

Foodstuffs

GOURMET FOODS & CATERING

* Menu Items Subject to Change

M O N D A Y			
January 19			
SOUPS & DIPS			
Chicken Noodle Soup (LF) Butternut Squash Soup (GF)	6.99	ea	
Thai Chicken Soup	6.99	ea	
New Orleans Style Gumbo	6.99	ea	
SALADS			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb	
Terry's Chicken Salad (LC)	16.99	lb	
Spinach Orzo Pasta Salad	11.99	lb	
Thai Brussels Sprouts Crunch Salad	11.99	lb	
ENTREES & SIDE DISHES			
Grilled Honey Lime Chicken Breast	17.99	lb	
Shrimp Jambalaya	19.99	lb	
Cheesy Baked Butternut Squash	12.99	lb	
Chicken Burgers	13.99	lb	
Mini Cheeseburgers	3.99	ea	
Parmesan Roasted Carrots	11.99	lb	
Mashed Potatoes & Butternut Squash	9.99	lb	
PASTRIES			
3" Triple Chocolate Malt Cake	9.99	ea	
Old Fashioned Bread Pudding with Caramel Sauce	8.99	lb	
Mini Rustic Cherry Tart	5.99	ea	
Mini Milky Way Pound Cake	6.99	ea	
Twix Cookies	19.99	lb	
Brownies Caramel Brownies	19.99	lb	
Black & White Squares Lemon Bars	19.99	lb	

W E D N E S D A Y			
January 21			
SOUPS & DIPS			
Mish Mash Chicken Soup	6.99	ea	
SALADS			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Inside Out Chicken Egg Roll (LC)	16.99	lb	
Grilled Zucchini Salad with Corn & Tomatoes (LF)	11.99	lb	
ENTREES & SIDE DISHES			
No Carb Parmesan Chicken Breast (LC)	17.99	lb	
Grilled Teriyaki Flank Steak	28.99	lb	
Asparagus & Cheese Risotto	12.99	lb	
Southern Fried Chicken Sliders	4.99	ea	
Reduced Fat Spinach Souffle	12.99	lb	
Mashed Potatoes & Gravy	8.99	lb	
PASTRIES			
10" Smith Island Chocolate Cake	8.99	lb	
3" Beehive Cake	9.99	ea	
Strawberry Paris Brest	7.99	ea	
Foodstuffs Ding Dongs	5.99	ea	
Mama K's Carrot Cake Squares	5.99	ea	
Valrhona Chocolate Pudding Banana Cake Pudding	4.99	ea	
Mini Heart Shaped Shortbread	19.99	lb	
Ginger Snaps	19.99	lb	
Laura's Dream Blondies	19.99	lb	

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T U E S D A Y			
January 20			
DIPS			
Mushroom Barley Soup with Spring Vegetables	6.99	ea	
Hummus (GF)	5.99	ea	
SALADS			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Chopped Asparagus Salad	11.99	lb	
ENTREES & SIDE DISHES			
Chicken Scallopini with Marinara Sauce	17.99	lb	
Chicken Pot Pie Casserole	12.99	lb	
Roasted Lemon Sage Turkey Breast (LC)	18.99	lb	
Garden Vegetable Burgers	12.99	lb	
Risa's Turkey Burgers (LC)	13.99	lb	
Roasted Brussels Sprouts with Butternut Squash	12.99	lb	
Jumbo Potatoes with Three Cheeses	6.99	ea	
PASTRIES			
Mini Raspberry Blueberry Lattice Pie	8.99	ea	
Gluten Free Caramel Brownie Mousse Parfait	7.99	ea	
Tea Breads (Banana, Zucchini)	8.99	ea	
Foodstuffs Pound Cake	19.99	ea	
No Bake Monster Peanut Granola Bar Bites	19.99	lb	
Almond Crescents	19.99	lb	
Monster Bars	19.99	lb	

