

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

MONDAY	
September 19	
SOUPS & DIPS	
ww Chicken Noodle Soup (LF) Chicken Pot Pie Soup	6.99 ea
ww Mediterranean Vegetable Soup (LF) (GF)	6.99 ea
Turkey Soup Provencal (GF)	6.99 ea
Cream of Wild Mushroom Soup	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
Orzo with Feta & Asparagus	10.99 lb
Chopped Asparagus Salad	10.99 lb
ENTREES & SIDE DISHES	
Grilled BBQ Chicken Breast	16.99 lb
ww Shrimp Etouffee	19.99 lb
ww Cheesy Zucchini Bake	11.99 lb
ww Vegetable Cauliflower Rice Stir Fry (LC) (LF)	10.99 lb
ww Chicken Burgers (LC) (LF)	12.99 lb
Mini Cheeseburgers	3.49 ea
ww Lemon Parmesan Roasted Broccoli	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
3" Boston Cream Cake	8.99 ea
Mini Black Bottom Bundt Cake	5.99 ea
Mini Rustic Very Berry Tart	5.99 ea
Chocolate Dipped Twinkies	4.99 ea
Apple Cinnamon Cake Squares w/ Cinn. Cream Cheese Frosting	4.99 ea
Lemon Buttercream Filled Finger Cookies	17.99 lb
Brownies Caramel Brownies	17.99 lb
Black & White Squares	17.99 lb
Lemon Bars	17.99 lb

WEDNESDAY	
September 21	
SOUPS & DIPS	
Manhattan Clam Chowder	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww Thai Chicken Salad	14.99 lb
Chopped Salad	10.99 lb
ENTREES & SIDE DISHES	
No Carb Parmesan Chicken Breast (LC)	16.99 lb
Balsamic Grilled Flank Steak	24.99 lb
ww Reduced Fat Chicken Tetrazzini	11.99 lb
Baked Cheese Manicotti	11.99 lb
Southern Fried Chicken Sliders	4.49 ea
Balsamic Roasted Beets	10.99 lb
Mashed Potatoes & Gravy	7.99 lb
PASTRIES	
10" Smith Island Chocolate Cake	7.99 lb
Mini Chocolate Chip Pound Cake	5.99 ea
Mini Snowballs	5.99 ea
Mini Baked Peach Tart	5.99 ea
Mama K's Carrot Cake Squares	4.99 ea
Valrhona Chocolate Pudding Clemente's Rice Pudding	4.49 ea
Smiley Face Cookies	4.99 ea
Mini Apple Shortbread Cookies	17.99 lb
Tucci's Peanut Butter Crunchers	17.99 lb
Billionaire Shortbread Bars	17.99 lb

TUESDAY	
September 20	
SOUPS & DIPS	
ww Minestrone Soup (LF) (GF)	6.99 ea
ww Hummus (GF)	5.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww Jennifer Aniston's Bulgur Salad	10.99 lb
ww Grilled Hearts of Palm Salad	10.99 lb
ENTREES & SIDE DISHES	
Turkey Milanese	16.99 lb
Mini BBQ Chicken Quesadillas	10.99 lb
ww Mexican Chicken Bake	11.99 lb
Butternut Squash Pupusas	4.99 ea
Risa's Turkey Burgers (LC)	12.99 lb
Mini Philly Cheese Steak Sandwiches	4.49 ea
ww Roasted Brussels Sprouts & Mushrooms	10.99 lb
Roasted Greek Potatoes	9.99 lb
PASTRIES	
Mini Strawberry Rhubarb Lattice Pie	7.99 ea
Angel Food Cake Trifle	7.99 ea
Mini Goopy Butterscotch Graham Cracker Cheesecake	6.99 ea
Tea Breads (Banana Choc. Chip, Lemon Blueberry, Zucchini)	7.99 ea
Foodstuffs Pound Cake	18.99 ea
Karen Malkin's Coconut Truffles	17.99 lb
Almond Crescents	17.99 lb
Mexican Wedding Cookies	17.99 lb
Monster Bars	17.99 lb
REVIEW US ON FACEBOOK!	

THURSDAY	
September 22	
SOUPS & DIPS	
Roasted Curried Cauliflower Soup	6.99 ea
Artichoke & Spinach Dip (LC) (GF)	6.99 ea
ww Carolina Crab Dip	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
Reduced Fat Tuna Salad (LC)	14.99 lb
Terry's Chicken Salad (LC)	14.99 lb
Vegan Spicy Tofu	13.99 lb
ENTREES & SIDE DISHES	
Thai Rice Noodles with Shrimp	19.99 lb
Orange Chicken	12.99 lb
Szechuan Beef & Broccoli	14.99 lb
Chana Masala	11.99 lb
Dal Makhani	11.99 lb
ww Roasted Cauliflower, Green Beans & Mushrooms	11.99 lb
ww Mini Lobster Rolls	9.99 ea
Mini Cheeseburgers	3.49 ea
Samosas	2.99 ea
PASTRIES	
Mini Key Lime Pie	7.99 ea
Mini NY Style Cheesecake w/ Fresh Berries	8.99 ea
Fresh Mixed Berry Slice w/ Lemon Curd	6.99 ea
Taffy Apples with Nuts	5.99 ea
Taffy Apples	4.99 ea
Confetti Butter Cookies	17.99 lb
Gluten Free Brownies	17.99 lb
Karen Malkin's Raw Cranberry Oat Bars	17.99 lb

