

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

| MONDAY | |
|---|----------|
| March 9 | |
| SOUPS & DIPS | |
| Chicken Noodle Soup (LF) Ten Vegetable Soup (GF) (LF) | 6.99 ea |
| Low Fat Split Pea Soup (GF) (LF) | 6.99 ea |
| Pina's Chicken & Pasta Soup | 6.99 ea |
| French Onion Soup | 6.99 ea |
| SALADS | |
| Courtney's Tuna Salad (GF) (LC) | 16.99 lb |
| Reduced Fat Tuna Salad (GF) (LC) | 16.99 lb |
| Terry's Chicken Salad (LC) | 16.99 lb |
| Sesame Noodles | 11.99 lb |
| The Best Vegan Broccoli Salad | 12.99 lb |
| ENTREES & SIDE DISHES | |
| Grilled Herb Marinated Chicken Breast (LC) | 17.99 lb |
| Beef Stroganoff (LC) | 14.99 lb |
| Enrique's Veggie Burgers with Red Pepper Hummus (LF) | 13.99 lb |
| Chicken Burgers | 14.99 lb |
| Mini Cheeseburgers | 3.99 ea |
| Herb Roasted Tri-Color Carrots (LF) | 11.99 lb |
| Mashed Potatoes & Butternut Squash | 9.99 lb |
| PASTRIES | |
| 3" Triple Chocolate Malt Cake | 10.99 ea |
| Lemon Raspberry Cake Squares with Cream Cheese Frosting | 5.99 ea |
| Mini Rustic Very Berry Tart | 6.99 ea |
| Mini Chocolate Chip Pound Cake | 6.99 ea |
| Tucci's Peanut Butter Crunchers | 19.99 lb |
| Brownies Caramel Brownies | 19.99 lb |
| Black & White Squares Lemon Bars | 19.99 lb |

| WEDNESDAY | |
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| March 11 | |
| SOUPS & DIPS | |
| Chicken Florentine Soup | 6.99 ea |
| Thai Shrimp Soup | 6.99 ea |
| SALADS | |
| Courtney's Tuna Salad (GF) (LC) | 16.99 lb |
| Inside Out Chicken Egg Roll Salad (LC) | 16.99 lb |
| Veggie Crunch Salad | 12.99 lb |
| ENTREES & SIDE DISHES | |
| BBQ Roasted Chicken Halves (LC) | 6.99 ea |
| Grilled Flank Steak with Balsamic Caramelized Onions | 29.99 lb |
| Low Fat Spinach Lasagna (LF) | 13.99 lb |
| Southern Fried Chicken Sliders | 4.99 ea |
| Grilled Vegetable Trio | 12.99 lb |
| Mashed Potatoes & Gravy | 9.99 lb |
| PASTRIES | |
| 12" Heavenly Chocolate Cake | 8.99 lb |
| 3" Fudgy Cookie Dough Cake (NEW) | 10.99 ea |
| Mini Coco-Nutty Cake | 6.99 ea |
| Raspberry Paris Brest | 7.99 ea |
| Mama K's Carrot Cake Squares | 5.99 ea |
| Valrhona Chocolate Pudding | 5.99 ea |
| Clemente's Rice Pudding | 5.99 ea |
| St. Patrick's Smiley Face Cookies | 5.99 ea |
| Mini Shamrock Shortbread | 19.99 lb |
| Caramel Thumbprints | 19.99 lb |
| Toasted Coconut Key Lime Bars | 19.99 lb |

ST. PATRICK'S DAY MENU AVAILABLE IN STORES & ONLINE!

| TUESDAY | |
|--|----------|
| March 10 | |
| SOUPS & DIPS | |
| Noodle Soup with Kale & White Beans (LF) | 6.99 ea |
| Hummus (GF) | 6.99 ea |
| SALADS | |
| Courtney's Tuna Salad (GF) (LC) | 16.99 lb |
| Mediterranean Salad | 12.99 lb |
| ENTREES & SIDE DISHES | |
| Turkey Milanese | 18.99 lb |
| Chicken Enchiladas | 3.99 ea |
| Mediterranean Turkey Skewers | 13.99 ea |
| Spinach & Ricotta Cannelloni | 13.99 lb |
| Risa's Turkey Burgers (LC) | 14.99 lb |
| Roasted Brussels Sprouts with Butternut Squash | 12.99 lb |
| Lemon Oregano Potato Wedges | 10.99 lb |
| PASTRIES | |
| Mini Banana Cream Pie | 10.99 ea |
| Gluten Free Cheesecake Trifle | 7.99 ea |
| St. Patrick's Rice Krispie Treats | 6.99 ea |
| Tea Breads (Banana, Chocolate Chip, Zucchini) | 8.99 ea |
| Foodstuffs Pound Cake | 20.99 ea |
| Karen Malkin's Raw Cranberry Oat Bites | 19.99 lb |
| Mexican Wedding Cookies | 19.99 lb |
| Monster Bars | 19.99 lb |