T H U R S D A Y			
January 22			
SOUPS & DIPS			
Minestrone Soup (GF) (LF)	6.99	ea	
Artichoke & Spinach Dip (LC) (GF)	6.99	ea	
Carolina Crab Dip	7.99	ea	
T H U R S D A Y			
Courtney's Tuna Salad (GF) (LC)	16.99	lb	
Reduced Fat Tuna Salad (GF) (LC)	16.99	lb	
Terry's Chicken Salad (LC)	16.99	lb	
Vegan Spicy Tofu	14.99	lb	
ENTREES & SIDE DISHES			
Thai Rice Noodles with Shrimp	19.99	lb	
Rajma Masala	12.99	lb	
Tadka Dal	12.99	lb	
Ken Santucci's Italian Eggplant (LF)	12.99	lb	
Mini Lobster Rolls	9.99	ea	
Mini Cheeseburgers	3.99	ea	
Samosas	3.49	ea	
PASTRIES			
Mini Farmer's Market Cobbler Pie	8.99	ea	
Mini Cookie Dough Caramel Cheesecake	9.99	ea	
German Chocolate Cake Squares	5.99	ea	
Chocolate Shortbread	19.99	lb	
Assorted Rugelach	10.99	pk	
Gluten Free Brownies	19.99	lb	

JANUARY SALES!

ENJOY 10% OFF:

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FOODSTUFFS HUMMUS & MINI PITAS,
EL NACHO TORTILLA CHIPS,
FOODSTUFFS SALSA

Foodstuffs

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FRIDAY	
January 23	
SOUPS & DIPS	
Barbara's Sirloin Chili	6.99 ea
Roasted Red Pepper Dip (LC) (GF)	6.99 ea
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
Beet & Mango Salad (LF)	11.99 lb
Roxi's Egg Salad (LC)	12.99 lb
ENTREES & SIDE DISHES	
Chicken Shawarma Skewers with Cucumber Za'atar Hummus	12.99 ea
Asiago Gnocchi with Tye-Dye Sauce	12.99 lb
Risa's Turkey Burgers (GF) (LC)	13.99 lb
Mini Tenderloin Sandwiches	7.99 ea
Mini Lox & Bagel Sandwiches	5.99 ea
Lemon Grilled Vegetables	12.99 lb
Feta Zucchini Pancakes	3.99 ea
PASTRIES	
3" White Chocolate Mousse Cake	9.99 ea
6" Banana Butterscotch Caramel Cake	20.99 ea
Petit Ultimate Chocolate Pie	3.99 ea
Mini Chocolate Éclairs	4.99 ea
Chocolate Chip Donut Muffin Cake Bites	19.99 lb
Cake Batter Confetti Cookies	19.99 lb
Chocolate Dipped Peanut Butter Samoa Sandwich Cookies	19.99 lb
Valentine's Buttercream Cookie	19.99 lb
Mini Mini Chocolate Chip Cookies	16.99 pk
Puppy Chow	19.99 lb

FOODSTUFFS FAMOUS COOKIES & SCONES	
MONDAY - SATURDAY	
Chocolate Chip Cookies	3.49 ea
MONDAY	
Chocolate Chip Scones	2.99 ea
TUESDAY	
Currant Scones	2.99 ea
WEDNESDAY	
Chocolate Chip Scones	2.99 ea
THURSDAY	
Currant Scones	2.99 ea
FRIDAY	
Chocolate Chip Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SATURDAY	
Currant Scones	2.99 ea
Oatmeal Raisin Cookies	3.49 ea
SHOP ALL YOUR FOODSTUFFS FAVORITES PLUS NEW ADDITIONS AT FOODSTUFFS.COM	

SATURDAY	
January 24	
SALADS	
Courtney's Tuna Salad (GF) (LC)	16.99 lb
ENTREES & SIDE DISHES	
Keto Fried Chicken	10.99 lb
Chicken Fried Rice	14.99 lb
Mini Flank Steak Quesadillas	12.99 lb
Cheese Ravioli with Low Fat Turkey Spaghetti Sauce	12.99 lb
Mozzarella Sticks with Marinara Sauce	12.99 lb
VALENTINE'S DAY & SUPER BOWL MENUS AVAILABLE IN STORES & ONLINE!	



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