

Foodstuffs

GOURMET FOODS & CATERING

Evanston

2106 Central Street
847.328.7704

Glencoe

338 Park Avenue
847.835.5105

Glenview

Carillon Square
1456 Waukegan Road
847.832.9999

Lake Forest

255 E Westminster
847.234.6600



*made with the finest and
freshest ingredients*

SANDWICH MENU

FOODSTUFFS.COM



@foodstuffs.stores



@foodstuffs.events

build-your-own - 11.99 vegetarian - 10.99

- 1 **meats** *choose one*
- | | |
|-----------------------|------------------------------------|
| smoked turkey breast | grilled all-natural chicken breast |
| bavarian ham | bacon |
| roast beef | courtney's tuna salad |
| roasted turkey breast | caliente salami |
| terry's chicken salad | genoa salami |

- 2 **vegetables part 1** *choose one*
- *for vegetarian sandwiches, please choose two**
- | | |
|--------------------|------------------------------|
| marinated tomatoes | roasted red peppers |
| avocado | artichoke hearts |
| peppadew peppers | balsamic marinated mushrooms |

- 3 **vegetables part 2** *choose as many as you like*
- | | |
|-------------------|----------------|
| romaine | baby spinach |
| arugula | baby kale |
| pickles | cucumbers |
| carrots | fresh basil |
| tomatoes | red onions |
| pickled onions | corn |
| peppadew peppers | grilled onions |
| pickled jalapeños | |

- 4 **cheeses** *choose one*
- | | |
|-------------------|---------------------|
| wisconsin cheddar | pepper jack |
| smoked gouda | wisconsin provolone |
| wisconsin swiss | havarti |
| fresh mozzarella | brie |
| feta | goat cheese |
| parmesan cheese | |

- 5 **breads** *choose one*
- | | |
|------------------------------|------------------------|
| harvest grain bread | buttercrust |
| sourdough | harvest grain ciabatta |
| flour/wheat/spinach tortilla | country french |
| gluten-free tortilla | ciabatta roll |
| croissant | demi baguette |
| naan | hoagie roll |

- 6 **condiments** *choose up to two*
- | | |
|--------------------------|-----------------------------------|
| grainy mustard | dijon mustard |
| yellow mustard | honey mustard |
| dijon mayonnaise | ginger soy dressing |
| mayonnaise | chipotle mayonnaise |
| buffalo sauce | caesar dressing |
| pesto (nut free) | balsamic vinaigrette |
| hummus | bbq sauce |
| artichoke spinach spread | tzatziki sauce |
| olive tapenade | cranberry chutney |
| ranch dressing | red pepper spread (contains nuts) |
| horseradish cream sauce | giardiniera |

chicken CAGE & HORMONE FREE

- **skinny caprese** 11.99
grilled all-natural chicken breast, fresh mozzarella cheese, tomatoes, fresh basil, baby spinach, artichoke hearts and balsamic vinaigrette in a whole wheat tortilla
- **chicken club** 11.99
grilled all-natural chicken breast, bacon, avocado, romaine, tomatoes and ranch dressing on harvest grain ciabatta
- **the im"peck"able chicken wrap** 11.99
grilled all-natural chicken breast, avocado, tomatoes, arugula, fresh mozzarella cheese and nut free pesto wrapped in a spinach tortilla
- **chopped chicken caesar wrap** 11.99
grilled all-natural chicken breast, avocado, cucumber, bacon, romaine, parmesan cheese and caesar dressing wrapped in a flour tortilla
add giardiniera or pickled jalapeños

turkey CAGE & HORMONE FREE

- **mr. bill** 11.99
your choice of foodstuffs roasted or smoked turkey breast with wisconsin swiss cheese, romaine, tomatoes, red onions, honey mustard and our roasted red pepper spread (contains nuts) on country french bread
- **chopped italian sub** 11.99
foodstuffs roasted turkey breast, genoa salami, wisconsin provolone cheese, mayonnaise, dijon mustard, romaine, red onions, tomatoes, pickles, pepperoncini peppers, italian seasoning and italian dressing on a hoagie roll
- **californian** 11.99
foodstuffs roasted turkey breast and havarti cheese with dijon mayonnaise, avocado, romaine and tomatoes on harvest grain bread
- **soprano** 11.99
smoked turkey breast, marinated tomatoes, fresh mozzarella cheese, fresh basil and our artichoke spinach spread on a ciabatta roll

