

# Foodstuffs

GOURMET FOODS & CATERING

\* Menu Items Subject to Change

<b>MONDAY</b>	
September 26	
<b>SOUPS &amp; DIPS</b>	
ww Chicken Noodle Soup (LF)   ww Ten Vegetable Soup (LF) (GF)	6.99 ea
Butternut Squash Soup (GF)	6.99 ea
ww Greek Chicken & Orzo Soup (LF)	6.99 ea
ww Low Fat Split Pea Soup (LF) (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
<b>SALADS</b>	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
ww Linguine with Pesto & Sun Dried Tomatoes	10.99 lb
Greek Crunchy Chickpea Salad	10.99 lb
<b>ENTREES &amp; SIDE DISHES</b>	
ww Grilled Chicken Breast with Herbs de Provence (LC)	16.99 lb
Chicken Milanese	16.99 lb
ww Vegan Rigatoni Bolognese (LF)	10.99 lb
ww Roasted Tomato Risotto	10.99 lb
ww Chicken Burgers (LC) (LF)	12.99 lb
Mini Cheeseburgers	3.49 ea
ww Baby Vegetable Medley (LC) (LF)	11.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
<b>PASTRIES</b>	
3" Chocoholic Cake	7.99 ea
Mini Fresh Fruit Tart	7.99 ea
Mini Rustic Cherry Tart	5.99 ea
Mini Custard Napoleon	3.49 ea
Banana Butterscotch Cake Squares w/ Cream Cheese Frosting	4.99 ea
Oatmeal Ginger Biscotti	17.99 lb
Brownies   Caramel Brownies	17.99 lb
Black & White Squares	17.99 lb
Lemon Bars	17.99 lb

<b>WEDNESDAY</b>	
September 28	
<b>SOUPS &amp; DIPS</b>	
New England Clam Chowder with Bacon	6.99 ea
<b>SALADS</b>	
Courtney's Tuna Salad (LC)	14.99 lb
Turkey Cranberry Salad	14.99 lb
Brussels Sprouts Caesar Salad	10.99 lb
<b>ENTREES &amp; SIDE DISHES</b>	
Roasted Chicken Breast Cacciatore (NEW)	10.99 lb
ww Conor's Mom's Shepherd's Pie	10.99 lb
Za'atar Roasted Turkey Breast (LC)	16.99 lb
Portobello Mushroom Florentine (LC)	10.99 lb
Southern Fried Chicken Sliders	4.49 ea
ww Roasted Butternut Squash & Shallots	10.99 lb
Mashed Potatoes & Gravy	7.99 lb
<b>PASTRIES</b>	
10" Heavenly Chocolate Cake	7.99 lb
Mini Milky Way Pound Cake	5.99 ea
French Apricot Raspberry Streusel Slice	4.99 ea
Mini Pumpkin Mousse Éclair	3.99 ea
Mama K's Carrot Cake Squares	4.99 ea
Valrhona Chocolate Pudding   Clemente's Rice Pudding	4.49 ea
Smiley Face Cookies	4.99 ea
Mini Halloween Shortbread Cookies	17.99 lb
Door County Cherry White Choc. Chunk Cookies	17.99 lb
White & Dark Chocolate Cream Cheese Cake Bars	17.99 lb

