

vegetarian paninis

- **adult grilled cheese** 10.99
wisconsin cheddar, provolone, pesto (nut free) and tomatoes grilled on sourdough bread
Add avocado for .99

vegetarian

- **pomodori alla mozzarella** 10.99
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, pesto (nut free) and cracked black pepper
Add avocado for .99
- **the ultimate vegan sandwich** 11.99
baby spinach, baby kale, carrots, beets, cucumbers, hummus, marinated tomatoes, avocado, olive tapenade and sunflower seeds wrapped in a spinach tortilla
- **avocado toast** 11.99
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta
- **the santorini** 11.99 **NEW!**
avocado, cucumber, red onion, spinach, olive tapenade, hummus, feta cheese and tzatziki sauce on naan bread

- sandwich extras - add an additional portion of:

grilled chicken breast	3.99
chicken salad	3.49
courtney's tuna	3.49
meats	2.99
bacon	1.99
avocado	.99
marinated tomatoes	.99
balsamic marinated mushrooms	.99
roasted red peppers	.99
brie & mozzarella cheese	.99
cheese (except brie & mozzarella)	.50
dressings/sauces	.50

Foodstuffs

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FOODSTUFFS.COM

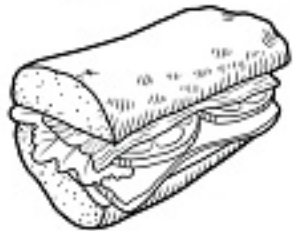
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SANDWICHES

*made with the finest and
freshest ingredients*



FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



HORMONE & CAGE FREE

build-your-own - 11.99 vegetarian - 10.99

1 meats *choose one*

smoked turkey breast	terry's chicken salad
bavarian ham	bacon
roast beef	courtney's tuna salad
roasted turkey breast	caliente salami
grilled all-natural chicken breast	genoa salami

2 vegetables part 1 *choose one*

*for vegetarian sandwiches, please choose two

marinated tomatoes	roasted red peppers
avocado	artichoke hearts
balsamic marinated mushrooms	

3 vegetables part 2 *choose as many as you like*

romaine	baby spinach
arugula	baby kale
pickles	cucumbers
carrots	fresh basil
tomatoes	kalamata olives
pickled onions	red onions

4 cheeses *choose one*

wisconsin cheddar	goat cheese
smoked gouda	wisconsin provolone
wisconsin swiss	havarti
fresh mozzarella	brie
feta	garlic cheese spread

5 breads *choose one*

harvest grain bread	buttercrust
sourdough	harvest grain ciabatta
flour/wheat/spinach tortilla	country french
gluten-free tortilla	ciabatta roll
croissant	demi baguette
pretzel roll	

6 condiments *choose up to two*

grainy mustard	dijon mustard
yellow mustard	honey mustard
dijon mayonnaise	ginger soy dressing
fat-free mayonnaise	chipotle mayonnaise
buffalo sauce	caesar dressing
pesto (nut free)	blue cheese dressing
hummus	hecky's bbq sauce
artichoke spinach spread	tzatziki sauce
olive tapenade	cranberry chutney
ranch dressing	red pepper spread (contains nuts)
horseradish cream sauce	giardiniera

chicken CAGE & HORMONE FREE

- **the skinny caprese** 11.99
grilled all-natural chicken breast, fresh mozzarella cheese, tomatoes, fresh basil, baby spinach, artichoke hearts and balsamic vinaigrette in a whole wheat tortilla
- **chicken club** 11.99
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **it's all greek to me** 11.99
grilled all-natural chicken breast, hummus, chopped olive tapenade, cucumbers, tomatoes, feta and pepperoncini peppers wrapped in a spinach tortilla

- **the im"peck"able chicken wrap** 11.99 **NEW!**
grilled all-natural chicken breast, avocado, tomatoes, arugula, fresh mozzarella cheese and pesto (nut free) wrapped in a spinach tortilla

turkey CAGE & HORMONE FREE

- **the californian** 11.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread
- **mr. bill** 11.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on crusty bread
- **turkey twist** 11.99
foodstuffs roasted turkey breast, hummus, avocado, brie cheese, baby spinach and tomatoes on crusty bread

substitutions will be an additional charge

- **the soprano** 11.99
smoked turkey breast, foodstuffs marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on a ciabatta roll
- **turkey croissant** 11.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and fat-free mayonnaise on a flaky croissant
- **turkey cobbler** 11.99
foodstuffs roasted turkey breast with romaine, tomatoes, wisconsin cheddar cheese, fat-free mayonnaise and cranberry chutney on harvest grain bread

seafood

- **loco's tuna wrap** 11.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled into a whole wheat tortilla
- **the sorry charlie** 11.99
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread
Add avocado for .99

paninis

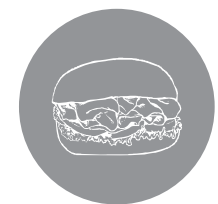
- **chipotle chicken** 11.99
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on a ciabatta roll
- **the tammy** 11.99
smoked turkey breast, pickles, bacon, chipotle mayonnaise, swiss, cheddar and avocado on a demi baguette
- **up in smoke** 11.99 **NEW!**
bavarian ham, bacon, cheddar cheese, crispy jalapeños, pickled onions with hecky's bbq sauce and chipotle mayonnaise on a ciabata roll

- **al capone panini** 11.99
bavarian ham, caliente salami, olive tapenade, arugula, fresh mozzarella cheese, basil and black pepper grilled on a demi baguette
- **tuna melt** 11.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread
Add avocado for .99

roast beef MIDWEST RAISED & HORMONE FREE

- **the horsy beef** 11.99
roast beef, horseradish cream sauce, wisconsin cheddar cheese, grilled onions, arugula and tomatoes on country french bread
- **the suburban cowboy** 11.99 **NEW!**
roast beef, crispy onions, provolone cheese, giardiniera, pesto (nut free) and garlic cheese spread on sourdough bread

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SANDWICH CLUB



buy 12 homemade sandwiches
and get the 13th free!

11.99 or less