Foodstuffs
GOURMET FOODS & CATERING

** Menu Items Subject to Change*

MONDAY
November 2

SOUPS & DIPS		
Chicken Noodle Soup *(LF)* | Ten Vegetable Soup *(GF) (LF)*	6.99	ea
Low Fat Split Pea Soup *(GF) (LF)*	6.99	ea
Barbara's Sirloin Chili	6.99	ea
SALADS		
Courtney's Tuna Salad *(GF) (LC)*	17.99	lb
Reduced Fat Tuna Salad *(GF) (LC)*	17.99	lb
Terry's Chicken Salad *(LC)*	17.99	lb
Chopped Salad	12.99	lb
Asparagus & Couscous Salad	11.99	lb
ENTREES & SIDE DISHES		
Grilled Herb Marinated Chicken Brest *(LC)*	17.99	lb
Beef Stew	12.99	lb
Turkey & Brown Rice Stuffed Peppers	13.99	lb
Chicken Burgers *(LF) (LC)*	14.99	lb
Mini Cheeseburgers	3.99	ea
Broccoli & Butternut Squash	13.99	lb
Mashed Potatoes & Butternut Squash	9.99	lb
PASTRIES		
3" Golden Fudge Cake	10.99	ea
Pumpkin Chocolate Chip Cake Squares with Cream Cheese Frosting	5.99	ea
Mini Rustic Raspberry Tart	6.99	ea
Mini Lemon Coconut Apricot Coffeecake	6.99	ea
Chocolate Crinkles	22.99	lb
Brownies | Caramel Brownies	22.99	lb
Black & White Squares | Lemon Bars	22.99	lb

WEDNESDAY
November 4

SOUPS & DIPS		
Broccoli & Cheddar Soup	6.99	ea
SALADS		
Courtney's Tuna Salad *(GF) (LC)*	17.99	lb
Chinois Chicken Salad *(LF) (LC)*	17.99	lb
Crunchy Detox Salad	12.99	lb
ENTREES & SIDE DISHES		
Auntie M's Onion Chicken Breast	17.99	lb
Keto Moroccan Lamb Tagine *(LC)*	18.99	lb
Baked Gnocchi with Spinach	13.99	lb
Southern Fried Chicken Sliders	4.99	ea
Parmesan Roasted Carrots	12.99	lb
Mashed Potatoes & Gravy	9.99	lb
PASTRIES		
12" Heavenly Chocolate Cake	8.99	lb
3" Double White Chocolate Raspberry Mousse Cake	10.99	ea
Mini Chocolate Chip Pound Cake	6.99	ea
French Apple Streusel Slice	6.99	ea
Mama K's Carrot Cake Squares	5.99	ea
Valrhona Chocolate Pudding	5.99	ea
Banana Cake Pudding	5.99	ea
Smiley Face Cookies	5.99	ea
Thanksgiving Shortbread Cookies	22.99	lb
Door County Cherry White Chocolate Chunk Cookies	22.99	lb
No Bake Chocolate Peanut Butter Oatmeal Bars	22.99	lb

CORPORATE CATERING, DELIVERED & SET

Breakfast • Lunch • Office Events

847.328.8504

Foodstuffs EVENTS & CATERING

TUESDAY
November 3

SOUPS & DIPS		
Chicken & Brown Rice Soup *(LF)*	6.99	ea
Hummus *(GF)*	6.99	ea
SALADS		
Courtney's Tuna Salad *(GF) (LC)*	17.99	lb
Snap Pea Edamame Salad *(LF) (LC)*	12.99	lb
Immune Booster Salad	12.99	lb
ENTREES & SIDE DISHES		
Turkey Milanese	18.99	lb
Coconut Chicken Skewers	3.99	ea
General Tso's Stir Fry Chicken	15.99	lb
Enrique's Veggie Burgers with Red Pepper Hummus *(LF)*	13.99	lb
Risa's Turkey Burgers *(GF) (LC)*	14.99	lb
Roasted Brussels Sprouts & Mushrooms	12.99	lb
Potatoes Au Gratin Dauphinoise	12.99	lb
PASTRIES		
Mini Cherry Berry Lattice Pie	9.99	ea
Angel Food Cake Trifle	7.99	ea
Mini Reese's Peanut Butter Chocolate Chip Cookie Cake	7.99	ea
Tea Breads (Cranberry Orange, Zucchini, Pumpkin Cream Cheese)	8.99	ea
Foodstuffs Pound Cake	20.99	ea
Karen Malkin's Raw Cranberry Oat Bites	22.99	lb
Almond Crescents	22.99	lb
Mexican Wedding Cookies	22.99	lb
Monster Bars	22.99	lb