<b>TUESDAY</b>	
September 27	
<b>SOUPS &amp; DIPS</b>	
ww Curried Chicken & Rice Soup (LF)	6.99 ea
ww Hummus (GF)	5.99 ea
<b>SALADS</b>	
Courtney's Tuna Salad (LC)	14.99 lb
Vegan Spicy Eggplant Tofu	13.99 lb
ww Grilled Cauliflower Caper Salad (LC)	10.99 lb
ww Brown Rice Stir Fry	9.99 lb
<b>ENTREES &amp; SIDE DISHES</b>	
Molasses BBQ Glazed Flank Steak	24.99 lb
ww Chicken Enchiladas	3.99 ea
Grilled Shrimp Quesadillas	4.99 ea
Low Fat Black Bean Lasagna (LF)	11.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Mini Reuben Sandwiches	4.49 ea
Twice Baked Jumbo Potatoes	4.99 ea
<b>PASTRIES</b>	
Mini Lemon Meringue Pie	8.99 ea
Strawberry Vanilla Wafer Trifle	7.99 ea
Cookie Pizza	7.99 ea
Tea Breads (Banana Choc Chip, Lemon Blueberry, Zucchini)	7.99 ea
Foodstuffs Pound Cake	18.99 ea
No Bake Monster Peanut Granola Bar Bites	17.99 lb
Almond Crescents	17.99 lb
Mexican Wedding Cookies	17.99 lb
Monster Bars	17.99 lb
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<b>THURSDAY</b>	
September 29	
<b>SOUPS &amp; DIPS</b>	
ww Soba Noodle Soup (LF)	6.99 ea
Artichoke & Spinach Dip (LC) (GF)	6.99 ea
ww Carolina Crab Dip	6.99 ea
<b>SALADS</b>	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
Vegan Spicy Tofu	13.99 lb
<b>ENTREES &amp; SIDE DISHES</b>	
ww Shrimp Stir Fry (LF)	19.99 lb
ww Chicken & Fried Cauliflower Rice (LF) (LC)	12.99 lb
Teriyaki Beef Stir Fry	13.99 lb
ww Herb Roasted Garlic Chicken Burgers	12.99 lb
ww Baked Penne with Eggplant & Goat Cheese	11.99 lb
ww Bok Choy Broccoli (LC)	10.99 lb
ww Mini Lobster Rolls	9.99 ea
Mini Cheeseburgers	3.49 ea
Samosas	2.99 ea
<b>PASTRIES</b>	
Mini Harvest Pie (NEW)	7.99 ea
3" Key Lime Cake	7.99 ea
Mini Turtle Cheesecake	7.99 ea
Taffy Apples w/ Nuts	5.99 ea
Taffy Apples	4.99 ea
Mini Chocolate Chip S'mores Cookies	17.99 lb
Gluten Free Brownies	17.99 lb
Karen Malkin's Raw Cranberry Oat Bars	17.99 lb

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FRIDAY September 30	
SOUPS & DIPS	
Barbara's Sirloin Chili	6.99 ea
Sun Dried Tomato Feta Dip (GF)	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww Grilled Corn & Arugula Salad	10.99 lb
Sesame Noodles	10.99 lb
Old Fashioned Coleslaw	9.99 lb
Old Fashioned Egg Salad (LC)	10.99 lb
ENTREES & SIDE DISHES	
ww Grilled Chicken Breast with Herbs de Provence (LC)	16.99 lb
Cheese Tortellini w/ Oven Roasted Tomatoes & Nut Free Pesto	11.99 lb
Skinless Fried Chicken	10.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Mini Tenderloin Sandwiches	6.99 ea
ww Grilled Vegetable Trio	11.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
6" Caramel Brownie Torte	29.99 ea
Sour Cream Cinnamon Coffeecake	18.99 ea
3" Nonpareil Cake	7.99 ea
Cannoli	4.49 ea
Petit Chocolate Silk Pie	3.49 ea
Chocolate Chip Donut Muffin Cake Bites	17.99 lb
Danish Salted Butter Cookies	17.99 lb
Foodstuffs Buttercream Cookies	17.99 lb
Mini Mini Chocolate Chip Cookies	14.99 pk
Puppy Chow	15.99 lb

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SATURDAY October 1	
DIPS	
Spicy Hummus (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww Raw Market Salad (LF)	10.99 lb
Spinach Orzo Pasta Salad	10.99 lb
ENTREES & SIDE DISHES	
Panko Encrusted Chicken Tenders	16.99 lb
ww Spaghetti with Chicken Bolognese Sauce	11.99 lb
BBQ Turkey Meatballs	11.99 lb
Steak & Caramelized Onion Tacos	10.99 lb
Mini Pulled Pork Sliders	4.49 ea
Spinach & Feta Pie	4.99 ea
Falafel	1.29 ea
PASTRIES	
Mini Strawberry Peach Blackberry Lattice Pie	7.99 ea
Mini Marble Pound Cake w/ Cinnamon Streusel	5.99 ea
Mini Reese's Peanut Butter Cup Whoopie Pie	3.99 ea
Glazed Cherry Pie	4.99 ea
Fudge Filled Finger Cookies	17.99 lb

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ORDER BEFORE CUT OFF -  
FRIDAY, SEPTEMBER 30TH!**

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FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	2.99 ea
MONDAY	
Chocolate Chip Scones	2.49 ea
TUESDAY	
Apricot Scones	2.49 ea
WEDNESDAY	
Butterscotch Scones	2.49 ea
THURSDAY	
Chocolate Chip Scones	2.49 ea
FRIDAY	
Apricot Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea
SATURDAY	
Butterscotch Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea

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