

**vegetarian paninis**

- **adult grilled cheese** 10.99  
wisconsin cheddar, provolone, pesto (nut free) and tomatoes grilled on sourdough bread  
*Add avocado for .99*
- **pimento grilled cheese** 10.99  
pimento cheese spread, pepper jack cheese, avocado and giardinera on country french bread
- **triple cheesy veggie panini** 10.99  
grilled mushrooms with roasted tomatoes, peppadew peppers, goat cheese, feta, garlic cheese spread, roasted red pepper spread (contains nuts) and basil on sourdough bread

**vegetarian**

- **pomodori alla mozzarella** 10.99  
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, pesto (nut free) and cracked black pepper  
*Add avocado for .99*
- **the ultimate vegan sandwich** 11.99  
baby spinach, baby kale, carrots, beets, cucumbers, hummus, marinated tomatoes, avocado, olive tapenade and sunflower seeds wrapped in a spinach tortilla

- **avocado toast** 11.99  
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta
- **the santorini** 11.99  
avocado, cucumber, red onion, spinach, olive tapenade, hummus, feta cheese and tzatziki sauce on naan bread

**- sandwich extras -**  
*add an additional portion of:*

grilled chicken breast	3.99
chicken salad	3.49
courtney's tuna	3.49
meats	2.99
bacon	1.99
avocado	.99
marinated tomatoes	.99
balsamic marinated mushrooms	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
cheese (except brie & mozzarella)	.50
dressings/sauces	.50

# Foodstuffs

GOURMET FOODS & CATERING

*made with the finest and  
freshest ingredients*

# SANDWICHES



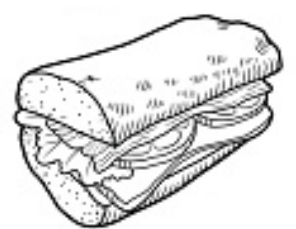
**Evanston**  
2106 Central Street  
847.328.7704

**Glencoe**  
338 Park Avenue  
847.835.5105

**Glenview**  
Carillon Square  
1456 Waukegan Road  
847.832.9999

**Lake Forest**  
255 E Westminster  
847.234.6600

FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



HORMONE & CAGE FREE

build-your-own - 11.99 vegetarian - 10.99

- 1 **meats** \*choose one\*
 

smoked turkey breast	terry's chicken salad
bavarian ham	bacon
roast beef	courtney's tuna salad
roasted turkey breast	caliente salami
grilled all-natural chicken breast	
- 2 **vegetables part 1** \*choose one\*  
\*for vegetarian sandwiches, please choose two\*
 

marinated tomatoes	roasted red peppers
avocado	artichoke hearts
peppadew peppers	balsamic marinated mushrooms
- 3 **vegetables part 2** \*choose as many as you like\*
 

romaine	baby spinach
arugula	baby kale
pickles	cucumbers
carrots	fresh basil
tomatoes	red onions
pickled onions	corn
grilled onions	
- 4 **cheeses** \*choose one\*
 

wisconsin cheddar	goat cheese
smoked gouda	wisconsin provolone
wisconsin swiss	havarti
fresh mozzarella	brie
feta	garlic cheese spread
pepper jack	pimento cheese spread
- 5 **bread**s \*choose one\*
 

harvest grain bread	buttercrust
sourdough	harvest grain ciabatta
flour/wheat/spinach tortilla	country french
gluten-free tortilla	ciabatta roll
croissant	demi baguette
naan	
- 6 **condiments** \*choose up to two\*
 

grainy mustard	dijon mustard
yellow mustard	honey mustard
dijon mayonnaise	ginger soy dressing
mayonnaise	chipotle mayonnaise
buffalo sauce	caesar dressing
pesto (nut free)	balsamic vinaigrette
hummus	bbq sauce
artichoke spinach spread	tzatziki sauce
olive tapenade	cranberry chutney
ranch dressing	red pepper spread (contains nuts)
horseradish cream sauce	giardiniera
bistro sauce	

chicken CAGE & HORMONE FREE

- **the skinny caprese** 11.99  
grilled all-natural chicken breast, fresh mozzarella cheese, tomatoes, fresh basil, baby spinach, artichoke hearts and balsamic vinaigrette in a whole wheat tortilla
- **chicken club** 11.99  
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **the im"peck"able chicken wrap** 11.99  
grilled all-natural chicken breast, avocado, tomatoes, arugula, fresh mozzarella cheese and pesto (nut free) wrapped in a spinach tortilla

turkey CAGE & HORMONE FREE

- **the californian** 11.99  
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread
- **mr. bill** 11.99  
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on crusty bread
- **the quirky turkey wrap** 11.99  
smoked turkey breast, basil, corn, tomatoes, peppadew peppers, smoked gouda cheese and chipotle mayonnaise wrapped in a spinach tortilla
- **the soprano** 11.99  
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on a ciabatta roll
- **turkey croissant** 11.99  
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant

\*substitutions will be an additional charge\*

seafood

- **turkey cobbler** 11.99  
foodstuffs roasted turkey breast with romaine, tomatoes, wisconsin cheddar cheese, mayonnaise and cranberry chutney on harvest grain bread
- **loco's tuna wrap** 11.99  
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled into a whole wheat tortilla
- **the sorry charlie** 11.99  
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread  
Add avocado for .99

paninis

- **chipotle chicken** 11.99  
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on a ciabatta roll
- **the tammy** 11.99  
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on a demi baguette
- **up in smoke** 11.99  
bavarian ham, bacon, cheddar cheese, crispy jalapeños, pickled onions with bbq sauce and chipotle mayonnaise on a ciabata roll
- **trevor's chicken panini** 11.99  
grilled all-natural chicken breast, arugula, peppadew peppers, provolone cheese, chipotle mayonnaise and pesto (nut free) on country french bread

- **al capone panini** 11.99  
bavarian ham, caliente salami, olive tapenade, arugula, fresh mozzarella cheese, basil and black pepper grilled on a demi baguette
- **tuna melt** 11.99  
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread  
Add avocado for .99

roast beef

- **the horsy beef** 11.99  
roast beef, horseradish cream sauce, wisconsin cheddar cheese, grilled onions, arugula and tomatoes on country french bread
- **mrs. o'leary's beef** 11.99  
roast beef, pepper jack cheese, roasted tomatoes, pickled onions, spinach, and bistro sauce on a ciabatta roll

JOIN OUR SANDWICH CLUB



buy 12 homemade sandwiches and get the 13th free!  
11.99 or less