THURSDAY
November 5

SOUPS & DIPS		
Curried Shrimp & Rice Soup *(LF)*	6.99	ea
Artichoke & Spinach Dip *(LC) (GF)*	7.99	ea
Carolina Crab Dip	7.99	ea
SALADS		
Courtney's Tuna Salad *(GF) (LC)*	17.99	lb
Reduced Fat Tuna Salad *(GF) (LC)*	17.99	lb
Terry's Chicken Salad *(LC)*	17.99	lb
Vegan Spicy Tofu	14.99	lb
ENTREES & SIDE DISHES		
Shrimp Pad Thai *(LF)*	20.99	lb
Rajma Masala	13.99	lb
Tadka Dal	13.99	lb
Dave's Green Beans *(LF)*	13.99	lb
Mini Lobster Rolls	9.99	ea
Mini Cheeseburgers	3.99	ea
Samosas	3.99	ea
PASTRIES		
Mini Pumpkin Pie	9.99	ea
Mini Cappuccino Cheesecake	10.99	ea
Blueberry Paris Brest	7.99	ea
Mini Fudge Stuffed Chocolate Chip Cookies	22.99	lb
Dark Chocolate Cranberry Pecan Bark	26.99	lb
Salted Caramel S'mores Bark	26.99	lb
Assorted Rugelach	10.99	pk
Gluten Free Brownies	22.99	lb

THANKSGIVING MENU AVAILABLE IN STORES & ONLINE

Foodstuffs
GOURMET FOODS & CATERING

** Menu Items Subject to Change*

FRIDAY
November 6

SOUPS & DIPS		
Five Alarm Chili	6.99	ea
Roasted Red Pepper Dip *(LC) (GF)*	7.99	ea
SALADS		
Courtney's Tuna Salad *(GF) (LC)*	17.99	lb
Orecchiette Arugula Pesto Pasta	12.99	lb
Greek Island Salad	12.99	lb
Roxi's Egg Salad *(LC)*	12.99	lb
BBQ Boneless Airline Chicken Breast	17.99	lb
Butternut Squash Risotto *(LF)*	13.99	lb
Risa's Turkey Burgers *(GF) (LC)*	14.99	lb
Mini Tenderloin Sandwiches	8.99	ea
Mini Chicken Burger Sliders *(NEW)*	4.99	ea
Grilled Vegetable Trio	13.99	lb
Feta Zucchini Pancakes	4.49	ea
PASTRIES		
3" Fall Bubble Cake	10.99	ea
6" Banana Butterscotch Caramel Cake	21.99	ea
Mini Key Lime Tart	6.99	ea
Mini Snowballs	7.99	ea
Paulette's Chocolate Chip Mandel Brot	22.99	lb
Snickerdoodle Sandwich Cookies	22.99	lb
Foodstuffs Buttercream Cookies	22.99	lb
Mini Mini Chocolate Chip Cookies	18.99	pk
Puppy Chow	22.99	lb

FOODSTUFFS FAMOUS COOKIES & SCONES

MONDAY - SATURDAY		
Chocolate Chip Cookies	3.99	ea
MONDAY		
Chocolate Chip Scones	3.99	ea
TUESDAY		
Apricot Scones	3.99	ea
WEDNESDAY		
Chocolate Chip Scones	3.99	ea
THURSDAY		
Apricot Scones	3.99	ea
FRIDAY		
Chocolate Chip Scones	3.99	ea
Oatmeal Raisin Cookies	3.99	ea
SATURDAY		
Apricot Scones	3.99	ea
Oatmeal Raisin Cookies	3.99	ea

NOVEMBER SALES!
ENJOY 10% OFF:
FOODSTUFFS PASTA ,
CLUB LUCKY MARINARA,
KAREN MALKIN PROTEIN BROWNIES,
F.S. ORGANIC SEEDED CRACKERS

SATURDAY
November 7

SALADS		
Courtney's Tuna Salad *(GF) (LC)*	17.99	lb
ENTREES & SIDE DISHES		
Skinless Fried Chicken	10.99	lb
Quesabirria Quesadillas	4.99	ea
Spaghetti with Turkey Meatballs	13.99	lb
Portobello Mushrooms & Spinach Lasagna	13.99	lb
Italian Beef Egg Roll	2.99	ea
PASTRIES		
Mini Triple Berry Pie	9.99	ea
Magali's Flan	5.99	ea

"TURKEY DAY EVERYDAY"
HAS RETURNED,
NOVEMBER 2 - 28
VISIT OUR SANDWICH BAR AND
TRY OUR DELICIOUS TURKEY
SANDWICHES & WRAPS!



STORE HOURS

GLENCOE 338 Park Avenue Glencoe, IL 60022
(847) 835-5105
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

EVANSTON 2106 Central Street Evanston, IL 60201
(847) 328-7704
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

GLENVIEW 1456 Waukegan Road Glenview, IL 60025
(847) 832-9999
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed

LAKE FOREST 255 E. Westminster Lake Forest, IL 60045
(847) 234-6600
Store Hours: MON - SAT 10:00 - 5:00 SUN Closed