- **turkey croissant** 11.99
foodstuffs roasted turkey breast with avocado, bacon, romaine, tomatoes and mayonnaise on a flaky croissant

- **turkey cobbler** 11.99
foodstuffs roasted turkey breast with romaine, tomatoes, wisconsin cheddar cheese, mayonnaise and cranberry chutney on harvest grain bread

seafood

- **loco's tuna wrap** 11.99
courtney's tuna salad with corn, avocado, wisconsin cheddar cheese, tortilla strips and giardiniera rolled into a whole wheat tortilla
- **sorry charlie** 11.99
courtney's tuna salad with romaine, tomatoes and cucumbers on harvest grain bread
add avocado ¼ - .99 | ½ - 1.99

paninis

- **chipotle chicken** 11.99
grilled all-natural chicken breast with fresh mozzarella cheese, grilled onions and chipotle mayonnaise on a ciabatta roll
- **bbq chicken panini** 11.99
grilled all-natural chicken breast, wisconsin provolone cheese, grilled onions, romaine, tomatoes and bbq sauce on sourdough bread
add bacon 2.99 or pickled jalapeños
- **the tammy** 11.99
smoked turkey breast, pickles, bacon, chipotle mayonnaise, wisconsin swiss cheese, wisconsin cheddar cheese and avocado on a demi baguette
- **up in smoke** 11.99
bavarian ham, bacon, wisconsin cheddar cheese, crispy jalapeños, pickled onions with bbq sauce and chipotle mayonnaise on a ciabatta roll
- **trevor's chicken panini** 11.99
grilled all-natural chicken breast, arugula, peppadew peppers, wisconsin provolone cheese, chipotle mayonnaise and nut free pesto on country french bread

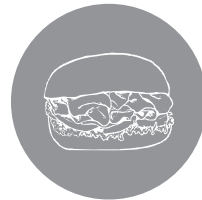
substitutions will be an additional charge

- **al capone panini** 11.99
bavarian ham, caliente salami, olive tapenade, arugula, fresh mozzarella cheese, basil and black pepper grilled on a demi baguette
- **foodstuffs cheesesteak melt** 11.99
roast beef, wisconsin provolone, grilled onions, grilled mushrooms, giardiniera peppers and mayonnaise on a hoagie roll
add bbq or buffalo sauce
- **tuna melt** 11.99
courtney's tuna salad with tomatoes and wisconsin cheddar cheese, grilled on harvest grain bread
add avocado ¼ - .99 | ½ - 1.99 | add bacon 2.99

roast beef MIDWEST RAISED & HORMONE FREE

- **the horsy beef** 11.99
roast beef, horseradish cream sauce, wisconsin cheddar cheese, grilled onions, arugula and tomatoes on country french bread

JOIN OUR SANDWICH CLUB



buy 12 homemade sandwiches
and get the 13th free!

11.99 or less

vegetarian paninis

- **adult grilled cheese** 10.99
wisconsin cheddar cheese, wisconsin provolone cheese, nut free pesto and tomatoes grilled on sourdough bread
add avocado ¼ - .99 | ½ - 1.99
- **pomodori alla mozzarella** 10.99
fresh mozzarella cheese stacked with sliced tomatoes on a demi baguette with fresh basil, nut free pesto and cracked black pepper
add avocado ¼ - .99 | ½ - 1.99
- **avocado toast** 11.99
avocado, red pepper flakes, lemon pepper, crumbled feta, sunflower seeds and arugula on toasted open-face harvest grain ciabatta
- **the santorini** 11.99
avocado, cucumber, red onion, spinach, olive tapenade, hummus, feta cheese and tzatziki sauce on naan bread

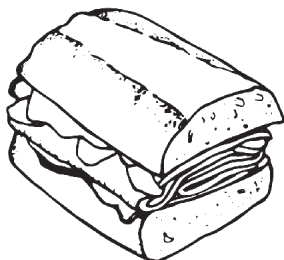
vegetarian

- sandwich extras -

add an additional portion of:

grilled all-natural chicken breast	4.49
terry's chicken salad	4.49
courtney's tuna salad	4.49
meats	2.99
bacon	2.99
avocado	¼ .99 ½ 1.99
marinated tomatoes	.99
balsamic marinated mushrooms	.99
roasted red peppers	.99
brie & mozzarella cheese	1.29
cheese (except brie & mozzarella)	1 slice .49 2 slices .99
dressings/sauces	.50

FOODSTUFFS GRILLED CHICKEN & ROASTED TURKEY BREASTS ARE



HORMONE & CAGE FREE