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FRIDAY September 23	
SOUPS & DIPS	
Cincinnati Chili	6.99 ea
Smoked Whitefish Spread (GF)	7.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (LC)	14.99 lb
ww Jennifer's Greek Salad	10.99 lb
ww Israeli Cous Cous with Mushrooms (LF)	10.99 lb
ww Coleslaw Vinaigrette	9.99 lb
Roxi's Egg Salad	10.99 lb
ENTREES & SIDE DISHES	
Grilled BBQ Chicken Breast	16.99 lb
Butternut Squash Ravioli with Nut Free Pesto	11.99 lb
Charlie's Fried Chicken	10.99 lb
Risa's Turkey Burgers (LC)	12.99 lb
Mini Tenderloin Sandwiches	6.99 ea
ww Fall Roasted Vegetables (LF)	10.99 lb
Mashed Potatoes & Butternut Squash	8.99 lb
PASTRIES	
6" Mrs. Liberman's Cake	19.99 ea
3" Black & White Polka Dot Cake	7.99 ea
3" Lemon Raspberry Cake w/ Cream Cheese Frosting	7.99 ea
Mini Ultimate Chocolate Mousse Tart	6.99 ea
Petit Triple Berry Pie	3.49 ea
Chocolate Dipped Heavenly Cake Bites	17.99 lb
Mini Marbled Shortbread	17.99 lb
Foodstuffs Buttercream Cookies	17.99 lb
Mini Mini Chocolate Chip Cookies	14.99 pk
Puppy Chow	15.99 lb
FOLLOW US ON INSTAGRAM @FOODSTUFFS_GOURMET	

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	2.99 ea
MONDAY	
Chocolate Chip Scones	2.49 ea
TUESDAY	
Apricot Scones	2.49 ea
WEDNESDAY	
Butterscotch Scones	2.49 ea
THURSDAY	
Chocolate Chip Scones	2.49 ea
FRIDAY	
Apricot Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea
SATURDAY	
Butterscotch Scones	2.49 ea
Oatmeal Raisin Cookies	2.99 ea
YOM KIPPUR MENUS ARE IN STORES AND ONLINE NOW!	

SATURDAY September 24 Rosh Hashanah Menu	
TO BEGIN	
Gefilte Fish	8.99 ea
ww Homemade Horseradish Sauce (LF) (LC) (GF)	6.49 ea
Matzo Balls	4.99 ea
ww Bubbie's Chicken Broth (LF) (LC)	4.99 ea
ww Chicken Matzo Ball Soup	6.99 ea
Chopped Chicken Liver (GF)	7.99 ea
Traditional Herring (GF)	4.99 ea
ww Homemade Applesauce (LF) (GF)	6.99 ea
VEGETABLES	
ww Grilled Vegetable Medley	11.99 lb
ww Reduced Fat Spinach Souffle (LC)	11.99 lb
SIDE DISHES	
Mom's Noodle Kugel	10.99 lb
Old Fashioned Tzimmis	10.99 lb
Kishke	16.99 lb
Courtney's Tuna Salad (LC)	14.99 lb
Potato Pancakes	3.99 ea
Traditional Turkey Gravy	6.99 ea
Brisket Onion Gravy	5.99 ea
ENTREES	
Traditional Brisket with Onion Gravy	26.99 lb
Marinated Sage & Garlic Turkey Breast (LC)	16.99 lb
PASTRIES	
6" Glazed Flourless Chocolate Cake	26.99 ea
Raspberry Sauce	8.99 ea
Apple Caramel Streusel Pie	21.99 ea
6" Peasant Apple Tart	20.99 ea
Banana Apple Caramel Bread	19.99 ea
Traditional Coconut Macaroons (Plain or Choc. Dipped)	19.99 lb
Mandel Brot (Choc. Chip or Cinnamon Sugar)	17.99 lb
Keith's Mandel Brot	17.99 lb
Taffy Apples	4.99 ea
Taffy Apples with Nuts	5.99 ea
CHALLAH BREAD	
Round Challah	8.99 ea
Round Raisin Challah	9.99 ea
WE WILL BE CLOSED SUNDAY, SEPTEMBER 25TH	

GLENCOE 338 Park Avenue Glencoe, IL 60022 (847) 835-5105 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
EVANSTON 2106 Central Street Evanston, IL 60201 (847) 328-7704 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
GLENVIEW 1456 Waukegan Road Glenview, IL 60025 (847) 832-9999 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed
LAKE FOREST 255 E. Westminster Lake Forest, IL 60045 (847) 234-6600 Store Hours: MON - SAT 10:00 - 5:00 SUN Closed