99	lb
Fruit Thumbprints	19.99	lb
Foodstuffs Buttercream Sandwich Cookies	19.99	lb
Mini Mini Chocolate Chip Cookies	16.99	pk
Puppy Chow	19.99	lb

SATURDAY		
February 21		
SALADS		
Courtney's Tuna Salad (GF) (LC)	16.99	lb
ENTREES & SIDE DISHES		
Frank's Chicken & Rice Stew	14.99	lb
Mini Beef & Cheddar Tacos	11.99	lb
Spaghetti with Turkey Meatballs	12.99	lb
Low Fat Vegetable Lasagna (LF)	12.99	lb
Falafel Sliders	4.99	ea

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FOODSTUFFS TOFFEE,
BJORN QORN,
A LITTLE NUTTY CRACKERS

FOODSTUFFS FAMOUS COOKIES & SCONES		
MONDAY - SATURDAY		
Chocolate Chip Cookies	3.49	ea
MONDAY		
Chocolate Chip Scones	2.99	ea
TUESDAY		
Currant Scones	2.99	ea
WEDNESDAY		
Chocolate Chip Scones	2.99	ea
THURSDAY		
Currant Scones	2.99	ea
FRIDAY		
Chocolate Chip Scones	2.99	ea
Oatmeal Raisin Cookies	3.49	ea
SATURDAY		
Currant Scones	2.99	ea
Oatmeal Raisin Cookies	3.49	ea

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