| THURSDAY | |
|--|----------|
| March 12 | |
| SOUPS & DIPS | |
| Cauliflower Gruyere Soup | 6.99 ea |
| Artichoke & Spinach Dip (LC) (GF) | 7.99 ea |
| Carolina Crab Dip | 7.99 ea |
| SALADS | |
| Courtney's Tuna Salad (GF) (LC) | 16.99 lb |
| Reduced Fat Tuna Salad (GF) (LC) | 16.99 lb |
| Terry's Chicken Salad (LC) | 16.99 lb |
| Vegan Spicy Tofu | 14.99 lb |
| ENTREES & SIDE DISHES | |
| Thai Rice Noodles with Shrimp | 20.99 lb |
| Rajma Masala | 13.99 lb |
| Tadka Dal | 13.99 lb |
| Steamed Broccolini with Garlic (LF) | 13.99 lb |
| Mini Lobster Rolls | 9.99 ea |
| Mini Cheeseburgers | 3.99 ea |
| Samosas | 3.99 ea |
| PASTRIES | |
| Mini Farmer's Market Pie | 9.99 ea |
| Mini Cherry Cobbler Cheesecake | 10.99 ea |
| Mini St. Patrick's Monster Cookie Cake | 7.99 ea |
| Confetti Butter Cookies | 19.99 lb |
| Assorted Rugelach | 10.99 pk |
| Gluten Free Brownies | 19.99 lb |

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| FRIDAY | |
|--|----------|
| March 13 | |
| SOUPS & DIPS | |
| Brisket Bean Chili | 6.99 ea |
| Triple Mushroom Bisque | 6.99 ea |
| Roasted Red Pepper Dip (LC) (GF) | 7.99 ea |
| SALADS | |
| Courtney's Tuna Salad (GF) (LC) | 16.99 lb |
| Italian Chopped Brussels Sprouts Salad | 12.99 lb |
| Old Fashioned Egg Salad (LC) | 12.99 lb |
| ENTREES & SIDE DISHES | |
| Stuffed Chicken Breast with Mozzarella | 17.99 lb |
| Asparagus & Cheese Risotto | 13.99 lb |
| Risa's Turkey Burgers (GF) (LC) | 14.99 lb |
| Mini Tenderloin Sandwiches | 8.99 ea |
| Pulled Smoked BBQ Brisket Sliders | 4.99 ea |
| Fall Roasted Vegetables (LF) | 13.99 lb |
| Potatoes Au Gratin Dauphinoise | 12.99 lb |
| PASTRIES | |
| 3" Champagne Truffle Cake | 10.99 ea |
| 6" Banana Butterscotch Caramel Cake | 21.99 ea |
| Mini Lemon Meringue Tart | 7.99 ea |
| St. Patrick's Cake Pops | 3.99 ea |
| Paulette's Chocolate Chip Mandel Brot | 19.99 lb |
| Door County Cherry White Chocolate Chunk Cookies | 19.99 lb |
| Foodstuffs Buttercream Cookies | 19.99 lb |
| Mini Mini Chocolate Chip Cookies | 16.99 pk |
| Puppy Chow | 19.99 lb |

| SATURDAY | |
|--|----------|
| March 14 | |
| SALADS | |
| Courtney's Tuna Salad (GF) (LC) | 16.99 lb |
| ENTREES & SIDE DISHES | |
| Chicken Satay with Peanut Sauce | 3.99 ea |
| Mini BBQ Chicken Quesadillas | 12.99 lb |
| Jumbo Meatballs Marinara | 13.99 lb |
| Butternut Squash Ravioli with Nut-Free Pesto | 13.99 lb |
| Chinese Egg Rolls | 3.99 ea |

**PASSOVER & EASTER
MENU'S AVAILABLE IN
STORES & ONLINE!**

| FOODSTUFFS FAMOUS COOKIES & SCONES | |
|---------------------------------------|---------|
| MONDAY - SATURDAY | |
| Chocolate Chip Cookies | 3.49 ea |
| MONDAY | |
| Chocolate Chip Scones | 2.99 ea |
| TUESDAY | |
| Currant Scones | 2.99 ea |
| WEDNESDAY | |
| Chocolate Chip Scones | 2.99 ea |
| THURSDAY | |
| Currant Scones | 2.99 ea |
| FRIDAY | |
| Chocolate Chip Scones | 2.99 ea |
| Oatmeal Raisin Cookies | 3.49 ea |
| SATURDAY | |
| Currant Scones | 2.99 ea |
| Oatmeal Raisin Cookies | 3.49 ea |

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| EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 | Store Hours: MON - SAT 10:00 - 5:00 SUN Closed |
| GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 | Store Hours: MON - SAT 10:00 - 5:00 SUN Closed |
| LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 | Store Hours: MON - SAT 10:00 - 5:00 SUN Closed |